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CENTER FOR DRUG EVALUATION AND RESEARCH

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NONPRESCRIPTION DRUGS ADVISORY COMMITTEE

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DENTAL PLAQUE SUBCOMMITTEE

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2 MONTGOMERY VILLAGE AVENUE
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WEDNESDAY, MAY 27, 1998

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P R O C E E D I N G S

(8:30 a.m.)

CHAIRMAN GENCO: Good morning. I'd like to welcome you all to this meeting of the Dental Plaque Subcommittee. We are going to have, as you know, a three-day meeting, and it's going to be pretty busy, and I'm sure that it will be an excellent meeting and productive.

I'd like to ask those at the table to introduce themselves so that we all are refreshed in our memory as to who is here and why they are here. Lew?

MR. CANCRO: Lew Cancro, I.L.R.

DR. ALTMAN: Don Altman, Dental Director, Arizona Department of Health, Consumer Rep.

DR. D'AGOSTINO: Ralph D'Agostino, also from the NonPrescription Drugs Advisory Committee.

DR. WU: Christine Wu, University of Illinois - Chicago, Periodontics.

DR. SAXE: Stanley Saxe, Emeritus Professor of Periodontics and Geriatric Dentistry at the University of Kentucky.

DR. BOWEN: Bill Bowen, University of

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1 Rochester.

2 MS. STOVER: Rhonda Stover, FDA.

3 CHAIRMAN GENCO: I'm Bob Genco, State
4 University of New York at Buffalo. I'm a periodontist
5 and an oral biologist.

6 DR. MCGUIRE-RIGGS: Sheila Riggs, from Iowa,
7 an oral epidemiologist.

8 DR. LISTGARTEN: Max Listgarten, University of
9 Pennsylvania, in Periodontics.

10 DR. SAVITT: Gene Savitt, Forsythe Dental
11 Center, Department of Periodontics.

12 DR. SHERMAN: Bob Sherman, Division of OTC
13 Drug Products, Liaison to the Subcommittee.

14 MS. KATZ: Linda Katz, Deputy Director, OTC
15 Drug Products.

16 DR. HYMAN: Fred Hyman, Dental Officer,
17 Division of Dermatologic and Dental Drugs, FDA.

18 CHAIRMAN GENCO: Thank you all. I would now
19 like to introduce Rhonda Stover, who is the Acting
20 Executive Secretary of the NonPrescription Drugs
21 Advisory Committee and is acting as our Executive
22 Secretary. Rhonda.

1 MS. STOVER: The following announcement
2 addresses the issue of conflict of interest with regard
3 to this meeting, and is made a part of the record to
4 preclude even the appearance of such at this meeting.

5 For the next several years, the Subcommittee
6 will review information on ingredients contained in
7 products bearing anti-plaque and anti-plaque related
8 claims to determine whether these products are safe and
9 effective and not misbranded for their label use.

10 The issues to be discussed by the Subcommittee
11 will not have a unique impact on any particular firm or
12 product, but rather may have widespread implications
13 with respect to an entire class of products. In
14 accordance with 18 United States Code 28(b), waivers
15 have been granted to each member and consultant to
16 participate in Subcommittee meetings.

17 A copy of these waiver statements may be
18 obtained from the Agency's Freedom of Information
19 Office, Room 12A30, Parklawn Building. In the event
20 that the discussions involve any other products or firms
21 not already on the agenda for which an FDA participant
22 has a financial interest, the participants are aware of

1 the need to exclude themselves from such involvement and
2 the exclusion will be noted for the record.

3 With respect to all other participants, we ask
4 in the interest of fairness that they address any
5 current or previous financial involvement with any firm
6 whose products they may wish to comment upon.

7 CHAIRMAN GENCO: Thank you. Anybody wish to
8 make a comment?

9 (No response.)

10 Okay. Let's proceed now with the Open Public
11 Hearing. Jerry Douglas, Dr. Douglas, from Prevention
12 Laboratories, will talk about the efficacy of prevention
13 mouthrinse. Dr. Douglas.

14 DR. DOUGLAS: Thank you, distinguished members
15 of the panel, and ladies and gentlemen.

16 I am a practicing dentist, been in practice
17 for 30 years, started working on the ingredients of
18 prevention mouthrinse six, seven years ago. And what
19 precipitated me to start working on the ingredients is
20 this statement right here, that what is needed in
21 dentistry is a treatment strategy which takes into
22 account the uniqueness of dental decay and periodontal

1 disease as bacterial infections. I think we all realize
2 that the problems in the oral cavity are related to the
3 bacterial environment that's in that oral cavity and the
4 disease process as a result of that.

5 Then when I read what Dr. Philip Marsh had to
6 say, "control plaque qualitatively, not quantitatively",
7 this to me fit with the first slide. We don't want to
8 disturb the normal flora, but we want to control the
9 pathogens.

10 And this fit right in with the first two
11 slides. The bacterial oral environment differs from
12 patient-to-patient and area-to-area in the mouth, and
13 you all know there's many factors that affect that.

14 There can be different bacterial patterns in
15 the same mouth, and I think you all are aware of that
16 also. So, in my opinion, anything used in the oral
17 cavity to help control plaque and gingivitis, it should
18 be as bacterial-selective as possible, don't disturb the
19 normal flora but try to control the pathogens.

20 Prevention mouthrinse. So far with the data
21 we've collected, and we are continuing to collect data,
22 we have two ADA clinicals in progress right now. Due to

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1 research that was started as far back as 1973 and as
2 current as 1989, most of it done in the Scandinavian
3 countries, zinc shows the ability to attach to the oral
4 tissues with anamnestic properties. In other words, be
5 there, hang around, be able to shut down any logical
6 factor of the pathogens as they come along.

7 Bacterial-selective. That goes back to the
8 first three slides that we saw -- can we control the
9 pathogens and at the same time do not disturb the normal
10 flora, work to balance the oral flora -- in other words,
11 control the "bad" guys, don't disturb the "good" guys.

12 Promote healing. I think this is very, very
13 important, and that's the reason that we did the two
14 tissue toxicity studies, to see what kind of effect our
15 ingredients are going to have on ulcerated tissue or
16 diseased tissue.

17 No staining. There's a lot of theory and
18 thought why we have staining. A lot of it is do we
19 cause a bacterial imbalance over a prolonged period of
20 time. Do not alter the taste. No side effects with
21 long-term use -- in other words, is it extremely safe.
22 Is it safe for long-term use, and is it environmentally

1 compatible.

2 Easy to use. And we all know that compliance
3 is a big factor. If you don't have compliance, none of
4 us are going to be successful.

5 Zinc chloride and the things that you see on
6 this slide, we stand by this simply because of the
7 references -- and I'll be happy if anybody wants a copy
8 of these references where you can document -- zinc does
9 attach to the cells, extracellular and intracellular.
10 And when this happens, it really metabolically screws
11 that cell up. It will bloc the production of the
12 magnesium ion which is crucial for reproduction. It
13 interferes with the ATP or the energy process. It
14 attacks the cycloskeletal system. You can go on and on
15 and on. And all the way from 1973 to 1989 it really
16 impressed me, the research that was done, and the
17 published articles in reference to what you see on this
18 slide.

19 So, in my opinion, zinc chloride is one of the
20 most effective antimicrobials to meet perfect criteria,
21 in my opinion, for use in the oral cavity to control or
22 rebalance the bacterial environment.

1 Sodium citrate. I found this to be real
2 interesting and, as I was selecting the ingredients for
3 this product, I reviewed hundreds and hundreds and
4 hundreds of published articles. We all know sodium
5 citrate is an anticoagulant, that's very evident, but
6 work that was done at the University of Colorado showed
7 that sodium citrate has the ability, when complexed with
8 the heavy metal ions, to have an effect on the
9 inflammatory process.

10 I found this to be real interesting, and the
11 way that happens, or the way they think that it happens,
12 by shutting down is the production of enzymes or the
13 polymorphic nucleolukocytes, which is what initiates the
14 inflammatory process.

15 Sodium oral sulfate. I found this also to be
16 very interesting, the research that was done back in the
17 '70s and '80s in the Scandinavian countries, especially
18 when it was incorporated with a heavy metal ion. And
19 you all know that it's in most of the oral care products
20 -- toothpaste -- it's used in a lot of things. And when
21 you mix it with the heavy metal ions, it's interesting
22 the effect that it has on that cell wall. You can take

1 and have a patient to rinse with a zinc chloride or a
2 zinc rinse, mix sodium lauryl sulfate with it and have
3 them to rinse, there will be three to five times as many
4 cells affected. I found that to be real, real
5 interesting.

6 Also, the way it competes with and attaches to
7 the hydroxyapatite on enamel. There's a lot thought and
8 theory that it has a tendency to be attracted to the
9 hydroxy apatite and put a film on enamel which helps
10 prevent plaque from attaching. A lot of research has
11 been done on this that I think is quite interesting.

12 We have seen trace and trends of prevention
13 having a softening effect on calculus -- now I didn't
14 say remove calculus, but I said softened it to a certain
15 extent. We think this is possible, and it's documented
16 to a certain extent by Dr. Nukrege's (phonetic) work.
17 EDTA sodium, which is a chelating agent and the reason
18 it was in our formula, also removes salts from hard
19 chemicals. In other words, if you take the salts from
20 the calcium and the phosphorouses and calculus, which is
21 the biggest percentage of calculus, then it's going to
22 make it softer to a certain extent.

1 Hydrogen peroxide -- and there's no sense, in
2 my opinion -- is the second line of defense in the oral
3 cavity behind saliva, and I think the panel has already
4 acted on hydrogen peroxide, so we're not going to spend
5 any time on that. The slide is pretty self-explanatory.

6 This slide was taken just recently on a 39-
7 year-old male who has a bacterial imbalance, really has
8 to work at trying to keep the oral cavity healthy. He
9 came to our practice and we put him on the rinse. He
10 came back in three months because we wanted to see if we
11 were making or taking the right track in trying to treat
12 him and help him turn the bacterial population around.
13 I think the slide is obvious to all of you. And in
14 three months when he came back, you can see the
15 difference. So this is quite impressive. I mean, it
16 impressed the hygienist, me, and everybody else and even
17 the patient, but we started asking him, did you change
18 dentifrices, did you change toothpaste, did you use any
19 type of oral irrigation, interproximal stimulators.
20 Have you had a change in your diet, you know, every
21 question we could ask him, and he says, no, I've done
22 nothing different. And this guy is a highly educated

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1 individual. He said, I've done nothing different since
2 I was here three months ago.

3 Well, I think these two slides show us that
4 our work is really cut out for us in prevention, that we
5 must continue to do the research that we're doing, and
6 continue to do new research and, if we can see trends
7 like this, then maybe we're on the right track to doing
8 what our goal was initially, and that is to come up with
9 products that help rebalance the microbiological or the
10 oral environment. Thank you.

11 CHAIRMAN GENCO: Are there any questions or
12 comments of Dr. Douglas? Lew?

13 MR. CANCRO: Dr. Douglas, your submission
14 involves several ingredients. Some of the
15 characterization that you put up on your slide suggests
16 some of those ingredients function in a cosmetic manner
17 as opposed to a therapeutic manner, such as the
18 softening of calculus, et cetera. And I was just
19 wondering, in your submission -- and I'm not familiar
20 with it, but -- have you identified what you believe to
21 be the active ingredients are as opposed to what I see
22 you display a combination of active ingredients plus

1 ingredients intended for some cosmetic benefit? That's
2 the point of clarification I'd like you to make.

3 DR. DOUGLAS: I think that each one of these
4 ingredients has merit on its own, but to do what we've
5 set out to try to accomplish, and that is to rebalance
6 the oral flora, control the pathogens, don't disturb the
7 normal guys, that it is the synergies of the four
8 ingredients that we put on the slide, the way they work
9 together.

10 CHAIRMAN GENCO: Bill?

11 DR. BOWEN: You mentioned that you have EDTA
12 in there to soften calculus. Won't the EDTA also soften
13 enamel? There are at least two studies that I'm aware
14 of in rats where the exposure to EDTA actually promoted
15 caries.

16 DR. DOUGLAS: And that's a very good question
17 and a valid question. Yes, in high concentrations, much
18 higher than what we have in our formula, it will soften
19 enamel, most definitely. I think Dr. Nukrege's study
20 clarifies that very, very clearly. It's in the low
21 concentrations in synergies with the ingredients that we
22 have.

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1 CHAIRMAN GENCO: Further comments, questions?

2 (No response.)

3 Thank you very much, Dr. Douglas.

4 We will now hear from Dr. David Drake, from
5 the University of Iowa, and he'll talk about
6 microbiological studies on prevention mouthrinse.

7 DR. DRAKE: Mr. Chairman, ladies and
8 gentlemen, good morning. My name is David Drake, and
9 I'm an Associate Professor of Microbiology in the Dow's
10 Institute for Dental Research, in the College of
11 Dentistry at the University of Iowa. I've been asked by
12 Dr. Douglas and Prevention Laboratories to present some
13 of the information from studies that we have conducted
14 over the years for Prevention Laboratories.

15 What I'm going to talk about are some
16 laboratory studies, standard MIC/MBC analyses we did
17 five years ago, just to get a sense of the antimicrobial
18 activity of these rinses; kinetics of bacteriocidal
19 activity, looking at the rate of kill upon constant
20 exposure over time; and then these two here are short-
21 term exposure assays and glycolysis inhibition assays.
22 What we do here is take standardized suspensions of

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1 cells, briefly expose them to the rinse -- 30 seconds up
2 to five minutes -- and then immediately dilute those
3 organisms into -- 100 to 1,000 fold into a neutralizing
4 broth to kind of get an idea of how organisms in the
5 oral cavity would react to exposure to these compounds.
6 And then a little bit about some clinical trials that
7 were conducted in our Center for Clinical Studies at the
8 College of Dentistry, University of Iowa -- six-month
9 clinical trial with prevention mouthrinse -- and,
10 obviously, I'll be focusing in the microbiological
11 aspects, not so much the clinical -- and then also a
12 six-month clinical trial with orthodontic rinse. There
13 are three rinses that the company prepares. One is a
14 standard prevention mouthrinse, there is an orthodontic-
15 strength rinse, and then a periodontal-strength rinse,
16 just for clarification purposes.

17 Most of the laboratory data has already been
18 published. It was in the American Journal of Dentistry
19 in 1993 so, just briefly here, MIC/MBC analyses show
20 that if you do it in a mouthrinse 16-128 fold, that was
21 the range, so they got really high activity against a
22 whole spectrum of bacteria. The anaerobes were more in

1 the 128-fold range, and organisms, the facultatives and
2 the yeast and so forth are more on this end of the
3 spectrum.

4 Bacteriocidal connect assays show very rapid
5 killing of all the organisms tested, which wasn't any
6 big surprise with hydrogen peroxide. And then,
7 interestingly, what we did with the short-term exposure
8 assays and we found that growth of streptococcus mutans,
9 the primary etiological agent of caries, could be
10 inhibited on a single up to five minute exposure. And a
11 key thing about this assay, as you can see here, first
12 of all, this was with eight-fold diluted rinse, and at
13 this concentration we did not see changes in the numbers
14 of viable cells. So we're not looking at differences
15 here in growth profiles just because the rinse killed a
16 number of bacteria in the suspension, so the numbers of
17 organisms here are the same. This is just looking at
18 absorbance, a way of measuring bacterial growth over
19 time. You can see the control cultures here grew very
20 rapidly. They were exposed up to five minutes to
21 distilled water. And the key thing here is that in
22 cells exposed to prevention mouthrinse there was a

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1 significant delay in growth and in by about 20 hours
2 they caught back up. And this has been reproduced.
3 We've done this a number of times. This is showing some
4 of the best data we have.

5 But, again, we also have numbers here, instead
6 of just adsorbents, if you have the numbers of bacteria,
7 we see the same kind of thing, concentrations are the
8 same at the beginning, and then they slowly grow up with
9 prevention in the control cells.

10 Associated with that, if you look at acid
11 production just by looking at changes of pH over time,
12 control cells we see a pH drop as seen here, cells
13 exposed to 30 seconds to up to five minutes with
14 prevention mouthrinse, you can see at the four hour time
15 point that the control cells are already dropped below
16 a pH of 6 where cells exposed to the prevention
17 mouthrinse were still around neutrality.

18 We did not have time points in here, so
19 obviously this line is drawn this way. I don't have a
20 good sense of how long this stayed at neutrality before
21 it did drop eventually down by eight hours. So, I found
22 this kind of interesting in that exposure to a rinse at

1 a dilution did not kill the cells, still has an impact
2 on the physiology of the organisms, are not able to grow
3 as well at all so, as a result of that, they don't
4 produce a lot of acid.

5 This was a recent study we did with organisms
6 using the periodontal rinse. And we grew up each one of
7 these organisms here -- actinomyces viscosus, petro
8 streptococcus micros, P. gingivitis, and fusobacteria
9 nucleatum individually, and then we created mixed
10 suspensions because, obviously, the organisms are not by
11 themselves in the oral cavity, they exist in a community
12 environment, and then exposed them to the periodontal
13 rinse for 30 seconds, and then immediately diluted those
14 samples into a neutralizing broth. Control suspensions
15 were exposed to distilled water. You can see those
16 organisms basically do just fine. We started off
17 anywhere from 10^{-6} to 10^{-7} cell concentration, and we
18 compared prevention with peridex 0.12 percent
19 chlorhexidine digluconate, and three out of four
20 organisms no difference between the two rinses.
21 Actually, it's kind of interesting that actinomyces
22 survives this mixed culture type of exposure basically

1 no differently between the control and these two rinses.

2 Clinical trials. We did a six-month double-
3 blind randomized study with 62 subjects. We looked at
4 plaque indices at baseline, six weeks, three months, and
5 six months, and then we looked at a lot of aspects of
6 the oral microflora. These patients were all given
7 prophase at the beginning of the study, they had
8 everybody at the same level. And then two weeks past
9 the prophase, then we did the baseline measurements, and
10 then, of course, went through. This is with the normal
11 prevention mouthrinse. The oral microflora, again,
12 baseline, six weeks, three months, six months. We
13 looked at total aerobic and anaerobic flora. We looked
14 at plaque pigment in bacteroides total subcounts here.
15 And we also did see some of those, total actinomyces,
16 total streptococci, and also mutan streptococci within
17 the total streptococci, looking for the appearance of
18 opportunists -- obviously, you don't want to have a
19 rinse that's going to select organisms you don't want to
20 have there in the first place -- staphylococci,
21 enterics, and yeast.

22 The other thing that we did here was look at

1 potential development of resistance, and so we took
2 representative samples from all of these organisms at
3 baseline and all the time points, and then conducted the
4 MIC/MBC analyses to see whether or not over time we saw
5 development of any kind of resistance pattern.

6 We also did banohydrolysis assays in here, as
7 described by Walter Losch (phonetic), and we looked at
8 basic forms of microorganisms through phase contrast
9 microscopy.

10 Briefly, I'm going to show you some of the
11 slides real quick, just looking at some of the data.
12 This is looking at log counts per ml of the reduced
13 transport media, and then the placebo rinse was in the
14 red and the active rinse is always in the green. The
15 streptococcus mutans we really didn't see any change in
16 numbers. You'll notice these numbers are low to begin
17 with. These are healthy patients, they are not caries
18 active, so these are actually fairly, but there was
19 really no significant change over time.

20 Lactobacilli, we hardly ever isolated these
21 organisms from the plaque of these patients. These were
22 pooled plaque samples from the four first molar teeth,

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1 by the way, and there are very, very low numbers as you
2 can see here, but there was really no change over time
3 for the lactobacilli.

4 The staphylococci -- the one thing we did
5 notice and I participated in the discussions with my
6 clinical colleagues, in terms of compliance, there were
7 some compliance issues, some problems we had, at the
8 six-month time point. And we had evidence from that
9 from diary cards the patients had written down comments
10 like "I'm getting tired of this study", "I'm not being
11 paid enough", things like that. And also we had the
12 rinse bottles returned at each time point and weighed
13 those, and we saw that there were some patients were not
14 on both sides, placebo and active, that were no longer -
15 - this is a long span of time from three months to six
16 months, I think it plagues any type of clinical trial
17 you do --- but we did see trends in some of these, and
18 at the end of six months it looked like both groups got
19 worse, and we think a lot of that had to do with the
20 compliance.

21 For the total staphylococci, again, very low
22 numbers, but you can see a trend here. This came close

1 to statistical significance, p-values of .08, .09, that
2 range, that didn't quite make significance, but there
3 was definitely a trend. It looked like here that the
4 active rinse had slightly lower numbers.

5 Looking at enterics, we specied some of these,
6 but again very low. Of the total numbers here, you can
7 see with the placebo group there's a general rise
8 whereas the active rinse is actually a slight decrease.
9 This actually was not statistically significant, but the
10 p-value was .07 so, again, another right at the
11 borderline of that arbitrary value of .05.

12 Candida albicans, the same kind of thing.
13 Looking at numbers very low isolation from these
14 patients, no real difference over a three-month period
15 of time. Some of these organisms, if you look at them
16 in terms of proportions of organisms within the total
17 cultible (phonetic) flora, you would actually see some
18 difference. Again, it didn't reach statistical
19 significance, but I decided just to show you the actual
20 numbers.

21 One of the black plaque prevotella intermedia
22 show again baseline counts, and over time you can see a

1 rise here at six months, but again there really was no
2 statistically significant difference between these
3 organisms over time in these groups over time.

4 We also did a clinical trial with the
5 orthodontic rinse, and this was a six-month trial, 42
6 subjects undergoing, as my clinical colleagues called
7 it, "comprehensive orthodontic treatment". Plaque
8 gingival and a new plaque index that they created called
9 a bracket-plaque index, and then oral microflora, again
10 total aerobic-anaerobic flora, t.streptococci, mutan
11 streptococci, and lactobacilli. These patients were
12 obviously much younger, 8 to 18 year range.

13 I was going to show you one slide, and what
14 I'm showing here is percent of total cultible flora for
15 strep mutans. It turned out that compliance in this
16 study was great. These kids participated real well. We
17 didn't see any sense of a problem, but what we did find
18 by the six-month time point, if you look in terms of
19 percent flora in the placebo group, it's pretty high,
20 and this is not unusual in orthodontic patients when you
21 have these kinds of plaque accumulations around the
22 brackets and so forth. And it was fairly high in terms

1 of the total cultible flora, but the active rinse was
2 actually quite low. And this one right here was
3 statistically significantly different between the active
4 -- at that point in time, the active and the placebo
5 rinse.

6 So, a summary of what we've done -- laboratory
7 studies, prevention mouthrinse exhibits a very strong
8 bacteriocidal activity against a spectrum of
9 microorganisms associated with oral diseases. This is
10 all laboratory based. Brief exposure of suspensions of
11 strep mutans to dilutions of prevention mouthrinse that
12 do not kill the cells causes inhibition of growth and
13 acid production.

14 The clinical studies. A key thing we did find
15 is that use of prevention mouthrinse over a six-month
16 period did not select for opportunistic pathogens within
17 the supragingival plaque community study. Use of the
18 orthodontic rinse resulted in mutans streptococci
19 becoming less dominant at the six-month time point.
20 Thank you.

21 CHAIRMAN GENCO: Thank you, Dr. Drake. Any
22 questions from the panel? Chris?

1 DR. WU: Is there a reason why you selected
2 normal healthy patients for the clinical study?

3 DR. DRAKE: The prevention mouthrinse has
4 always been touted as something that controls flora and
5 regular prevention is not necessarily for treatment, so
6 we started the first clinical study to see how it
7 affects the flora in normal patients and to address the
8 issue of whether or not you see the appearance of
9 opportunists, which is obviously a major thing. So
10 that's why -- I think it's critical that down the line
11 that there should be studies with the periorinse and so
12 forth with diseased patients.

13 CHAIRMAN GENCO: Bill, and then Max.

14 DR. BOWEN: David, I noticed that in your in
15 vitro studies, that actinomyces viscosus seem to be
16 comparatively resistant to the effects. Based on that,
17 I would have anticipated perhaps an overgrowth in the
18 clinical studies, but I didn't see any data on the
19 actinomyces in the clinical studies. Were those
20 conducted?

21 DR. DRAKE: Yes, those were conducted. I
22 didn't show all the data, obviously. There was no

1 change in total actinomyces between the control and
2 active groups through the time. Those short-term
3 exposure assays with that mixed culture was intriguing,
4 that the actinomyces wasn't changed. It turns out that
5 actinomyces by itself is highly susceptible. So if one
6 was in that mixed culture environment for whatever
7 reason, it was not touched, and that always intrigues me
8 in terms of microbial ecology.

9 CHAIRMAN GENCO: Dr. Listgarten.

10 DR. LISTGARTEN: The perio and the ortho
11 version of the rinse have about two and a half to three
12 times the strength, the concentration of active
13 ingredients, than the regular rinse, and I wonder if the
14 test results that you showed which were primarily on
15 perio and ortho rinses shouldn't be confined to just
16 those perio and ortho rinses since the regular
17 prevention rinse doesn't show the same results at all.
18 In other words, I'm having a problem trying to figure
19 out how you describe these different rinses to the
20 public, given the fact that the concentration of
21 ingredients changes and, therefore, what applies to one
22 may not apply to the others.

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1 DR. DRAKE: In my opinion, the way I see it,
2 the regular prevention rinse is something, as I told Dr.
3 Wu, something that would be used to kind of control the
4 flora, so you wouldn't see the appearance of overgrowth
5 perhaps of select organisms.

6 The clinical trial that we did with the
7 regular prevention, you're right, we did not see a whole
8 lot of changes in the microflora. So it may be that
9 with diseased patients particularly, if there is going
10 to be an application of the rinse, then you would have
11 to go to the higher concentrations. Is that what you're
12 looking for?

13 DR. LISTGARTEN: In other words, I'm thinking
14 in terms of possibly labeling these products. I think
15 clearly there are differences between the regular and
16 the higher concentrations and, therefore, somehow one
17 has to take that into account.

18 DR. DRAKE: I think so, absolutely.

19 CHAIRMAN GENCO: Just for clarification, this
20 clinical trial that you showed was with the regular?

21 DR. DRAKE: That was with the regular.

22 CHAIRMAN GENCO: And then, of course, the

1 orthodontic.

2 DR. DRAKE: And the orthodontic. We have not,
3 at Iowa, done anything with the perio except for that
4 one laboratory study.

5 CHAIRMAN GENCO: Were there any statistically
6 significant differences with either in any of the
7 organisms? You mentioned strep mutans. Was that with
8 the orthodontic that was reduced?

9 DR. DRAKE: That was with the orthodontic
10 rinse.

11 CHAIRMAN GENCO: But it wasn't reduced with
12 the regular.

13 DR. DRAKE: No. It came -- the statistics
14 came out -- they were borderline. In other words, if
15 you used the arbitrary cutoff to .05, we had a lot of
16 those groups that hovered around .08, .09, 0.1, to you
17 can argue if it's one of those things that's not
18 statistically significant, but it's close.

19 CHAIRMAN GENCO: It's a trend. Okay.

20 DR. DRAKE: It's a trend.

21 CHAIRMAN GENCO: Fred.

22 DR. HYMAN: I saw that you had mentioned that

1 plaque indexes and gingival indexes were taken at
2 various time points. I realize that your talk focused
3 here on the microbiologic aspects, but as a way of tying
4 that in, will those data, or have those data, been
5 presented about the outcomes of gingival and plaque
6 indexes?

7 DR. DRAKE: I personally have not presented
8 them. I don't know if Dr. Douglas has presented. We
9 had all that in a final report to Prevention
10 Laboratories in 1993, but I don't know --

11 DR. LISTGARTEN: Max, maybe you can clarify
12 that.

13 DR. LISTGARTEN: Actually, the data can be
14 found in the OTC Volume 210,390. There are clinical
15 data for both the control group, the regular group, and
16 the ortho group.

17 CHAIRMAN GENCO: Further comments from the
18 panel? Yes?

19 MS. ALTAIE: Sousans Altaie, clinical
20 microbiologist, Division of Anti-Infective Drug
21 Products, FDA. I have a question about the way you
22 sample these patients when you are sampling the plaques,

1 and what teeth did you sample, and if it was a repeated
2 sample of the same teeth?

3 DR. DRAKE: The teeth that were used I
4 described as the four first molar teeth, and they were
5 sampled using sterile curettes, and those plaque samples
6 were pooled, and pooled into pre-reduced transport media
7 and then processed in the laboratory. And then those
8 same teeth then were sampled throughout the study.

9 MS. ALTAIE: Every time you say that the same
10 teeth is sampled in a biofilm condition, I get worried
11 about disturbing the ecology of a biofilm, and that when
12 you sample the next time you are not dealing with the
13 same thing again. Is there any way that these studies
14 can go around this biofilm disturbance by designating
15 different sets of teeth that gives us the same study out
16 of the same mouth, and not bias the biofilm formation?

17 DR. DRAKE: That's a controversial issue. You
18 are touching on the basics of the "Eisenberg principle
19 of uncertainty" that just by measuring something, you
20 are changing that, and that's really difficult to get
21 around. That's why we did have a control group so we're
22 measuring the same teeth in the control group as we did

1 in the active rinse group. But you're right, just the
2 act of going in and measuring, taking a subgingival
3 plaque sample, for example, and if you're going to take
4 one down the line, you've already disturbed that
5 microbial ecology, but that's the way you have to do it.

6 CHAIRMAN GENCO: Dr. Listgarten, do you want
7 to comment on that?

8 DR. LISTGARTEN: We've actually done studies
9 on that once upon a time, and it takes about six weeks
10 for the biofilm to get back to its original composition.
11 We didn't look at all the organisms, but using morphoea-
12 type differential counts, by six weeks you get back to
13 baseline.

14 CHAIRMAN GENCO: That's for supragingival
15 plaque?

16 DR. LISTGARTEN: Subgingival plaque.

17 DR. DRAKE: Perhaps that might be more rapid
18 with supragingival plaque, but I don't know.

19 CHAIRMAN GENCO: Okay. Further comments?
20 Gene?

21 DR. SAVITT: If the stronger concentration
22 mouthrinse seems to have some effect and the regular

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1 concentration mouthrinse seems to have little or no
2 effect, why is there a product that -- why are they
3 marketing a mouthrinse that has little or no effect, and
4 perhaps -- I don't know if you are the right person to
5 answer that -- but is there a difference in taste
6 between the lower concentration and the higher
7 concentrations?

8 DR. DRAKE: I think Dr. Douglas probably
9 should address -- I don't really have an opinion one way
10 or the other on that, but I understand your question.

11 DR. DOUGLAS: The orthodontic strength has
12 five times the active as the everyday. The periodontal
13 has ten times the active as the everyday. The three
14 concentrations was developed because of the clinician
15 being able to select the strength that best fits his
16 patient's needs. There's some people -- and we have
17 slides like Dr. Mark Bernstein who did the tissue
18 toxicity study at the University of Lowell. He had
19 three patients that had one or two minor areas of
20 inflammation, could never be cleared up. The everyday
21 strength is targeted toward people like that that might
22 have one or two minor areas, need a little bit of help,

1 and you're not using a harsh chemical that might
2 potentially imbalance the oral flora. We increased the
3 concentrations of the actives with the kids with the
4 bracus because the everyday strength wasn't giving the
5 clinical results that we wanted to see. After we did
6 that, then we kept increasing 'til we got to the
7 periodontal strength. And the ADA testing that's going
8 on right now is with the periodontal strength.

9 DR. DRAKE: If I could add a real quick
10 comment on your question about the prevention rinse,
11 when we look at the total cell counts, you're right, we
12 didn't really see any statistically significant
13 differences. But from the laboratory studies, it's
14 intriguing to me that even diluting the normal strength
15 rinse out eight-fold, that you see an effect on growth
16 of a single organism, you have a bacteriostatic effect
17 and also a short-term inhibition of assopression. So
18 it's conceivable that use of such a rinse over time,
19 since the zinc in there would accumulate within the
20 plaque matrix, that might have an effect. I don't have
21 data to support that, but that's just a professional --

22 CHAIRMAN GENCO: Dr. Listgarten.

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1 DR. LISTGARTEN: I think one of the problems
2 we have to keep in mind is that in vitro testing,
3 particularly if you test in planktonic suspensions, has
4 no bearing on the effect in the mouth where you're
5 actually dealing with a biofilm. So you may need ten
6 times, hundred times the concentration to have an effect
7 on biofilms. So, I think from a general standpoint, the
8 test in planktonic suspension is useful to demonstrate
9 that, indeed, there is an antimicrobial effect, but the
10 proof is going to be in the clinical trials.

11 DR. DRAKE: And we do do a lot of laboratory
12 based biofilm research because I agree completely with
13 that, obviously, but we just haven't done it with this
14 particular rinse. But you're right, sometimes you see
15 marked effects using planktonic cells, then you actually
16 go to a biofilm model and it takes a lot more of
17 whatever the active compound is as the in vitro effect,
18 but we do that.

19 CHAIRMAN GENCO: Okay. Any further comments
20 or questions? Chris?

21 DR. WU: David, is this an alcohol-base rinse,
22 or a water-base?

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1 DR. DRAKE: It's low alcohol/no alcohol. Dr.
2 Douglas?

3 DR. DOUGLAS: It's 1.6 alcohol for the
4 everyday rinse, and 2.6 in the periodontal rinse.

5 DR. DRAKE: Okay. Low alcohol.

6 CHAIRMAN GENCO: Further comments or
7 questions?

8 (No response.)

9 If not, I'd like to thank you, Dr. Drake.

10 We will now proceed to Dr. Sam Amer, of Sam
11 Amer and Company, Incorporated, who will discuss the
12 safety and efficacy of unsaponifiable fraction of corn
13 oil.

14 DR. AMER: Good morning. Let me first
15 introduce myself. I am a pharmacologist and not a
16 dentist.

17 The unsaponifiable fraction of corn oil is in
18 fact an extract of a natural food, corn oil. The
19 process of preparing this material is very simple. You
20 take corn oil and saponify it in the usual process of
21 producing soap -- in other words, adding alkali to it --
22 and then extracting the mixture which contains the soap

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1 and other ingredients with an organic solvent. What you
2 get is the nonfat component of corn oil.

3 Chemically, it is composed of a mixture of
4 plant sterols, major among which are tocopherols,
5 vitamin E, sitosterol, stigmasterol among sever other
6 minor components. To standardize the preparation, we
7 have an elaborate system of tests to keep the
8 concentration of the major components within very well
9 defined ranges. The product is not a new one. It is an
10 old one that has been on the market for over 30 years in
11 France and several other countries, so it is not a new
12 thing. The only thing is we wanted to make sure that
13 the preparation which has been in use for such a long
14 time abroad, is exposed to some critical clinical
15 studies here to support efficacy claims in this country.

16 So, the safety of the unsaponifiable fraction
17 of corn oil has been well demonstrated both in animals
18 and man. In animals, a full complement of toxicology
19 has been done, including acute, subacute and chronic
20 toxicology in several species. And basically one could
21 say that it is very difficult to produce toxic effects
22 with this material.

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1 As far as the safety in people, at least ten
2 million people have been exposed to this material either
3 in tablets or in drops, which they use in France, or as
4 a toothpaste. The only side effect that has been shown
5 to exist with this material is that some people are
6 sensitive to corn and corn products and they develop
7 some allergies, and these are completely removed once
8 the product use is stopped. So, other than this
9 allergic reaction, no toxicity has ever been described
10 for this product. In animals, it has no teratogenic
11 activity or any other toxic effect even at extremely
12 high doses.

13 The effects of the unsaponifiable fraction of
14 corn oil on tooth plaque and gingivitis was discovered
15 by accident. The product has been known for many years
16 to be good for scleroderma as a cream, and the clinician
17 developing the product for this use discovered, and the
18 patients realized, that the teeth mobility and the
19 mouth odor has been vastly improved.

20 So, we decided to do a number of studies to
21 establish its value in plaque and gingivitis. Up to
22 now, there are 24 clinical studies, two of which were

1 done in the United States, eight of which are double-
2 blind placebo-controlled. All show that this product is
3 effective in treating gingivitis and plaque.

4 The latest study was done at the University of
5 Pennsylvania by Professors Yankell and Emling, and in
6 this study it was shown that a 1 percent toothpaste
7 containing the unsaponifiable fraction of corn oil
8 produced statistically significant reductions in both
9 the plaque and gingivitis score, using 42 subjects. No
10 effects on either soft or hard tissue in the mouth were
11 observed.

12 From a mechanistic point of view, really, the
13 exact mechanism by which this material produces these
14 effects is really unknown, although in animal studies it
15 has been shown that unsaponifiable fraction of corn oil
16 has an effect on bone resorption and an antiinflammatory
17 effect as well.

18 From a theoretical standpoint, this may not be
19 very surprising since the structure of its major sterols
20 is quite similar to the steroids and to vitamin D
21 structurally. So, maybe we're having some mild vitamin
22 D or steroid side effect, but the exact mechanisms

1 really have not been established.

2 It seems to me that since the product has been
3 shown to be effective in many double-blind placebo-
4 controlled studies and its safety is unquestioned, that
5 it should be made available to the American public.
6 Thank you.

7 CHAIRMAN GENCO: Thank you, Dr. Amer. Any
8 comments or questions from the panel? Chris?

9 DR. WU: I have a question. You talked about
10 the 24 clinical studies that you have done, and you say
11 that your product is effective against gingivitis and so
12 forth. Are you talking about a product that -- you are
13 talking about a corn oil that is in the Insadol
14 (phonetic) product and not the product we're supposed to
15 review.

16 DR. AMER: Yes.

17 DR. WU: That's a product that people would
18 take systemically. They would take a teaspoon of oil
19 every day for the prevention of gingivitis and so forth.

20 DR. AMER: No, no. Let me clarify this one.
21 The product that's marketed in France under the name
22 Insadol is in the form of tablets. Each tablet contains

1 35 mg of this unsaponifiable fraction of corn oil.
2 There is no oil in teaspoons. And the same product also
3 is available in drops. You take the drops and put them
4 in a glass of juice and drink the juice. The drops
5 contain also the unsaponifiable fraction of corn oil.
6 The toothpaste which is marketed under the name of
7 Perodine (phonetic) is also containing the
8 unsaponifiable fraction of corn oil. So we are all
9 talking about the same unsaponifiable fraction of corn
10 oil that was used in all these studies.

11 CHAIRMAN GENCO: Do you want to pursue that?

12 DR. WU: That's okay.

13 CHAIRMAN GENCO: The study you quoted, the
14 Yankell study, was with the toothpaste?

15 DR. AMER: Yes.

16 CHAIRMAN GENCO: And you are presenting
17 studies with the systemically ingested also?

18 DR. AMER: Yes. These were not studies done
19 by me, these were studies in the literature.

20 CHAIRMAN GENCO: Okay. Thank you. Further
21 comments? Questions?

22 (No response.)

1 Okay. Thank you very much, Dr. Amer.

2 We will proceed now to reviews of the U.S.
3 marketed ingredients. The first is a summary of a
4 review that was presented before by Dr. Listgarten, on
5 the zinc chloride/sodium citrate/hydrogen peroxide/SLS
6 prevention mouthrinse preparation.

7 DR. LISTGARTEN: I should preface my comments
8 by saying that when this report was written, I may not
9 have had access to all the documentation that I saw on
10 my desk this morning, including a booklet on the
11 prevention mouthrinse, and maybe some of the data that
12 was presented as well. So this report is basically a
13 reflection of the data that was available at the time
14 that I received the documentation.

15 I should also point out that when I reviewed
16 the documentation and compared the ortho and perio
17 formulations to the regular mouthwash, it was my
18 impression that the concentration of ingredients varied
19 up to about three to five times the concentrations in
20 the regular prevention, but this morning I heard it
21 mentioned that perio and ortho formulations in fact had
22 five to ten times the concentration of the ingredients.

1 So I'm a little bit confused because the documentation
2 that was available to me seemed to indicate up to five
3 times the concentration, and I heard it mentioned this
4 morning that it was up to ten times in some of the
5 products. So I will stick with my original report for
6 the time being. If there is a need to change this, I
7 suppose it can be changed.

8 Prevention mouthrinse is a combination of
9 several active ingredients that are used together. The
10 mouthrinse is produced in three formulations described
11 as "regular strength", "ortho strength", and "perio
12 strength". All of the active ingredients have
13 potentially useful properties when included in a
14 mouthrinse. It is not clear, however, how this complex
15 mixture behaves under conditions of normal use.

16 The active ingredients are sodium lauryl
17 sulfate, zinc chloride, sodium citrate, and hydrogen
18 peroxide. Hydrogen peroxide is directly incorporated
19 into the regular formulation which is dispensed as a
20 single bottled product. In the other two formulations,
21 the rinses are dispensed as twin bottles, one of which
22 contains the hydrogen peroxide. The consumers mix the

1 contents of the two bottles just prior to rinsing.

2 The ortho and perio formulations have 2.5 to
3 five (sic) times the concentration of the active
4 ingredients found in the regular formulation, including
5 1.5 percent hydrogen peroxide versus the 0.6 percent for
6 the regular formulation. The perio rinse also has five
7 times as much zinc chloride as the regular rinse.

8 The proportions of the ingredients vary among
9 the three formulations, but are generally found in
10 relatively low concentrations. The concentration ranges
11 for the active ingredients are as follows -- and that's
12 from OTC Volume 210,001: sodium lauryl sulfate, the
13 range varies from 0.06-0.15 percent; zinc chloride
14 varies from 0.016-0.08 percent; sodium citrate varies
15 from 0.024-0.12 percent; and hydrogen peroxide varies
16 from 0.595-1.5 percent.

17 The individual ingredients appear to be safe
18 at the concentrations used, at least according to the
19 individual ingredient reviews presented elsewhere during
20 these meetings. However, since the above ingredients
21 are used in combination, their efficacy in achieving the
22 stated aims of the product as well as the safety of the

1 product formulations must be examined under conditions
2 of combined use. This is the purpose of this report.

3 Acute toxicity tests in rats indicate that the
4 prevention mouthrinse formulations tested, although it's
5 not clear always which formulation is being tested, is
6 relatively non-toxic. The purpose of the study was to
7 assess the toxicity of the product administered orally
8 as a single dose to Sprague-Dawley rats, followed by a
9 14-day observation period.

10 The product was administered by oral gavage to
11 five male and five female rats at a dose of 40 g/kg
12 body weight. Over the following 14 days all animals
13 survived in apparently good health, although they
14 exhibited hunched postures and loose stools for the
15 first two days. No abnormal findings were observed at
16 macropsy. This dose is considerably higher than the
17 likely intake by subjects using the product as a rinse.

18 The results of a proposed 30-day study of the
19 effect of topical application of the product to hamster
20 cheek pouches which was mentioned in OTC Volume 210,035,
21 were not available to this reviewer.

22 Mechanisms of action: Zinc chloride is used

1 for its antibacterial properties and its ability to
2 reduce plaque accumulation and acid production by plaque
3 bacteria. In the presence of sodium lauryl sulfate, the
4 antibacterial effect of zinc salts may be enhanced.

5 Sodium lauryl sulfate is used for its
6 emulsifying and antiplaque formation properties.
7 Hydrogen peroxide is used for its antibacterial and
8 foaming properties. Sodium citrate is used as an
9 astringent to enhance the antibacterial activity of zinc
10 chloride.

11 The recommended uses for the combination
12 product include post-surgical care, gingival hemorrhage,
13 aphthous ulcer treatment, mucosal injury from removable
14 dental appliances, pit and fissure cleansing, puberty
15 gingivitis, as a pretreatment rinse two weeks prior to
16 periodontal treatment, cleansing around orthodontic arch
17 wires and brackets, safeguard against decalcification
18 and reduction of plaque accumulation at the gingival
19 margin. That's according to OTC Volume 210,001.

20 Results from in vitro studies: In one study,
21 the effect of the combination product was tested on acid
22 production by strep mutans, and we saw some of the data

1 this morning. The experiment consisted of three
2 experimental groups: strep mutans in enriched growth
3 medium, which served as a control; strep mutans in
4 enriched growth medium exposed for various durations of
5 time to a four times diluted prevention mouthrinse; and
6 s. mutans in enriched growth medium exposed for various
7 durations of time to eight times diluted prevention
8 mouth rinse.

9 After a five-minute exposure, the cells were
10 centrifuged, washed resuspended in product-free medium
11 and incubated. The viability of the bacterial was not
12 affected by the exposure to the product, as was also
13 shown this morning. Therefore, the product at
14 concentrations of four and eight times dilutions did not
15 kill bacterial during a five-minute exposure. However,
16 acid production by strep mutans was inhibited for eight
17 hours as a result of this exposure, compared to the
18 control.

19 The second study, in which the antimicrobial
20 activity of the combination product was tested in vitro.
21 This study was carried out by Dr. Drake, from the Dow's
22 Institute at the University of Iowa. The documentation

1 in the material that was available to me did not include
2 the details of the experimental protocols.

3 Essentially, the study consisted in exposing
4 a spectrum of all microorganisms to various
5 concentrations of the prevention mouthrinse in vitro.
6 However, how this was done was not described in the
7 volume that I consulted. The bar graphs indicate
8 various degrees of inhibition of the bacteria tested at
9 various dilutions of the test rinse. It should be noted
10 that under the protocol of this particular study,
11 streptococcus mutans was inhibited by dilutions of the
12 mouthrinse as high as 1:32 -- in other words, there are
13 32 dilutions of the mouthrinse. However, in the
14 previous study I referred to, the mouthrinse appeared to
15 have no antibacterial effect even at dilutions of 1:4.
16 So there seems to be a discrepancy in the data that I
17 consulted between those two studies.

18 I had data available from one clinical trial
19 organized as a blinded parallel treatment design of six
20 weeks duration which was carried out to compare the
21 relative efficacy of the three product formulations on
22 plaque and gingivitis in a human adult population.

1 Group one used a commercial toothpaste and toothbrush;
2 Group two used a regular product and a commercial
3 toothpaste and toothbrush; Group three used the ortho
4 product and a commercial toothpaste and toothbrush.

5 Following the baseline examination, each
6 subject was instructed to brush twice a day and, if
7 assigned to a mouthrinse, to use the rinse after
8 brushing.

9 Baseline and six-week data included the
10 gingival index of Loe and Silness recorded on six
11 surfaces per tooth, the Plaque Index using Turesky's
12 modification of the Quigley and Hein Index, and a mean
13 score per subject was calculated for each index.

14 Essentially, what the data showed was a slight
15 reduction in plaque index, but essentially no change in
16 the gingival index.

17 Although the reduction in the gingival index
18 score was statistically significant for all three
19 groups, the clinical significance of this reduction was
20 marginal at best. There was no statistically
21 significant difference among the three groups.

22 The plaque index reduction was statistically

1 significantly better for the rinse group than the
2 controlled group. However, it should be pointed out
3 that the controlled group lacked a placebo rinse to
4 determine whether the difference in plaque reduction was
5 due to the rinsing effect to which the controlled
6 subjects were not exposed, or to some of the active
7 ingredients in the test rinse. The degree of plaque
8 reduction for any of the groups, again, is of
9 questionable clinical significance.

10 The documentation also included data collected
11 in individual dental offices by dental practitioners.
12 Again, there were no experimental protocols for these
13 studies which appear to lack the basic requirements for
14 controlled, randomized clinical trials. Therefore, the
15 results presented are of questionable value.

16 Unless the outcome of the safety review of the
17 individual ingredients indicates otherwise, and they
18 don't seem to, it is likely that the product is safe for
19 use as a mouthrinse. The rather meager animal and
20 clinical data available fail to support the claims made
21 for this product under the indications that I read out.
22 Therefore, while the product may well be safe, it is not

1 considered to be effective for the indications listed
2 or, if it is effective, that remains to be shown. Thank
3 you.

4 CHAIRMAN GENCO: Thank you very much. Are
5 there any questions of Dr. Listgarten? Bill?

6 DR. BOWEN: Max, do you have any information
7 on the pH of the solutions? I'm concerned about two
8 ingredients. One is obviously the EDTA that I
9 mentioned, the other is sodium citrate, which also a
10 chelator of calcium. And it is conceivable -- although,
11 obviously, I have no data -- that this combination could
12 in fact promote caries with chronic use if the pH is of
13 the right value.

14 DR. LISTGARTEN: I don't have any information
15 on that.

16 CHAIRMAN GENCO: Was any caries data presented
17 in the clinical study?

18 DR. LISTGARTEN: Not that I can recall.

19 DR. DOUGLAS: The pH of the everyday strength
20 stays between 3.9 and 4.5. The pH of the base site for
21 the ortho and the perio stays between 5.9 and 6.1.

22 CHAIRMAN GENCO: Thank you. Further comments?

1 Questions?

2 (No response.)

3 Are we ready for a vote?

4 Okay. Let's take safety first. What is your
5 recommendation? You were quite explicit about the fact
6 that each of these agent's ingredients alone, with the
7 possible exception of EDTA, alone might be safe, but the
8 combination was tested in one acute rat experiment and
9 30-day hamster pouch experiment wasn't reported.

10 DR. LISTGARTEN: The animal testing was
11 primarily to see if there were some medical effects from
12 using very, very high doses and, as I indicated, the
13 animals survived very, very high doses. So, from that
14 standpoint, the ingredients are probably safe, or the
15 product, even in combination, is probably safe. The
16 issue of demineralizing teeth over the long-run is one
17 that obviously Dr. Bowen is concerned about, but about
18 which we have no data.

19 It's interesting that the conventional product
20 seems to have a much lower pH than the products with the
21 higher concentrations. Whether this is significant when
22 it is used as a mouthrinse for a brief period of time,

1 I'm not sure. I suspect the pH returns to normal rather
2 quickly.

3 At this point, I would say that the product is
4 safe as far as a mouthrinse is concerned.

5 CHAIRMAN GENCO: As a combination.

6 DR. LISTGARTEN: As a combination.

7 CHAIRMAN GENCO: So you would suggest Category
8 I then?

9 DR. LISTGARTEN: I would suggest a Category I
10 from the standpoint of safety. I don't believe that the
11 low pH would persist for very long following regular use
12 of the product.

13 DR. SAVITT: Max, I have a brief question for
14 you. Is this for safety for the regular product, and do
15 you have any safety concerns about the products that
16 have much higher concentrations?

17 DR. LISTGARTEN: Even at higher
18 concentrations, the ones that are used are comparatively
19 low compared to what is considered toxic. So I think
20 there is a big margin of safety here even with the
21 products that have the higher concentrations.

22 CHAIRMAN GENCO: Further comments on the

1 safety of the mixture?

2 (No response.)

3 Are we ready for a vote then. The
4 recommendation is for Category I. Let's take that as a
5 motion then.

6 DR. LISTGARTEN: I'd like to move that for
7 safety purposes this be classified as a Category I
8 product.

9 CHAIRMAN GENCO: Second to that?

10 DR. SAVITT: Second.

11 CHAIRMAN GENCO: Seconded by Dr. Savitt.
12 Okay. Let's go around the table. Voting members. Dr.
13 Bowen, what's your vote?

14 DR. BOWEN: No, for the reasons I've already
15 indicated.

16 CHAIRMAN GENCO: Dr. Listgarten?

17 DR. LISTGARTEN: Yes.

18 CHAIRMAN GENCO: Dr. Savitt?

19 DR. SAVITT: Yes.

20 CHAIRMAN GENCO: Dr. Saxe?

21 DR. SAXE: Yes.

22 CHAIRMAN GENCO: Dr. McGuire-Riggs?

1 DR. McGUIRE-RIGGS: Yes.

2 CHAIRMAN GENCO: Dr. Wu?

3 DR. WU: Yes.

4 CHAIRMAN GENCO: Dr. D'Agostino?

5 DR. D'AGOSTINO: Yes.

6 CHAIRMAN GENCO: Dr. Altman?

7 DR. ALTMAN: Yes.

8 CHAIRMAN GENCO: Okay, fine. So the vote is
9 seven yes and one no, so it's Category I recommendation.

10 Okay. Let's proceed now to efficacy. I'm
11 sorry, Lew.

12 MR. CANCRO: Dr. Genco, just a point of
13 clarification. Perhaps the FDA Administrator can answer
14 this. Is the consumer representative a voting member of
15 the panel?

16 DR. SHERMAN: I think under NDAC the consumer
17 rep is a voting member. I know in the past they haven't
18 voted. It wasn't until recently that the subcommittee
19 was actually a part of NDAC, so in the past the consumer
20 rep has not voted.

21 CHAIRMAN GENCO: Is that clear?

22 MR. CANCRO: Yes.

1 CHAIRMAN GENCO: Okay. Let's proceed now to
2 efficacy. What I heard was a six-month study with some
3 plaque inhibition, but not gingivitis.

4 DR. LISTGARTEN: At the time when I had access
5 to the data, I did not have six-month data available.
6 The six-month data was presented to us this morning, and
7 it was only in terms of microbiological data. So the
8 only data that was available at the time I reviewed the
9 product was -- let me make sure I am not misquoting it -
10 - was six-week data.

11 CHAIRMAN GENCO: Were we presented with the
12 six-month data today?

13 DR. LISTGARTEN: Not the clinical.

14 CHAIRMAN GENCO: Not the clinical results.

15 DR. LISTGARTEN: No.

16 CHAIRMAN GENCO: But do we have it in written
17 form?

18 DR. LISTGARTEN: No, unless it's in that
19 booklet that I just picked up but hadn't had a chance to
20 study.

21 CHAIRMAN GENCO: Is it in that booklet?

22 DR. DOUGLAS: Yes. It was submitted, and we

1 made four different submissions, and the tissue toxicity
2 study was also submitted --

3 DR. LISTGARTEN: I seem to find six-week data,
4 I didn't seem to have six-month data.

5 CHAIRMAN GENCO: Would you please go to the
6 microphone, we have to get this -- Dr. Douglas, identify
7 yourself again for the record.

8 DR. DOUGLAS: Dr. Douglas. Yes, we did make
9 submission of the six-month clinical that was done at
10 Iowa, and we also made submission of the tissue toxicity
11 studies, and I can go back and dig out the date and the
12 submission numbers, the volume numbers. I don't have
13 them with me right now.

14 DR. LISTGARTEN: Actually, as I look through
15 the booklet, all you have in the booklet is six-week
16 data, there is no six-month data in the booklet either.

17 DR. DOUGLAS: The University of Iowa trial?

18 DR. LISTGARTEN: The data shown on page 42 is
19 six-week data.

20 DR. DOUGLAS: May I get one of the books,
21 please?

22 CHAIRMAN GENCO: Perhaps what we're going to

1 have to do is maybe to clarify what was submitted, and
2 then defer the vote because it sounds like there's more
3 data that might be relevant.

4 DR. DOUGLAS: There were four different
5 submissions to the FDA, and I apologize for not having
6 that with me, but I can get that to you.

7 CHAIRMAN GENCO: We should get this sorted out
8 before we take a vote. It may not be able to be done at
9 this meeting -- we will try to do it at this meeting --
10 so if you are available, you can help us sort that out.
11 Otherwise, we can defer it to another meeting. I think,
12 in fairness, we really have to have the full analysis of
13 all the data submitted. Anybody feel otherwise on the
14 panel?

15 (No response.)

16 Okay. Thank you. So we've tabled that vote
17 until we get the clarification of the full data.

18 I think the safety issue also, even though it
19 is Category I, that has to be looked at again, too, if
20 there is more safety data.

21 So, let's proceed then with the stannous
22 pyrophosphate/zinc citrate, and this is a new

1 presentation by Dr. Saxe.

2 DR. SAXE: You have a draft of my report. The
3 draft that you see was prepared and I wasn't in the
4 shop, I've been away for a while, and apparently the
5 spellcheck that I asked be used wasn't done, so I
6 apologize for those things. Let me give my report.

7 Stannous pyrophosphate and zinc citrate: This
8 data was reviewed, the data that was submitted by the
9 company was reviewed looking at if there was sufficient
10 data to justify whether the product, the combination
11 product, was safe as an antigingivitis product, and also
12 effective as an antigingivitis product.

13 Stannous pyrophosphate has the chemical
14 formula $\text{Sn}_2\text{P}_2\text{O}_7$ and has been described as a free-flowing,
15 odorless white to off-white powder. The commercial form
16 of stannous pyrophosphate in anhydrous stannous
17 pyrophosphate. This agent has been chosen for use in a
18 dentifrice based on prior demonstrated antibacterial
19 effects which effects have been ascribed to the soluble
20 stannous ion.

21 Zinc citrate has the chemical formula
22 $\text{Zn}_3(\text{C}_6\text{H}_5\text{O}_7)_2$ and is prepared from zinc carbonate and

1 citric acid. The commercial form of zinc citrate is
2 zinc citrate trihydrate, $\text{Zn}(\text{C}_6\text{H}_5\text{O}_7)_2 \cdot 3\text{H}_2\text{O}$, and has been
3 described as a white, odorless powder, smooth to the
4 touch and free from grittiness, slightly soluble in
5 water. This agent has been chosen for inclusion by the
6 submitters in a dentifrice in combination with stannous
7 pyrophosphate because of reported antiplaque as well as
8 anticalculus efficacy.

9 Safety. Each of the two agents used in the
10 combination, zinc citrate and stannous pyrophosphate,
11 based on animal studies plus human use, does not appear
12 to present a risk in terms of acute toxicity, chronic
13 toxicity, reproduction toxicity, genotoxicity,
14 carcinogenicity, phototoxic sensitization, or oral
15 irritation.

16 Oral ecology studies to ensure that the long-
17 term use of antimicrobial agents does not result in a
18 significant change in the balance of the normal oral
19 flora, were done. In a 21-day experimental gingivitis
20 study, Jones and Ritchie, 1990, and a six-month clinical
21 trial, Jones, et. al., 1991, following use of a
22 dentifrice containing stannous pyrophosphate, 1.0

1 percent, and zinc citrate, 0.5 percent, no significant
2 changes in plaque flora, no increase in opportunistic
3 organisms in saliva and no development of resistance
4 were seen, again, as reported by the submitters of the
5 data.

6 Effectiveness. Data submitted to provide
7 evidence of clinical efficacy of a fluoride toothpaste
8 containing stannous pyrophosphate at 1.0 percent and
9 zinc citrate at 0.5 percent as an antiplaque and
10 antigingivitis product is based on four studies: an 18-
11 hour plaque growth inhibition test; a 21-day
12 experimental gingivitis trial; a 12-week motivational
13 brushing trial, and a six-month normal use clinical
14 trial.

15 The plaque growth inhibition studies used an
16 18-hour protocol described by Harrap in 1974, to test
17 the combination dentifrice for its effect on plaque
18 growth in vivo. It was reported, Lloyd, 1991, the
19 formulation reduced plaque significantly compared to a
20 placebo toothpaste and thus showed the antimicrobial
21 activity of the two agents seen n vitro is retained when
22 formulated into a dentifrice and delivered into the oral

1 cavity.

2 The 21-day experimental gingivitis study,
3 Saxton and Cummins, 1991, enrolled 37 subjects who were
4 brought to a state of no gingival inflammation following
5 four weeks of repeated professional cleaning and oral
6 hygiene instruction. One posterior lower segment of
7 teeth was covered with a vacuum-formed tooth shield, as
8 described by Bosman and Powell in 1977, and subjects
9 instructed not to brush that segment which was covered
10 when the subjects cleaned the remainder of their
11 dentition. The tooth shields also served as carriers for
12 the daily application of control and test toothpastes.
13 Assessment of inflammation and bleeding was done at
14 baseline and at three weeks. Mean scores were
15 significantly lower for the test group at three weeks,
16 interpreted by the submitters of the data as the test
17 combination dentifrice better delaying the development
18 of gingivitis.

19 The 12-week motivational brushing trial,
20 Gaare, et. al., 1991, included 81 adult subjects
21 described as receiving a prophylaxis and motivation at
22 baseline and then used the combination dentifrice at

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1 least twice daily. Plaque index and gingival index
2 scores improved at six weeks, plaque scores continue to
3 improve at 12 weeks, and bleeding scores were maintained
4 at 12 weeks.

5 The six-month normal use clinical trial,
6 Saxton, et. al., 1991, enrolled 268 subjects of whom 251
7 completed the six months. Clinical assessments were
8 made at baseline and at 1, 4 and six months. Tooth
9 scaling and polishing was done after baseline
10 assessments included plaque index of Loe, modified
11 gingival index of Lobene, extrinsic stain indices,
12 Lobene, Davis and Re, supragingival calculus, Valpe, and
13 gingival bleeding, Ainamo and Bay. The results at six
14 months showed no difference in mean plaque scores and no
15 difference in mean modified gingival index scores.
16 Gingival bleeding was statistically significantly lower
17 for the test group, $P < 0.01$, as was the mean calculus
18 scores, $P < 0.01$. Toothstaining area mean scores were
19 reported and the test group was statistically
20 significantly higher at a $P < 0.05$, and stain intensity
21 mean score was also higher for the test group at
22 $P < 0.001$. It was reported that 17 percent of the test

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1 group observed toothstaining for themselves. Tongue
2 staining was clinically detectable in approximately 40
3 percent of test dentifrice subjects compared to
4 approximately 10 percent of control dentifrice subjects,
5 53 versus 15 subjects at six months.

6 Evaluation. In my opinion, the combination of
7 stannous pyrophosphate at 1.0 percent and zinc citrate
8 at 0.5 percent in a dentifrice does not present a risk
9 based on evidence submitted, and maybe considered safe.

10 In my opinion, there is insufficient evidence
11 of the efficacy of the combination dentifrice as an
12 antiplaque/antigingivitis product, as promoted by the
13 submitters of the data. Further clinical trials are
14 needed if such efficacy is to be shown.

15 CHAIRMAN GENCO: Thank you, Dr. Saxe. Are
16 there any comments or questions? Gene?

17 DR. SAVITT: Stan, I notice that in the 12-
18 week brushing trial, the gingival index score improved
19 at six weeks, but there's no mention at 12 weeks.
20 Should I take it that there was no effect at 12 weeks?

21 DR. SAXE: No further improvement.

22 CHAIRMAN GENCO: Chris?

1 DR. WU: I just want to clarify one point.
2 You read on page 2, the first paragraph, the third line
3 -- it was testing effect on plaque growth in vitro, but
4 you read in vivo. So is it --

5 DR. SAXE: Did I read in vivo?

6 DR. WU: Yes.

7 DR. SAXE: I was reading my handwritten draft
8 instead of that. In vivo was correct.

9 CHAIRMAN GENCO: Are you clear, Chris?

10 DR. WU: So we should change the draft from in
11 vitro to in vivo, right?

12 DR. SAXE: Yes. There were other
13 typographical errors as well.

14 CHAIRMAN GENCO: Lew?

15 MR. CANCRO: Stanley, two questions concerning
16 the point that Gene raised. The first is, the six-week
17 improvement observed in the 12-week motivational
18 brushing, I presume, was significant? You don't say
19 that, but my assumption is that it was.

20 And the second question is, did it maintain
21 that benefit at 12 weeks, meaning was it still
22 significant at 12 weeks? You say it didn't continue to

1 improve, but was the magnitude of the benefit maintained
2 at 12 weeks?

3 DR. SAXE: Okay. As me -- this is July '91 --
4 there were 23 volumes, and I have the last two studies
5 I think I pulled out. I didn't pull out that one. Ask
6 me the questions again, please, Lew, and I will attempt
7 to give you an answer.

8 MR. CANCRO: Concerning the 12-week
9 motivational brushing study, you make the statement that
10 gingival index scores improved at six weeks.

11 DR. SAXE: Correct.

12 MR. CANCRO: And the question I'm asking you,
13 was that statistically significant?

14 DR. SAXE: The six weeks?

15 MR. CANCRO: Yes, at six weeks.

16 DR. SAXE: Yes, there was an improvement at
17 six weeks, but it then dropped off. Plaque was
18 significantly improved at 12 weeks. I can't say for
19 sure. My feeling is now -- it's been a while -- that
20 there was a six-week improvement, and that was it for
21 the gingival index scores.

22 MR. CANCRO: So they reverted, or they

1 maintained, or --

2 DR. SAXE: I'm not sure of that. There was an
3 improvement in both plaque and bleeding scores at 12
4 weeks, but not the gingival index score. And I'm sorry,
5 I don't have the original studies here.

6 CHAIRMAN GENCO: Stanley, in the six-month
7 clinical trial, there's no reduction in plaque, no
8 reduction in gingival index, but there was a reduction
9 in the bleeding index. Is there any reason to believe
10 that this combination would have an antigingivitis
11 effect aside from an antiplaque effect? In other
12 words, in the absence of an antiplaque effect, does it
13 have antiinflammatory activity or mechanism?

14 DR. SAXE: That's the possibility that exists,
15 but, again, this was one isolated report. I mean, this
16 is a number of clinical trials of no less than one, and
17 that's why I say there is insufficient data. I'm not
18 saying that that was -- I'm accepting that, that at six
19 months there was decreased bleeding, but I can't base on
20 that one finding in that one study that that -- I cannot
21 say there was sufficient -- I would say there is
22 insufficient evidence then at this point to --

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1 CHAIRMAN GENCO: So there's no strong evidence
2 that this would be an antiinflammatory or have an effect
3 other than antiplaque to reduce gingivitis if, indeed,
4 it did?

5 DR. SAXE: There's no evidence that the
6 antiplaque -- that it's effective either in the longer-
7 term. Again, one study but six months, and that showed
8 no evidence of antiplaque activity.

9 CHAIRMAN GENCO: Okay. So this material was
10 presented in '91, to the FDA?

11 DR. SAXE: Correct.

12 CHAIRMAN GENCO: Are we aware of anything else
13 being presented since then?

14 DR. SAXE: I was not given any further
15 documentation with this combination.

16 CHAIRMAN GENCO: So based upon what we're
17 seeing here, there could be a vote, but it may be
18 premature.

19 DR. SAXE: Yes. I would suspect there was not
20 a lot of enthusiasm to pursue this given the
21 toothstaining and the intensity of toothstaining that
22 showed up at six months.

1 CHAIRMAN GENCO: We have a choice. We could
2 defer this maybe to the next meeting and wait and see if
3 there's more submission, or we could take a vote today.

4 DR. SAXE: I would say that if there were
5 detailed reports and we were uncertain, my own feeling
6 is that I'm proposing that in terms of the safety of the
7 product, that it would be Category I. That in terms of
8 the efficacy, it is Category III, insufficient data yet.

9 CHAIRMAN GENCO: Okay. So that's certainly a
10 possibility.

11 DR. SHERMAN: It would be fine to vote today.
12 If there is a response next meeting, we can consider
13 that also.

14 CHAIRMAN GENCO: Okay, good. Max?

15 DR. LISTGARTEN: I was just going to say if
16 there is, in fact, another clinical trial that has been
17 completed, the results of which we don't have, I can see
18 postponing it. But if, in fact, there are no additional
19 data forthcoming, I don't see any reason for
20 postponement.

21 CHAIRMAN GENCO: Okay. As Bob said, the
22 individuals could submit between this and the next

1 meeting, if there was more data, we can consider it.
2 Okay. Stanley, do you want to make a motion with
3 respect to safety then?

4 DR. SAXE: Yes. With respect to safety of
5 this combination product of stannous pyrophosphate and
6 zinc citrate, I would make the motion that it be
7 Category I for safety.

8 CHAIRMAN GENCO: Is there a second to that?

9 DR. LISTGARTEN: Second.

10 CHAIRMAN GENCO: Dr. Listgarten seconds that.
11 Any discussion? Further discussion?

12 (No response.)

13 If not, let's proceed to the vote. Let's
14 start with Dr. Altman.

15 DR. ALTMAN: Yes.

16 CHAIRMAN GENCO: Dr. D'Agostino.

17 DR. D'AGOSTINO: Yes.

18 CHAIRMAN GENCO: Dr. Wu.

19 DR. WU: Yes.

20 CHAIRMAN GENCO: Dr. McGuire-Riggs?

21 DR. MCGUIRE-RIGGS: Yes.

22 CHAIRMAN GENCO: Dr. Saxe.

1 DR. SAXE: Yes.

2 CHAIRMAN GENCO: Dr. Savitt.

3 DR. SAVITT: Yes.

4 CHAIRMAN GENCO: Dr. Listgarten?

5 DR. LISTGARTEN: Yes.

6 CHAIRMAN GENCO: Dr. Bowen.

7 DR. BOWEN: Yes.

8 CHAIRMAN GENCO: Okay, thank you.

9 Let's proceed now to the efficacy. Stan, do
10 you want to make a motion?

11 DR. SAXE: Yes. I would make a motion that
12 the combination product of stannous pyrophosphate at 1.0
13 percent and zinc citrate at 0.5 percent be in Category
14 III, insufficient data.

15 CHAIRMAN GENCO: Is there a second to that
16 motion?

17 DR. D'AGOSTINO: Second.

18 CHAIRMAN GENCO: Dr. D'Agostino seconds that.

19 Any discussion of that? Sheila?

20 DR. MCGUIRE-RIGGS: No.

21 CHAIRMAN GENCO: You looked like you were
22 getting prepared to say something.

1 DR. McGUIRE-RIGGS: To vote.

2 (Laughter.)

3 CHAIRMAN GENCO: If there's no discussion,
4 let's proceed to the vote. Dr. Bowen.

5 DR. BOWEN: Yes.

6 CHAIRMAN GENCO: Dr. Listgarten.

7 DR. LISTGARTEN: Yes.

8 CHAIRMAN GENCO: Dr. Savitt.

9 DR. SAVITT: Yes.

10 CHAIRMAN GENCO: Dr. Saxe.

11 DR. SAXE: Yes.

12 CHAIRMAN GENCO: Dr. McGuire-Riggs.

13 DR. McGUIRE-RIGGS: Yes.

14 CHAIRMAN GENCO: Dr. Wu.

15 DR. WU: Yes.

16 CHAIRMAN GENCO: Dr. D'Agostino.

17 DR. D'AGOSTINO: Yes.

18 CHAIRMAN GENCO: Dr. Altman.

19 DR. ALTMAN: Yes.

20 CHAIRMAN GENCO: Thank you.

21 DR. D'AGOSTINO: Can I make a suggestion in
22 terms of the report? What is going to happen with this

1 report? Is this going to be put into a particular
2 document? What I'm getting at, I think it would be
3 helpful if we have to go back to this, if we grace the
4 report with open-label study, double-blind study, so
5 forth. As we were going through it, I think your
6 presentation made it clear what the studies were, but I
7 think if we label it right at the top, then it makes it
8 very forceful that we don't have a lot of clinical trial
9 type data to back this --

10 CHAIRMAN GENCO: You're suggesting that in Dr.
11 Saxe's report that the 21-day, and the 12-week, and the
12 six-month are labeled as to what they are?

13 DR. D'AGOSTINO: As to what they are exactly.

14 CHAIRMAN GENCO: Are you suggesting that we
15 also incorporate some suggestions as to what studies are
16 needed, also?

17 DR. D'AGOSTINO: I wasn't going to make that
18 suggestion, but that is a good suggestion, and I think
19 we're talking about two clinical trials, you know,
20 double-blind clinical trials. I thought that was
21 inferred, but so that there's no confusion, I think that
22 would be a useful statement.

1 CHAIRMAN GENCO: Okay. Stanley, would you do
2 that in your revision, and then we'll get another chance
3 to look at it at the next meeting.

4 Okay. We're finished with the U.S. marketed
5 ingredients as far as we can go today. So, let's take
6 a break and it's ten after 10:00. Can we get back at
7 10:30, and we'll start then the foreign marketed
8 ingredients.

9 DR. SHERMAN: Bob, can I just make an
10 announcement?

11 CHAIRMAN GENCO: One minute before you go.
12 Bob Sherman has an announcement.

13 DR. SHERMAN: One of the ingredients that was
14 reviewed by Dr. Riggs previously, Zylatol, has been
15 withdrawn from the review. Two sponsors have sent
16 written requests to FDA that they no longer wish to
17 pursue it, so the subcommittee won't vote on that
18 ingredient.

19 CHAIRMAN GENCO: Thank you. Okay. See you
20 back here at 10:30.

21 (Whereupon, a short recess was taken.)

22 CHAIRMAN GENCO: Rhonda Stover has an

1 announcement to make.

2 MS. STOVER: I just wanted to clarify the
3 voting status for this meeting. The industry
4 representative does not vote, and the consumer rep for
5 this meeting, since Dr. Altman is a member of the CDRH's
6 Dental Products Panel, will not have a vote for this
7 meeting. He is free for discussion, but there will be
8 no vote. Thank you.

9 CHAIRMAN GENCO: Thank you. So let's start
10 with the foreign marketed ingredient, Hexetidine, and
11 Dr. Bowen is going to review this. I'd like, before we
12 get started, to announce that this is for information
13 only. We will not be taking a vote on any of these
14 agents. The reason that we're reviewing them is to
15 provide the FDA with this information in the event that
16 later there is a question as to whether or not they
17 should be included in the monograph or considered
18 otherwise. So, this is for information purposes only.
19 Dr. Bowen.

20 DR. BOWEN: Thanks, Bob.

21 In reviewing Hexetidine, I reviewed the
22 information that was submitted and, in addition, I

1 carried out a literature search in case other material
2 has been published since the original submission.

3 Hexetidine is also known as Glypesin, Hexoral,
4 Hextril, Oraldene, Sterisil, Sterilate, Sterisol, and
5 Triocil, to mention just a few. Chemically it is 5-
6 amino-1,3-bis (2-ethylhexyl)-hexahydro-5-
7 methylpyrimidine. Hexetidine is essentially derived
8 from the compound pyrimidine. It has a molecular weight
9 of 339, and it is poorly soluble in water but readily
10 soluble in a range of organic solvents. Hexetidine was
11 first synthesized in the 1940s. Its possible use as an
12 antibacterial and antifungal agent is described in
13 Appendix B of the submission.

14 Toxicity. In the submission, extensive
15 toxicity studies have been described, and a literature
16 search revealed several additional studies which may
17 perhaps require some additional attention.

18 A mutagenicity study was carried out using
19 Salmonella typhimurium as an indicator organism.
20 Hexetidine was extremely toxic to the test strains, so
21 a dose of 5 ug per plate was chosen as the highest level
22 in mutagenicity tests. No mutagenicity was detected at

1 the dose levels used. A subacute oral toxicity
2 investigation was also carried out in rats. Rats were
3 fed a diet containing 1, 100, 300, or 1000 ppm for 13
4 weeks. No deaths were reported during the 13 weeks.
5 However, animals offered diet containing 1000 ppm
6 consumed less food and water than control groups and
7 also gained less weight. These observations could be
8 attributed to adverse taste of food containing
9 Hexetidine.

10 Changes in blood chemistry were observed that
11 are consistent with reduced food and water intake
12 (hemoconcentration). There was also some evidence of
13 impairment of liver function in animals exposed to 1000
14 ppm. Platelet counts were numerically higher in all
15 groups exposed to Hexetidine and the increases observed
16 appear related to the dose of Hexetidine. Several
17 additional differences in blood chemistry values were
18 also detected among the groups, e.g., lower glucose in
19 females, all groups, elevated creatinine, 1000 ppm
20 group, elevated cholesterol, 1000 ppm group, and
21 elevated sodium, all groups. Differences in ratios of
22 size of organs to brain were also detected among groups.

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1 Teratology studies were also carried out in
2 rats. Hexetidine was prepared in corn oil and was
3 administered by gavage at doses of 50, 25, and 12.5 mg
4 per kg body weight on days 6-15 of gestation. Control
5 rats received corn oil. Some maternal toxicity was
6 observed in the dams receiving the 50 mg/kg dose; there
7 was reduced weight gain and reduced food and water
8 intake. "Foetal abnormalities were not observed",
9 nevertheless examination of the skeletons of 21-day-old
10 pups revealed a significant increase in the total number
11 of pups with defects, anomalies and variants in both the
12 50 and 2.5 mg Hexetidine/kg groups. These were
13 attributed to an increase in the total number of pups in
14 these groups with duplication of the posterior palatine
15 foramen; they were not observed in the fetuses and "were
16 not considered to be biologically relevant".

17 A series of acute studies was carried out
18 using 99 percent pure Hexetidine. It was found that the
19 LD₅₀ in rats is 0.61 g/kg. Hexetidine was found to be
20 a moderate irritant in the Draize primary irritation
21 index, and to be corrosive in primary eye irritations.
22 It was found to be non-mutagenic in the chromosome

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1 aberration test.

2 It has been reported that Hexetidine may
3 undergo nitrosation under acidic conditions with the
4 formation of nitrosamines. That was conducted by Bae in
5 1994. The major nitrosamine produced termed "Hexno"
6 forms rapidly in yields as high as 60 percent over the
7 pH range 1-4.8 at incubation times of one hour at 37
8 degrees centigrade. The authors conclude that "the
9 available data suggest the probable formation of Hexno
10 and other nitrosamines from Hexetidine under conditions
11 of its use". In the submission it is noted that
12 "Although Hexetidine product stability is very good,
13 specific storage conditions are required. The product
14 shall be stored in the tightly closed original
15 container, protected from light at temperatures not
16 exceeding 6 degrees Centigrade. NB store carefully!"

17 The effect of Hexetidine on growth of buccal
18 epithelial cells was explored using cell cultures. It
19 was observed that exposure of cell cultures to even high
20 dilutions of Hexetidine inhibited incorporation of
21 thymidine, and formation of lactate dehydrogenase.

22 Antimicrobial effects. Hexetidine is an

1 effective antimicrobial agent against a wide range of
2 gram positive and gram negative microorganisms.
3 However, several organisms appear to be particularly
4 resistant to its effects, e.g., *Pseudomonas aeruginosa*
5 and *Serratia marcescens*. There are reports of persons
6 acquiring nosocomial infections from solutions of
7 Hexetidine contaminated by these organisms.

8 Several oral microorganisms, e.g., *S. mutans*,
9 *S. sanguis*, *Candida*, are sensitive to Hexetidine but
10 apparently less so than to other oral antiseptics.
11 Sublethal levels of Hexetidine reduced the ability of
12 *mutans* to adhere to surfaces. No systematic study of
13 the effects of Hexetidine on other potential oral
14 pathogens appears to have been carried out. The
15 salivary flora appears to recover to pre-rinse levels in
16 90 minutes.

17 Clinical studies. The number of clinical
18 studies conducted to determine the influence of
19 Hexetidine on plaque formation, plaque removal and
20 gingivitis is sparse.

21 The plaque-inhibiting effect of Hexetidine was
22 compared with that of chlorhexidine by Bergenholtz and

1 Hanstrom in 12 males and 12 females ages 19 to 24 years.
2 Subjects received a prophylaxis and normal oral hygiene
3 was suspended during the course of the study. Groups of
4 subjects rinsed for one minute three times daily with
5 eight 0.4 or 0.14 percent of Hexetidine, or 0.2 percent
6 of chlorhexidine. No inactive control was included.
7 The GI index increased in all groups but was
8 significantly higher in the Hexetidine groups.
9 Significant differences were not detected in the plaque
10 indices. Clearly, in the absence of a negative control,
11 it is difficult to assess the effect, if any, exerted by
12 Hexetidine. Oral lesions and epithelial detachments
13 were noted in five subjects in the Hexetidine groups.

14 The effect of rinsing three times daily with
15 0.1 percent solution of Hexetidine on plaque growth over
16 seven days was studied by Williams. A group of 29
17 volunteers, aged 19 to 58 years, was studied in a
18 double-blind cross-over study in which the rinse was the
19 only oral hygiene carried out. However, because there
20 was such a highly significant cross-over effect, the
21 data were restricted to a parallel study. Plaque
22 regrowth was reduced, at the 95 percent confidence

1 interval by 42-77 percent. The effect on gingivitis was
2 not studied. Eleven of the volunteers who participated
3 in the study reported some adverse effects; the most
4 common one was loss of taste.

5 A study by Harper explored the effect of
6 Hexetidine 0.2 percent, and other products also, on
7 plaque regrowth in 21 subjects over four days in the
8 absence of normal oral hygiene. Blind randomized cross-
9 over design was used and saline was included as a
10 control. A 2.5 day "washout" period was used.
11 Hexetidine was significantly more effective than saline
12 in preventing regrowth of plaque. Gingivitis was not
13 measured.

14 The effect of a 0.2 percent solution of
15 Hexetidine spray on plaque and gingivitis was studied
16 for 28 days in 38 subjects following periodontal
17 surgery. Normal oral hygiene was continued during the
18 study. Spray delivered 1 ml, was used three times
19 daily, and a placebo control was used. Plaque was
20 assessed using Turesky's modification of Quigley-Hein
21 index, and GI of Loe-Silness plus papillary bleeding
22 index were used to assess gingival health. There was

1 significantly less plaque accumulation in the Hexetidine
2 group and the gingival indices were also lower in the
3 persons receiving Hexetidine.

4 There have been a number of studies conducted,
5 e.g., Giertsen, Hefti and Huber, Grytten, exploring the
6 effects of Hexetidine in combination with metal ions
7 such as zinc and copper on acid-producing capacity of
8 plaque, plaque accumulation, and strep mutans
9 populations. These studies, usually conducted on three
10 or four subjects using frequent ingestion of sucrose to
11 promote plaque formation, and suspension of oral
12 hygiene, do not contribute significantly to clarifying
13 the effect of Hexetidine on plaque formation and
14 gingivitis.

15 In summary, therefore, in my opinion, there
16 are questions concerning both the safety and
17 effectiveness of Hexetidine.

18 CHAIRMAN GENCO: Thank you, Bill. Are there
19 comments or questions from the panel regarding
20 Hexetidine?

21 (No response.)

22 Does anyone in the audience want to make a

1 presentation?

2 (No response.)

3 Okay. Thank you. We will proceed then to the
4 soluble pyrophosphate, Dr. Listgarten is going to give
5 this presentation.

6 DR. LISTGARTEN: Soluble pyrophosphate is a
7 combination of two pyrophosphates and a methylvinyl
8 ether/maleic acid copolymer which must be used together
9 with the pyrophosphates in order to interfere with the
10 inactivation of the pyrophosphates by salivary
11 phosphatases and pyrophosphatases. The active
12 ingredients are the pyrophosphates which are used for
13 their ability to interfere with hydroxyapatite crystal
14 formation and, hence, supragingival calculus formation.
15 Pyrophosphates are GRAS ingredients that have been used
16 for a number of years as food additives and as
17 emulsifiers in the manufacturing of cheese in which it
18 may be found in concentrations as high as 3 percent.
19 Pyrophosphates have been incorporated in oral care
20 products such as Colgate's Tartar Control Toothpaste and
21 Tartar Control Formula Mouthwash. Since 1987, 18
22 million 24 ounce bottles have been distributed without

1 any report of a serious side effect.

2 The methylvinyl ether/maleic acid copolymer
3 allows the use of lesser concentrations of the active
4 ingredients by interfering with the action of intraoral
5 phosphatases and pyrophosphatases that tend to
6 enzymatically lyse the P-O-P pyrophosphate bond.

7 The product is distributed as antitartar
8 agent, a claim that the manufacturer considers to be a
9 cosmetic rather than a drug claim.

10 Rationale and in vitro tests of efficacy.
11 Exogenous inhibitors of hydroxyapatite crystal growth,
12 such as pyrophosphates, can be applied as mouthrinses
13 and toothpastes to reduce the formation of dental
14 calculus. The efficacy of pyrophosphates as inhibitors
15 of crystal formation have been demonstrated in a number
16 of in vitro experiments using models of spontaneous
17 hydroxyapatite crystal formation or seeded crystal
18 growth. The effectiveness of pyrophosphate formulations
19 is compromised in vivo because of the presence of acid
20 and alkaline phosphatases and pyrophosphatases in saliva
21 that lyse the P-O-P bond of pyrophosphate. To prevent
22 this lysis, a copolymer of methylvinyl ether and maleic

1 acid, as well as fluoride ions have been used as
2 stabilizers. These agents act by protecting the
3 pyrophosphate from the action of phosphatases. In this
4 manner, it is possible to lower the concentrations of
5 pyrophosphates in the product and still retain their in
6 vivo effectiveness as inhibitors of crystal growth
7 without harming the integrity of tooth surfaces.

8 Safety: Animal Safety data. TKPP which is
9 the short version of tetrapotassium pyrophosphate and
10 TSPP is what I'm going to call tetrasodium
11 pyrophosphate. Both of these have similar safety
12 spectra. The oral LD₅₀ values for mice and rats are
13 approximately 3-4g/kg body weight. Dermal toxicity in
14 rabbits show an LD₅₀ value of >7g/kg body weight.
15 Irritation tests to the eye and skin of rabbits show
16 only slight irritation. TSPP is not fetotoxic,
17 teratogenic and at doses of 130-138 mg/kg it has no
18 maternal toxic effects when given to pregnant rats and
19 mice during the 6-15th day of gestation.

20 Acute oral limit toxicity of Tartar Control
21 Toothpaste in rats. Tartar Control toothpaste
22 formulations contain up to 2 percent TSPP and up to 4.5

1 percent TKPP. Acute oral limit tests show low acute
2 toxicity with an LD₅₀>5g/kg, and absence of oral mucosal
3 irritation after 28 days of dentifrice administration.

4 Two similar experiments were conducted in
5 rats. The first experiment tested a toothpaste
6 containing 4.5 percent TKPP and 1.5 percent TSPP. Ten
7 rats were dosed by oral gavage with 5g/kg of dentifrice,
8 i.e., 225 mg/kg of TKPP and 75 mg/kg of TSPP. The rats
9 were monitored for 14 days without any signs of abnormal
10 gain or loss of weight and no anomalies at necropsy.

11 In the second experiment, a formulation was
12 used with 5 percent TSPP under a similarly designed
13 protocol. The outcome was similar, with no evidence of
14 toxicity prior to or at necropsy.

15 Oral mucosal irritation study in rats. This
16 experiment used a toothpaste containing 4.5 percent TKPP
17 and 1.5 percent TSPP applied to the oral mucosa of
18 Sprague-Dawley rats for a 28-day period. Clinical
19 monitoring during the experimental period and necropsy
20 results, including histopathological data from various
21 oral tissues showed no adverse effects on any of the
22 tissues.

1 Experiments with oral rinse formulations. A
2 combination of 3.2 percent pyrophosphate ion, 1 percent
3 copolymer and 0.24 percent sodium fluoride was tested in
4 a rat model for its ability to interfere with calculus
5 formation. The product was applied to 12 rats
6 topically, once a day, five days a week, for three
7 weeks. The test group exhibited reduced calculus scores
8 compared to a placebo group of 12 rats receiving
9 distilled water. The same formulation was also
10 effective in allowing the fluoride in the formulation to
11 exert an anticaries effect.

12 A formulation that included 1.3 percent
13 pyrophosphate ion, 1.5 percent copolymer and 0.24
14 percent sodium fluoride was also effective in reducing
15 calculus formation.

16 Human clinical trials. Mouthrinses containing
17 as little as 1 percent pyrophosphate ion, 0.25 percent
18 copolymer and 0.02 percent sodium fluoride have been
19 effective in inhibiting calculus formation in human
20 clinical trials. Three independent clinical trials
21 carried out under a similar experimental protocol,
22 demonstrate the clinical effectiveness of the combined

1 ingredients to inhibit calculus formation.

2 Study 1. Eighty-five subjects completed a
3 six-month clinical trial conducted as a double-blind,
4 parallel study to determine the effect of supragingival
5 calculus formation of a mouthrinse containing 1 percent
6 soluble pyrophosphate and 0.25 percent copolymer, as
7 compared to a placebo without these two ingredients.
8 All subjects received a prophylaxis at baseline and used
9 a fluoridated toothpaste for their twice daily oral
10 hygiene. Subjects rinsed for one minute right after
11 brushing. After six months, the calculus reduction by
12 the test rinse was 37.6 percent compared to the placebo.

13 Study 2. Seventy-six subjects completed a
14 three-month study with a similar design as that of Study
15 1 and the same test and control rinses. After three
16 months the test group demonstrated a 31.7 percent
17 reduction in calculus as compared to the control group.
18 No significant adverse effects were reported for either
19 rinse.

20 Study 3. This study was identical to Study 2, with
21 80 subjects completing the study. Calculus reduction in
22 the test group was 37.7 percent as compared to the

1 control group. No adverse effects were reported for
2 either the hard or soft tissues.

3 Thus, in three independent human clinical trials,
4 the combination of 1 percent pyrophosphate and 0.25
5 percent copolymer formulated as a rinse proved to be
6 safe and effective in reducing the rate of supragingival
7 calculus formation following an initial prophylaxis.

8 In conclusion, soluble pyrophosphate oral
9 rinses appear to be safe and are effective in
10 controlling the de novo formation of calculus on freshly
11 cleaned tooth surfaces. Since the studies were carried
12 out primarily for the purpose of controlling
13 supragingival calculus for cosmetic reasons, rather than
14 as an adjunct to controlling plaque and gingivitis, and
15 since no claims are made that could be construed as
16 drug-related claims, it is questionable whether
17 pyrophosphates used in this manner and at these
18 concentrations should be evaluated as drugs.

19 Note: The above review of pyrophosphate oral
20 rinse is based on the data submitted by Colgate for
21 soluble pyrophosphate dentifrice and soluble
22 pyrophosphate oral rinse.

1 CHAIRMAN GENCO: Thank you, Dr. Listgarten.
2 Any comments, questions from the panel? Lew?

3 MR. CANCRO: On the basis of this summary and
4 what I believe to be the intent of the manufacturer,
5 this is strictly a cosmetic effect, it's a cosmetic
6 product, and although I guess it's coming in under the
7 eligibility rule for foreign data, I don't see how it's
8 in the purview of this panel to really come to grips
9 with this. It's a cosmetic product, as you've
10 indicated, Max. So, I'm not sure where this goes, you
11 know. There is no therapeutic end benefit, there is no
12 vote needed in this domain and, hence, why are we doing
13 this?

14 CHAIRMAN GENCO: Actually, that's a question
15 that could be applied to all of these. This is for
16 information for the FDA. Maybe Bob could give us a
17 little bit more expanded explanation of what this is
18 intended to do for the FDA.

19 MR. CANCRO: Are you talking about the entire
20 review of these ingredients?

21 CHAIRMAN GENCO: Yes.

22 DR. SHERMAN: As I said at the previous

1 meeting, there's a proposal in the works that would
2 allow these ingredients that were marketed in other
3 countries to be considered in the OTC review. That
4 proposal isn't finalized, so at this point we don't know
5 whether these ingredients will be eligible. But while
6 the panel is meeting, we want the panel's expertise in
7 reviewing these ingredients if, in fact, at a time in
8 the future they are eligible, and that's basically all
9 we're doing. And we are having the panel review all the
10 ingredients that were submitted. If it is concluded
11 that this is, in fact, a cosmetic ingredient, then so be
12 it.

13 CHAIRMAN GENCO: Does that help?

14 MR. CANCRO: Well, not entirely because if a
15 manufacturer wanted to market these ingredients in the
16 United States today for the indication of preventing or
17 relieving supragingival calculus, they could. The
18 ingredient is safe. It does work. It has a cosmetic
19 effect. It doesn't need an eligibility rule to do that.
20 So, unless this is being submitted in the context of
21 some drug benefit, then I don't understand the need to
22 do this.

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1 DR. LISTGARTEN: I agree. I didn't feel,
2 after reviewing this, that this really belonged on this
3 panel, but since I was assigned to review it --

4 (Laughter.)

5 CHAIRMAN GENCO: I suppose there is a
6 possibility someone may submit it, Lew, for -- with a
7 drug claim, and I think this is almost preemptive.

8 MR. CANCRO: Thank you.

9 DR. SHERMAN: We can leave it just at that.

10 CHAIRMAN GENCO: Okay, thank you. Further
11 comments or questions on this thing?

12 (No response.)

13 Okay. The next is a review of chlorhexidine
14 digluconate by Sheila.

15 DR. McGUIRE-RIGGS: Chlorhexidine digluconate
16 is the active ingredient in two products, eludril and
17 elgydium. Chlorhexidine is bactericidal and effective
18 against Gram-positive, Gram-negative, and yeast
19 organisms. It inhibits plaque formation through a
20 combination of its antimicrobial activities and its
21 adsorption to surfaces in the oral cavity. Eludril is
22 a mouthrinse that contains 0.1 percent chlorhexidine.

1 Elgydium is a toothpaste with a 4mg per 100g
2 concentration.

3 Animal Safety Data. The unpublished
4 toxicological expert evaluation assessed the acute
5 toxicity of eludril in mice and rats and the local
6 tolerance of the preparation in rabbits. Symptomatology
7 and toxicity levels seen were due to the alcohol present
8 in the preparations. By virtue of the ocular tolerance
9 index and the primary cutaneous irritation index, the
10 preparations were deemed as non-irritants.

11 The unpublished animal safety studies on
12 elgydium covered similar areas of toxicity and
13 tolerance. The results were that there is low acute and
14 short-term toxicity, good local tolerance studied at the
15 cutaneous, buccal, dentary, ocular and gastric levels
16 and an absence of undesirable side effects. The
17 preparation also included amidopyrazoline gentisate, an
18 ingredient they later needed to remove.

19 In two published articles, animal toxicity
20 testing of the active ingredient was reported.
21 Concentration levels were not well identified but the
22 results were that no kind of tumorigenic effect was

1 found.

2 Human Safety Data. Two clinical appraisals
3 were conducted in 1978 on eludril. Both studies were
4 limited to populations of children with oro-pharyngeal
5 lesions. In addition to the limited population, the
6 tolerance and safety findings were limited as the main
7 goal of these reports was to show effectiveness of
8 eludril in children.

9 No human safety data for the finished product
10 elgydium was presented.

11 Several peer review articles reported on the
12 safety of the active ingredient. The evidence shows it
13 to be safe with no detrimental effects in man over a
14 two-year period other than mainly cosmetic side effects.
15 Poor absorption of chlorhexidine is a factor in its low
16 toxicity. Experiments indicated that mucosal and
17 gingival penetration is minimal, it is poorly absorbed
18 from the GI tract, and when swallowed it is almost
19 completely excreted in the feces and urinary tract.
20 There is some discussion that bacterial resistance to
21 chlorhexidine could occur. One study found a mutation
22 frequency of 0.014 percent when Salmonella typhimurium

1 was exposed to low concentrations of chlorhexidine.

2 Staining is the most common side effect when
3 using chlorhexidine products. This occurs mainly on the
4 teeth but also on the tongues of approximately 50
5 percent of the patients within several days. Rinsing in
6 the evening does decrease the amount of pigmentation.
7 Staining often requires professional removal. No
8 information on calculus formation was presented.

9 Efficacy Data. Most peer reviewed articles
10 included for consideration were for 0.2 percent
11 concentrations of chlorhexidine. However, Gjermo and
12 Hull showed marked decreases in plaque accumulation and
13 gingivitis with the use of 0.1 percent chlorhexidine.
14 One major concern appeared for the clinical trials
15 submitted for this review. The plaque and gingival
16 indices used to show effectiveness are scales that use
17 0, 1, 2, 3, and 4. Yet the analyses take the findings
18 to two places behind the decimal. This level of false
19 precision lead me to question the statistical
20 significance found in the intervention population vs.
21 the control population.

22 Conclusions. Chlorhexidine digluconate is

1 safe and effective in concentrations currently approved
2 by the FDA for prescription use. The foreign data
3 submitted in large part support the U.S. findings,
4 however, the studies presented do not conclusively
5 support the effectiveness of the low concentrations
6 found in the OTC preparations.

7 CHAIRMAN GENCO: Thank you. Any comments or
8 questions? Yes?

9 DR. LISTGARTEN: Could you elaborate on your
10 problem with the statistical analysis. Is it the fact
11 that you are using scores that are analyzed by
12 parametric statistics that's bothering you?

13 DR. MCGUIRE-RIGGS: Well, I believe they did
14 the appropriate statistics, but when they gave a mean
15 for the subjects, these were healthy subjects and the
16 scores were in the 0-1 range, so the clinical
17 significance bothered me. But also that they would --
18 I don't have the exact number with me, but the control
19 and the intervention populations should have stayed at
20 the scale number, or maybe one decimal. But when they
21 went to .78 or .787, they even went on some to three
22 decimals, it was just that false level of precision.

1 When they did the statistical significance, I believe if
2 they had stayed at that rounded up level, the
3 significance would not have appeared.

4 DR. LISTGARTEN: But there was nothing wrong
5 with the statistical analysis other than the fact that -
6 -

7 DR. McGUIRE-RIGGS: Correct.

8 CHAIRMAN GENCO: Sheila, you mentioned that
9 you are concerned about the concentration levels were
10 not identified. Are you concerned about the two
11 products that you talk about, eludril and the dentifrice
12 -- I don't see it here -- at any rate, the eludril is .1
13 percent and was that two clinical trials they did look
14 at the efficacy of eludril? So are you concerned that
15 the efficacy of .1 percent is not shown?

16 DR. McGUIRE-RIGGS: Correct, it's at the .1
17 percent, and particularly the toothpaste at 4mg per 100g
18 concentration just wasn't there.

19 CHAIRMAN GENCO: The efficacy.

20 DR. McGUIRE-RIGGS: The efficacy.

21 DR. LISTGARTEN: One other question, regarding
22 the toothpaste, did you see anything about the

1 availability of chlorhexidine in a toothpaste
2 formulation? I recall that one of the problems in
3 formulating chlorhexidine toothpaste was the fact that
4 chlorhexidine was neutralized by some of the other
5 ingredients. Have they solved that problem?

6 DR. McGUIRE-RIGGS: Well, the only thing they
7 discussed was that there was -- the toothpaste
8 preparation had the amidopyrazoline gentisate which they
9 had to take out, and they weren't very clear why that
10 was dangerous or whether it was because it neutralized
11 it or whether it was a dangerous ingredient to be in the
12 preparation.

13 CHAIRMAN GENCO: Further comments? Questions?

14 (No response.)

15 So the concerns from the foreign data were
16 efficacy at the lower concentration than the .12 which
17 is used in the U.S. and approved for prescription.

18 DR. McGUIRE-RIGGS: Correct. The data was all
19 very old, and I would suggest that they do some more
20 recent work and really do a sample size big enough to
21 show the effectiveness.

22 CHAIRMAN GENCO: And the second concern is for

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1 the formulation of the toothpaste. Bill?

2 DR. BOWEN: Not only the formulation, Bob, but
3 4mg per 100g is a negligible amount in there, it's not
4 even .0001 percent, it's even less than that.

5 CHAIRMAN GENCO: Okay. Further comments or
6 questions?

7 (No response.)

8 All right. Thank you very much.

9 Let's proceed on to the next material in the
10 foreign market ingredient, unsaponifiable fraction of
11 corn oil, and Christine will present this.

12 DR. WU: Insadol is a product developed in
13 France for the treatment of periodontal disease and
14 gingivitis. It has been marketed in France as well as
15 29 other countries since 1961. It has not been marketed
16 in the United States at any time. The titrated extract
17 of the unsaponifiable fraction of corn oil -- from here
18 on abbreviated as USFCO -- is the active ingredient
19 present in Insadol.

20 USFCO is supplied in two forms as a systemic
21 agent for the treatment of periodontitis: one form is
22 a drinkable solution which is an anis-flavored, 95

1 percent ethyl alcohol preparation containing 2.5 percent
2 of the USFCO. Another formulation is in a sugar-coated
3 tablet containing 0.035 g of USFCO. The drinkable
4 solution is used at the dose of one teaspoon diluted in
5 a glass of water to be taken before lunch. The sugar-
6 coated tablets are prescribed at six tablets per day
7 during the initial treatment month, and the maintenance
8 treatment is three tablets or half a teaspoon of the
9 solution per day for two additional months or more.

10 As presented in Exhibit 18, the USFCO fraction
11 contains, one, an unsaturated hydrogen carbide,
12 squalene, 1 to 2 percent, and traces of saturated
13 hydrocarbons; two, some carotene at 0.1 percent, and
14 some alpha, beta, gamma tocopherols at 1 percent; three,
15 50 to 70 percent phytosterols at 80 percent sitosterols,
16 10-20 percent stigmasterols, and less than 5 percent
17 ergosterols, and some sterols of yet undetermined
18 nature; and, four, some substances endowed with
19 estrogen, androgen, and gonadotropic activity.

20 Safety. The acute toxicity of Insadol raw
21 material, USFCO, in rats and mice was very low, >5g/kg
22 for rats, 10g/kg for mice, 4,000 times the human

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1 therapeutic dose. Values for LD₅₀ were not given.
2 Subacute toxicity was tested in mice and rats for one
3 month at concentrations of 100 mg/kg and 250 mg/kg
4 respectively. No treatment related mortality was
5 observed. Autopsy showed no macroscopic lesions of the
6 principal organs examined.

7 When administered subchronically and
8 chronically, no signs of toxicity were observed in mice
9 up to 50 mg/kg/day for three months; in rabbits up to
10 150 mg/kg/day for three months; in rats up to 2500
11 mg/kg/day for six months; and in dogs up to 1000
12 mg/kg/day for six months. The material is not
13 teratogenic in rabbits at 50 mg/kg/day, rats at
14 50/mg/kg/day, or mice at 50/mg/kg/day. It did not
15 affect liver or kidney function in rats at doses up to
16 150 mg/kg/day for six months. It did not affect calcium
17 or phosphate metabolism in rat liver in doses of 100
18 mg/kg/day for 40 days.

19 The human exposure to USFCO in the systemic
20 Insadol product has been estimated to be 4 mg/kg/day.
21 Comparing the USFCO doses tested in animal safety
22 studies with the human doses expected from use of a

1 USFCO containing toothpaste, the safety data appeared to
2 support the use of USFCO at a significantly higher level
3 than that currently present in the Pyoralene toothpaste.

4 No mutagenicity or oncogenicity studies were
5 conducted. No testing was performed regarding skin, eye
6 and mucosal irritation.

7 Human Safety. Although USFCO containing
8 products, Insadol, has been used in humans in France as
9 a systemic agent for the improvement of periodontal
10 health, no specific human safety studies have been
11 documented in the submission. As presented in Volume 1
12 submission, from 1961 to 1984, 1259 patients enrolled in
13 various clinical studies using Insadol products and only
14 five patients reported side effects. Two side effects
15 for the product were reported between 1984 to 1990. As
16 for the USFCO containing Pyoralene toothpaste, which has
17 been marketed in France since 1974, no adverse effects
18 have been reported or received. However, no
19 documentation was provided as to how any of this data
20 was collected and tabulated.

21 Efficacy. As stated in the cover letter dated
22 June 14, 1991, the Amer and Company requested only the

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1 safety and efficacy of the topically applied toothpaste
2 to be evaluated. In the submission, only two clinical
3 studies were performed to evaluate toothpastes
4 containing USFCO. One was a two-month double-blind
5 trial in 1972 of a gingival paste containing USFCO,
6 Exhibit 32. The study was poorly designed. No
7 information was given as to the placebo and the active
8 ingredient and formulation of the test gingival paste.
9 The inclusion/exclusion criteria for patient selection
10 were not described. No microbiological study was done.
11 The data obtained demonstrated no statistically
12 significant differences in reduction of plaque/gingival
13 index between the treatment and the placebo group.

14 The second study performed in 1987, Exhibit
15 33, was a two-month double-blind evaluation of a 1
16 percent UNISAP-V active ingredient toothpaste versus a
17 placebo. The active ingredient present in this paste
18 was not specified and the chemical formulation of the
19 test paste and placebo were not given. It was not clear
20 if the 1 percent UNISAP-V paste used in this study was
21 identical to the marketed product, Pyoralene toothpaste.
22 In addition to the plaque and gingival index, bleeding

1 on probing, calculus and stain reduction were monitored.
2 Even though the means of plaque and gingivitis scores
3 were provided in the report, it was not possible to
4 perform accurate statistical analyses of the data.
5 Based on the mean values given, there appeared to be no
6 significant differences in plaque/gingivitis reduction
7 between the treatment and placebo groups. It was stated
8 in the summary of this study, page 14, Exhibit 33, that
9 "additional evaluation of the active ingredient at
10 higher level needs to be performed and that future study
11 with longer duration than two months is warranted". No
12 microbiological studies were performed regarding the
13 effect of test paste on oral microflora.

14 Conclusion. A majority of the safety and
15 efficacy data submitted for the review was more than 20
16 years old, and most of these were related to the product
17 Insadol. No additional data since 1981 has been
18 provided.

19 As provided in the exhibit, USFCO is a mixture
20 of a variety of components including vitamins, sterols,
21 estrogens and other non-identified substances. Although
22 it was stated that, in Volume 1, page 10, the USFCO was

1 standardized to assure reproducibility from batch-to-
2 batch, no data was provided regarding the procedures
3 used for chemical and physical characterization of the
4 material. The modes of action of USFCO have not been
5 clearly elucidated. Whether it poses antimicrobial
6 activity is not known. It was stated in Exhibit 19, in
7 1967 by Laboratories Laroche Navarron, that "the
8 therapeutic action of USFCO cannot be explained by its
9 unknown constituents, but is possible that what is
10 useful is not one special constituent but a synergy".
11 Its possible anti-inflammatory activity has been
12 suggested.

13 As stated in the submission materials, Insadol
14 is used in France as a systemic agent for the treatment
15 of periodontal disease. It is not clear as to whether
16 USFCO should be classified as a therapeutic drug or food
17 supplement. In either case, it is not the
18 responsibility nor the function of the Subcommittee to
19 review safety/efficacy data for these types of products.

20 Although the available animal safety data
21 seemed to be support the use of USFCO at a significantly
22 higher level than that currently present in the

1 Pyoralene toothpaste, additional safety studies need to
2 be performed to substantiate the safe use of a
3 toothpaste containing USFCO in human.

4 Data obtained from the two clinical trials in
5 1972 and 1987 were inadequate and did not provide
6 sufficient evidence to substantiate any anti-
7 plaque/gingivitis efficacy of the USFCO or the topically
8 applied toothpaste containing such ingredient.

9 CHAIRMAN GENCO: Thank you, Christine. Any
10 comments, questions?

11 (No response.)

12 Okay. I hope that was useful.

13 We will go to Bromchlorophene. Gene Savitt
14 will present this.

15 DR. SAVITT: Bromchlorophene has been marketed
16 in Europe, South America, Asia and Australia since 1960.
17 The ingredient is marketed in both toothpastes and
18 mouthrinses at concentrations up to 0.5 percent. The
19 submitted documents commonly described bromchlorophene
20 as a preservative.

21 Safety. Most of the limited documentation
22 concerned safety testing. These tests included several

1 LD₅₀ studies examining lethal concentrations using a
2 variety of administration techniques. The LD₅₀ results
3 indicated that the concentration of bromchlorophene
4 showed lethal doses at 8 g/kg orally -- this is rats --
5 10 g/kg percutaneously, and 500 mg/kg intraperitoneally.

6 Acute toxicity studies showed no toxic effects
7 below 250 mg/kg administered orally. Above these
8 levels, toxic symptoms included sedation, lethargy,
9 dyspnea and ataxia.

10 Short-term inhalation toxicity study showed
11 only minor and reversible effects.

12 Draize test study in rabbits displayed minimal
13 conjunctival reactions, and only slightly greater skin
14 irritation at a concentration of 50 percent w/v.

15 No human phototoxic effects on skin were found
16 using a 2 percent bromchlorophene solution dissolved in
17 alcohol.

18 An Ames test found no mutagenic effect.

19 The submitted absorption and excretion study
20 showed bromchlorophene is concentrated in the liver when
21 administered orally and is excreted after 24 hours.

22 The safety tests appeared to be routine and

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1 appropriately conducted. Numbers of test subjects
2 appeared to be similar to other safety studies examining
3 other products. While additional and more extensive
4 safety testing might be necessary following a review by
5 a qualified toxicologist, the safety studies appeared in
6 keeping with products considered safe as previously
7 reviewed by this committee.

8 There were three studies that examined
9 efficacy. All three studies had significant flaws
10 making interpretation difficult or impossible.

11 One study of ten weeks duration divided 110
12 children into four groups; two test and two control
13 groups. One test and one control group had orthodontic
14 treatment while the other two groups did not. The test
15 groups received a paste with 0.05 percent
16 bromchlorophene. The control groups received a paste
17 without the bromchlorophene. None of the pastes
18 contained fluoride. The precise formulation of the
19 pastes were not described. Gingivitis was assessed
20 using the PMA gingival index. Plaque levels were
21 measured using an oral hygiene index with disclosing
22 solution. No data other than final percentages of

1 gingivitis and plaque reduction were given. No
2 statistical analysis was offered nor were standard
3 deviation and other basic information available.

4 The authors suggested that the group receiving
5 the test paste undergoing orthodontic treatment showed
6 noticeable improvement in gingivitis -- 76 percent of
7 subjects had reduced gingivitis -- compared with the
8 control orthodontic group -- 40 percent of subjects
9 showed reduction in gingivitis. The non-orthodontically
10 treated groups also showed gingivitis reduction -- 64
11 percent of test subjects had less gingivitis compared to
12 52 percent of control subjects. However, without proper
13 data presentation and statistical analysis as well as
14 much more extensive description of methods, no firm
15 conclusions could be reached. It is also unclear
16 whether a non-fluoride paste would be appropriate and
17 acceptable for introduction into the United States.

18 The next efficacy study examined
19 bromchlorophene at 0.05 percent, combined with an anti-
20 inflammatory agent, allantoin at 0.2 percent, plant
21 extracts and alcohol. There were many confusing and
22 poorly described aspects to this study. For example, no

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1 numbers were presented. It was unclear how many
2 subjects were even in the study. Methods were
3 inconsistent. The rinse was apparently administered
4 both as a spray and as a rinse at varying frequencies
5 using vaguely described criteria. No measurements were
6 taken or at least not described. Concentrations of
7 ingredients were unknown or not listed. No controls
8 appear to have been used. As a result, no
9 interpretation of the experiment is appropriate. A side
10 study of light microscopic stained smears was also
11 poorly described and the authors concluded that the
12 number of samples were too small to permit
13 interpretation.

14 The final efficacy study examined the effect
15 of a paste with monofluorophosphate combined with
16 bromchlorophene compared to a paste without either
17 ingredient. Concentrations of test ingredients were not
18 given. The study was conducted on 1245 children over
19 two years and examined decayed, missing teeth and filled
20 surfaces as a measure of efficacy. Since the control
21 paste did not contain either fluoride or
22 bromchlorophene, the study conclusions that indicated a

1 significant reduction in DFMS scores for the test group
2 provides only additional data to the already extensive
3 pool of information on the anticaries effects of
4 fluoride. It is impossible to determine whether the
5 addition of bromchlorophene had any effects on caries
6 from the data presented.

7 The efficacy tests on bromchlorophene were
8 inadequate to suggest any value for the ingredient.
9 There were no properly controlled or accurately
10 described studies to indicate positively or negatively
11 if bromchlorophene is a potentially useful drug in the
12 treatment of caries or periodontal diseases.

13 CHAIRMAN GENCO: Thank you very much, Dr.
14 Savitt. Any comments or questions? Yes, Lew?

15 MR. CANCRO: I would like to ask the FDA
16 advisors with us today about the procedural aspects of
17 this aspect of the review. Summaries have been written
18 on the ingredients. Their eligibility will be declared
19 at some point by the FDA and, consequently, what
20 happens, are the panel members polled retrospectively?
21 Does it go to NDAC if the ingredient is found to be
22 eligible? And if eligible, can it be marketed in this

1 country while the manufacturers are pursuing sufficient
2 evidence to establish efficacy? I'd like some
3 procedural understanding of this.

4 MS. KATZ: I'm not sure at this point I can
5 really give you a comment to all the questions that
6 you're asking. Part of the reason for that is that this
7 gets tied into the foreign marketing and that at this
8 point in time there is no official policy from the
9 Agency. So, as to how this information will be used and
10 whether or not it will formally come back again, whether
11 the panel will be reconvened, whether there will be
12 another panel that will address these issues in the
13 future, I can't answer for you.

14 The reason, again, why it was brought to you
15 at this point in time was just to get sort of a feeling
16 as to some of the requests that we have received, just
17 to kind of, in a sense in our own minds, think of ways
18 that we might be able to categorize or not categorize
19 them. This was purely informational only and was not
20 intended to go into the document that is being worked on
21 at this point in time. And, again, as to how the Agency
22 will deal with this, that will remain to be seen.

1 MR. CANCRO: So these reports will not become
2 part of the advance Notice of Proposed Rulemaking?

3 MS. KATZ: No, it will not. It will be a part
4 of the transcript, but that's as far as it will go at
5 this point in time.

6 CHAIRMAN GENCO: Would you come up to the
7 microphone, please, and identify yourself for the
8 record.

9 DR. OKARMA: I'm Paul Okarma, Colgate-
10 Palmolive Company. Sometimes I'm clueless as far as
11 what's going on. And we were discussing this morning
12 these submissions in the broad context of foreign
13 marketing data and, as Professor Listgarten was reading
14 the soluble pyrophosphate submission, I was wondering,
15 boy, I wonder who submitted that, that sounds a lot like
16 our data.

17 Well, that was our data, and that was data --
18 what's even worse is that was a submission I wrote in
19 1991. So that was our data and, as Lew pointed out,
20 that product is marketed -- both those products, the
21 rinse and the toothpaste, are marketed in the United
22 States, both the tartar control rinse and the tartar

1 control toothpaste. So, that submission, the soluble
2 pyrophosphate submission, we request be taken out of any
3 discussion of foreign marketing data and perhaps
4 included in the panel report in a separate section on
5 perhaps something titled Panel Review of Submissions
6 Which the Panel Have Determined Are Cosmetic In Nature,
7 that being supragingival calculus. Thank you, Mr.
8 Chairman.

9 CHAIRMAN GENCO: I guess we're going to have
10 to look into that, but it appears that we decided, it
11 seems years ago -- might even have been decades -- that
12 we wouldn't deal with cosmetic claims. But we'll have
13 to look into that. I will take your comment under
14 advisement.

15 DR. OKARMA: Thank you, Mr. Chairman.

16 DR. SAVITT: Just a note of clarification.
17 Many years ago the question was presented to us whether
18 calculus should be considered -- or anti-calculus claim
19 -- should be considered drug versus cosmetic, and I
20 suspect that when the original request for information
21 went out that since we hadn't met, we hadn't decided on
22 this, that calculus was still a possible drug claim.

1 CHAIRMAN GENCO: I think that accurately
2 describes the history.

3 DR. OKARMA: The Federal Register Notice in
4 September of 1990 listed this as a call for data for
5 plaque and plaque-related claims, and then parenthetical
6 after that, as one of the other example claims, was
7 listed tartar, and that's the reason we did submit the
8 pyrophosphate information on tartar. Thank you, Mr.
9 Chairman.

10 CHAIRMAN GENCO: Thank you. Further comments,
11 questions?

12 (No response.)

13 I'd like to thank Rhonda for cranking up the
14 air conditioner. The temperature in here is now 47.5
15 degrees F., which is appropriate for that last
16 discussion. I notice that nobody fell asleep.

17 (Laughter.)

18 Well, we're ahead of time, and in fairness to
19 Dr. Soller and others who are going to present at one
20 o'clock, what we'll do is break now and then resume our
21 open discussion, open public hearing, on the final
22 formulation testing with Dr. Soller and Dr. Barnett. So

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1 we'll see you back here at one o'clock. Thank you very
2 much.

3 (Whereupon, at 11:40 a.m., the luncheon recess
4 was taken.)

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AFTERNOON SESSION

(1:00 p.m.)

CHAIRMAN GENCO: We're going to discuss final formulation testing this afternoon, and we'll have two presentations, the first by Dr. William Soller, who is Senior Vice President, NDMA, and he's going to present some material on final formulation testing under the OTC review process. Dr. Soller.

DR. SOLLER: Thank you, Dr. Genco. Dr. Genco, members of the subcommittee, it's a pleasure to be here. I'm Dr. Bill Soller, Senior Vice President and Director of Science and Technology for the NonPrescription Drug Manufacturers Association, and I'm here representing the NDMA and CTFA, Cosmetic, Toiletry, and Fragrance Association, Joint Oral Care Task Group, and we'd like to share our views on final formulation testing under the OTC review. And I understand our comments were sent to you last week, and you received those. I'll be summarizing those comments. And I've also had the overheads that I'll be using today handed out to you.

At the last subcommittee meeting, the request that we understand to companies from the subcommittee

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1 was to provide recommendations for performance testing
2 on those Category I ingredients recommended for anti-
3 plaque and anti-gingivitis use. And that was to ensure
4 that a different formulation that might be made by a
5 different manufacturer, a different formulation than the
6 one reviewed by the subcommittee, will have a
7 "reasonable expectation of effectiveness" of the type
8 claimed, and these words taken from the definition of
9 "effectiveness" within the OTC review.

10 So our comments are in four parts. Some
11 background comments on the purpose of the OTC review; by
12 way of providing the foundation for a description of
13 FDA's interrelated system for assuring OTC product
14 quality; and then I will have short comments on elements
15 of final formulation testing, what other panels
16 considered conceptually as they made these sorts of
17 ingredient-by-ingredient decisions; and then our
18 recommendations.

19 Now, in the OTC area, there are two routes to
20 market -- the OTC NDA, or new drug application route,
21 and the OTC monograph or the OTC review route that was
22 started in 1972.

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1 The OTC NDA route requires that every product
2 that has a new drug application must have preapproval by
3 FDA prior to marketing. That is not the case for
4 ingredients that are in products that are marketed
5 pursuant to the OTC review. And the reason for that is
6 that in 1972 when FDA initiated the OTC review, there
7 were some 150,000 different product types and sizes on
8 the market. And for FDA to then have to do an approval
9 on each and every one of those product types and sizes
10 would simply have been a massive and incomprehensible
11 task. And as a result, FDA created an active ingredient
12 review, and they set in place several checks and
13 balances that would ensure that an OTC product that was
14 marketed pursuant to the OTC review could be marketed
15 without preapproval.

16 Now, this means that any manufacturer which
17 complies with FDA's "rules of the road" for packaging,
18 labeling, and manufacturing can pick an ingredient from
19 FDA's list of accepted Category I ingredients that
20 appear in final monographs, and can go to market without
21 a formal preapproval from FDA. It doesn't mean that the
22 product is not appropriately tested, and that's what I'm

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1 here to talk to you about. But this system that I'll
2 describe is a very efficient system. It's a very
3 successful system that has 25 years experience, and it
4 is actually pro-consumer because it fosters market
5 competition.

6 So the purpose of the OTC, the OTC monographs,
7 is to define, as needed -- those are key words, "as
8 needed" -- the appropriate level of specifications for
9 final formulation testing so that there is a reasonable
10 expectation that the product produced by the
11 manufacturer is substantially comparable to the
12 formulation that was reviewed by the OTC Advisory Panel
13 in creating the final monograph. And I should say that
14 whether it is NDA or monograph, that both system create
15 products that are essentially comparable in terms of
16 their safety, their effectiveness, and their quality, as
17 they are marketed on the over-the-counter marketplace.

18 Now, you should know that there is a very
19 solid foundation of extensive testing of OTC final
20 formulations, whether they are NDA or monograph, and
21 this occurs through FDA's interrelated system for
22 assuring product quality.

1 So the question really before you today is
2 what, if any -- key words, "if any" -- additional tests
3 are needed over and above this established system that
4 is used for products that are marketed pursuant to the
5 OTC review.

6 This is a schematic showing FDA's interrelated
7 system for assuring product quality. This system is
8 essentially an interconnected matrix of checks and
9 balances that assures that any manufacturer at this end
10 down here can produce a safe, effective, and quality
11 product that is substantially comparable to the original
12 formulation reviewed by the FDA Advisory Committee and
13 used in its deliberation to create the final monograph.
14 For example, if you look at stannous fluoride, and I'll
15 comment on this later, but you looked at that original
16 formulation, you reviewed it, and you looked at the
17 clinicals, and you're basing that information to create
18 the proposed monograph. After a final monograph is
19 created, then any manufacturer using this interrelated
20 system would then be able to market a safe, effective,
21 and quality product. And what we'll talk about are these
22 different components -- the OTC monographs, the United

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1 States Pharmacopeia National Formulary Monographs,
2 current good manufacturing practices -- abbreviated
3 cGMPs -- and then what I call the "SALT Treaty", FDA's
4 inspectional authority, trust but verify. Let's take
5 these one at a time.

6 The OTC monographs. All actives must meet
7 USP/NF monograph specifications as part of FDA's system
8 for final monographs. And I haven't included here the
9 specifications that have to do with labeling, the dosage
10 and amount for dosage unit, and those sorts of
11 considerations that you've gone through, I'm talking
12 more about the technical aspects of the monograph, and
13 we'll talk in a moment about the USP/NF.

14 But in addition, various panels have looked at
15 their specific ingredients within various categories and
16 stated that there should be certain additional final
17 formulation testing. Now, as you look across all these
18 monographs, these final formulation specifications vary
19 and they are case-specific. For example, there is no
20 specification in the cough/cold monograph -- that was
21 really the panel report in the proposed monograph --
22 that pseudoephedrine or dextromethorphan or

1 chlorocopyrimin or any of these cough/cold products
2 should have any additional final formulation testing.
3 The USP monograph that was set up required certain
4 dissolution testing and identity and assay requirements
5 that I'll show you in a moment, that are used for
6 various physiochemical characterizations of the
7 ingredients.

8 But if we were to take aspirin, the panel on
9 internal analgesics stated that there should be a
10 disintegration/dissolution test that should be set up in
11 USP and used as a requirement for a Category I
12 ingredient to be marketed in a product that was in
13 conformance with the OTC review. So the panel report
14 stipulated that the aspirin, acetaminophen as well and
15 other salicylates, must meet the USP
16 disintegration/dissolution for solid dosage forms.

17 The antacid panel, which was the first to
18 complete its report, created an acid-neutralizing
19 capacity test which was then modified and adopted by
20 USP, but here again it's an additional piece of final
21 formulation that goes over and above the USP monographs.

22 And for fluoride, the oral care panel

1 specified that there needed to be certain additional in
2 vitro and in vivo tests. For fluoride, it is either the
3 enamel solubility reduction test or the fluoride uptake
4 by enamel, either one of those in vitro, plus an in vivo
5 rat caries model that would be looked at. But I will
6 tell you that there are also ophthalmic emollients, et
7 cetera, that would be perhaps up in this part of the
8 list where there is no additional final formulation
9 testing.

10 So, again, back to that original question that
11 I showed in the earlier slide. The question is, what,
12 if any, additional final formulation testing is needed
13 for these particular ingredients?

14 Now, the second component -- we looked at the
15 OTC monographs -- are the USP, United States
16 Pharmacopeia National Formulary monographs, that provide
17 requirements for strength, quality, purity, identity and
18 potency of both raw materials and finished dosage forms
19 across a host of different types of tests from identity,
20 content uniformity, assay, pH, specific gravity,
21 disintegration, dissolution, packaging, storage,
22 reference standards, the whole gamut, and this is not a

1 totally inclusive list, there are many other tests that
2 were required, but they are there ingredient-specific.
3 And in fact, if you were to look at the identity and the
4 requirements for the percent that's allowed, you might
5 see for pseudoephedrine 97-102 percent, somewhere in
6 that range -- don't quote me exactly on those figures;
7 for aspirin 95-105; certain other ingredients 95-115 --
8 all to very formulation-specific tests that were created
9 between USP and the manufacturers and USP's Revision
10 Committee and its equivalent of the Federal Register for
11 public comment, the Pharmacopeial Forum, to create very
12 ingredient-specific standards that would be applied and
13 therefore are linked to the OTC monographs.

14 The third component -- the OTC monographs, the
15 USP monographs -- and now current Good Manufacturing
16 Practices, or cGMPs, under 330.1(a) of the Code of
17 Federal Regulations, all OTC drugs marketed pursuant to
18 the OTC review must be manufactured per current Good
19 Manufacturing Practices.

20 These cGMPs and their companion guidance and
21 guidelines cover all aspects of manufacturing, packaging
22 labeling, from storage and handling of raw materials to

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1 production and process controls, analytical testing,
2 specifications for facilities, records, consumer
3 reports, and the list goes on. Truly, if you saw the
4 full stack of guidances that are associated here, it is
5 absolutely daunting the number of specifications and
6 tests that manufacturers typically go through to produce
7 a quality product in the U.S. pharmaceutical
8 distribution system.

9 And then the SALT Treaty, FDA's inspection
10 authority, which is "we trust that you're going to do
11 it, but we want to verify that, in fact, you're going to
12 do it". Under Section 704 of the Food, Drug and
13 Cosmetic Act, FDA at reasonable times and in a
14 reasonable manner and within reasonable limits, may
15 enter a facility or a vehicle that's being used to
16 hold/transport, drugs, devices, foods, or cosmetics.
17 They can look at records, and typically inspectors look
18 at records to determine that an OTC drug that is being
19 marketed pursuant, for example, to the OTC review, is
20 being produced in a manner that is consistent with the
21 OTC monographs and the USP/NF monographs as well, as
22 well as current Good Manufacturing Practices.

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1 So, back to our schematic here, here is the
2 original formulation -- I used stannous fluoride earlier
3 -- being reviewed by the FDA Advisory Committee and
4 creating a proposed monograph that eventually will be a
5 final monograph, having to comply with USP/NF monograph,
6 and certainly current Good Manufacturing Practices.
7 I've listed here the types of tests. Of course, the
8 first three here are related to labeling, the USP
9 monograph requirement I just mentioned, and whatever
10 additional in vitro or in vivo formulation testing, if
11 any, that might be required. Physiochemical testing,
12 principally over on the USP/NF monograph side, and then
13 the analytical and process controls for manufacturing
14 and packaging, creating this interrelated matrix for a
15 very solid, efficient, and successful system for
16 producing high quality products. And, again, the SALT
17 Treaty-FDA inspections to allow any manufacturer, after
18 a final monograph, to pick from the list of Category I,
19 anti-platelet, anti-gingivitis products that you are
20 creating, and create a product that is substantially
21 comparable to that original formulation.

22 Now, as these various panels considered how

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1 are we going to think about final formulation testing --
2 the basic principle is really ingredient-by-ingredient
3 and let's think about what the specific formulation
4 differences are because, truly, one chemical is not like
5 another necessarily when you now get it into a
6 formulation mode, but there were also three additional
7 principles of strength, availability and activity.
8 Strength or concentration, for example, if it's a
9 liquid, does the final dosage form meet the
10 specifications of the USP and OTC monographs?

11 In terms of availability, if it's there in
12 terms of the amount that you say it is in the tablet, is
13 it available?

14 What additional tests, if any, are needed to
15 ensure a reasonable expectation of availability? And
16 the same question in terms of a reasonable expectation
17 of activity.

18 Now, pulling this together with some examples,
19 if we were to think about an ophthalmic emollient, for
20 example, just defining that it's there and in terms of
21 its concentration is pretty much what that USP monograph
22 looks at. But if you were thinking now in terms of

1 availability -- take aspirin in the
2 disintegration/dissolution test in terms of
3 demonstrating that, in fact, you were able to pick up
4 aspirin from the fluid once, in the paddle test, it has
5 been disintegrated and actually the pieces have
6 dissolved.

7 And then in terms of activity for that
8 aspirin, there is not a requirement for
9 bioavailability/bioequivalent study because of what is
10 known by the formulation when it behaves in a certain
11 way in that in vitro disintegration/dissolution test, so
12 no human additional testing.

13 But let's take antacid, which is a nuance
14 where you have the acid neutralizing capacity test so
15 that the antacid needs to dissolve in order to
16 neutralize the acid, but by demonstrating the pH change,
17 you are also demonstrating activity, and that's a
18 surrogate for what happens in the stomach.

19 And if we were then to look at fluoride, of
20 course, it's a requirement for an anticaries product to
21 state the amount of available fluoride on the label, so
22 that needs to be tested, and fluoride ion is a part of

1 the requirement for the USP monograph on, for example,
2 stannous fluoride.

3 In terms of activity, the panel stated, yeah,
4 we need to do a little bit more in this particular case.
5 We want to have the enamel solubility reduction test.
6 We want to have fluoride uptake by enamel, and do one of
7 those two in vitro and, in addition, we want an in vivo
8 rat caries. So there we have the availability and the
9 activity, but in no case, at least that I'm aware of to
10 date, has there been a requirement for a specific human
11 clinical trial, just by way of historical note here.

12 So, by way of summarizing, we have these four
13 components, the monographs and the cGMPs and the FDA
14 inspection, that create this interrelated system that
15 does not create a barrier to commerce. It defines an
16 efficient and predictable means to produce quality
17 products at reasonable costs. And what has been done by
18 panels in the past is to take a case-by-case approach
19 using strength, availability and activity as the
20 conceptual parameters to define the scope and extent of
21 additional specifications for final formulation testing,
22 if any, in OTC monographs.

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1 So, our recommendations, final formulation
2 testing for products under the monographs should be
3 considered on an ingredient-by-ingredient, weight-of-
4 the-evidence basis, for each active ingredient or
5 combination of ingredients, from in vitro to in vivo
6 studies, e.g., ranging from animal to human clinical
7 testing, if any.

8 Now, you've probably figured out that this
9 task group hasn't always had a consistent view, and
10 we've had majority-minority views. I can tell you that
11 it is, in some sense, mixed here, and that is the
12 schematic that I showed you in terms of how panels have
13 approached this particular issue, there is no question
14 that the industry feels very strongly that there has
15 been a pattern established, and very good and workable
16 one, through the monograph system to review it in the
17 conceptual framework that I just gave you.

18 The companies believe -- and maybe we could
19 have that last slide -- and we worked hard on this
20 wording -- is that it should be ingredient-by-
21 ingredient, and it might range from in vitro to in vivo
22 studies, ranging from animal to human clinicals, if any.

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1 And the reason that it's important to consider
2 this on an ingredient-by-ingredient basis is that these
3 companies have extensive experience with the
4 formulations, and they can provide you with the ins and
5 outs and the heartaches and the successes with the
6 particular formulations.

7 But let's look at the three ingredients that
8 you've recommended for Category I status -- stannous
9 fluoride, CPC, and the fixed combination. And just by
10 way of comment to emphasize the point as to why they
11 should be considered on an ingredient-by-ingredient
12 basis and why also as you do this to consider what the
13 companies have to say about their particular products,
14 CPC and the fixed combination are not used for caries
15 prevention, they don't have fluoride in them. Stannous
16 fluoride is.

17 Now, consider stannous fluoride. If we were
18 to look at the USP monograph, for example, for stannous
19 fluoride, you would see that here it contains not less
20 than 71 percent of stannous, not less than 22 percent,
21 more than 25 for fluoride, and then it goes through and
22 I believe down here there's an assay for stannous ion

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1 and a requirement, for example, for assay of fluoride
2 and also assay for stannous ion content.

3 My only point for bringing this up is that I
4 have mentioned that in the caries monograph, there is a
5 requirement for fluoride containing active ingredients
6 to have not only a requirement for the USP monograph and
7 meet those, but also to have in vitro testing in terms
8 of enamel, solubility reduction, or chloride uptake by
9 enamel, one of those two, plus an in vivo rat caries
10 model.

11 Now, if fluoride is important for the anti-
12 plaque/anti-gingivitis, or the anti-gingivitis effect
13 rather, or stannous fluoride, or stannous ion is
14 important, probably it's a mix of two and there's a lot
15 of emphasis that the stannous ion is important. Well,
16 here is a monograph that specifies the stannous ion
17 content. Maybe, for example, the additional point here
18 is to specify a tighter limit for stannous ion. But
19 given that you have, just by way of example, a stannous
20 fluoride ingredient that now has a substantial amount of
21 final formulation testing already applied to it, the
22 question I would have, in order to ensure that you have

1 a robust quality product, truly, how much more do you
2 need to go? And I'm not going to answer that question,
3 but what I'm trying to leave you with is the need to
4 recognize that these ingredients are different. They
5 are handled differently. We've got liquid formulations.
6 We've got semi-solids. We've got a different historical
7 base in terms of what the final formulation testing is,
8 and that it is appropriate to listen to the companies in
9 terms of what their experience is on these specific
10 formulations. Thank you very much.

11 CHAIRMAN GENCO: Thank you, Dr. Soller. Are
12 there any comments or questions of Dr. Soller from the
13 panel? Bill?

14 DR. BOWEN: Dr. Soller, could you elaborate on
15 what you mean by weight of the evidence basis?

16 DR. SOLLER: I will, and I think some of the
17 things that I was trying to get at at the end where you
18 have a fair amount of additional final formulation
19 testing -- I'm answering your question by way of example
20 -- with stannous fluoride, where you have this in vitro,
21 you've got an in vivo, you've got USP specifications for
22 stannous ion and for fluoride ion, you have to label for

1 fluoride ion, and you have considerable amount of final
2 formulation testing that's going on there, that doesn't
3 go on, for example, through CPC. And given that weight,
4 what more do you truly need in terms of trying to define
5 a robust quality product? And you might make a
6 different decision depending upon which of these three
7 ingredients that you're looking at.

8 And I will add that if there are Category III
9 ingredients, it is quite possible that the kind of
10 formulation testing that might be done on those in the
11 future, as might be put through the review and comment
12 procedure as we get to a final monograph, might be
13 different than what you've come up with today for these
14 other three ingredients. So, I'm really getting at a
15 case-by-case. You might have more than one test, and
16 you might say, okay, this isn't a human clinical trial
17 as we looked at to begin with, but I've got enough
18 information here to be able to say that I have a
19 reasonable expectation that the product that will be
20 produced by this manufacturer will be substantially
21 comparable to the one I reviewed in creating this
22 particular -- I, Dr. Bowen reviewed -- in creating this

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1 final monograph.

2 CHAIRMAN GENCO: Further comments, questions?

3 (No response.)

4 Thank you very much.

5 DR. SOLLER: Thank you.

6 CHAIRMAN GENCO: I'll ask Dr. Mike Barnett now
7 to come up, from Warner-Lambert, and he's going to
8 discuss final formulation testing for mouthrinses
9 containing the fixed combination of four essential oils.

10 DR. BARNETT: Thank you very much, Dr. Genco.
11 For the record, my name is Dr. Michael Barnett, and I am
12 Senior Director of Dental Affairs, in the Worldwide
13 Consumer Healthcare Research and Development Division of
14 the Warner-Lambert Company. I appreciate the
15 opportunity to speak to you this afternoon on the
16 subject of final formulation testing for mouthrinse
17 products containing the fixed combination of four
18 essential oils found in Listerine Antiseptic.

19 There are numerous data which demonstrate that
20 the activity of antimicrobial ingredients can be
21 adversely affected by excipients in a formulation. And
22 in fact, this subcommittee has encountered such

1 instances in the course of its ingredient review.

2 On the basis of this experience, this
3 committee concluded that final formulation testing
4 should be required to demonstrate that the activity of
5 active ingredients in products marketed under the OTC
6 Drug Monograph has not been compromised by new vehicle
7 formulations. Warner-Lambert agrees with this
8 conclusion, and I will briefly discuss testing
9 requirements we are proposing to assure that new
10 mouthrinse products containing the Listerine fixed
11 combination of four essential oils have been formulated
12 to provide a level of effectiveness comparable to that
13 of the clinically tested Listerine formulation.

14 The effectiveness of a mouthrinse containing
15 the fixed combination of essential oils in reducing
16 supragingival plaque and gingivitis has been
17 demonstrated in numerous long-term clinical trials. The
18 mechanism of action by which the fixed combination
19 exerts its effects is based on its antimicrobial
20 activity, which has been demonstrated in both in vitro
21 and in vivo studies.

22 The final formulation tests we are proposing

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1 for the fixed combination of four essential oils are
2 based on the following premise: A combination of in
3 vitro and in vivo tests should be required since in
4 vitro tests alone, while able to confirm the spectrum of
5 antimicrobial activity of a given formulation, are not
6 necessarily indicative of the clinical
7 antiplaque/antigingivitis activity of the formulation.

8 Each study, therefore, has its own rational
9 and objective. The objective of the in vitro study is
10 to confirm the spectrum of activity of the formulation
11 against a panel of representative ATCC typed strains as
12 well as against wild-type organisms obtained from the
13 oral cavity. The objective of the in vivo study is to
14 confirm the effectiveness of the formulation against an
15 actual dental plaque biofilm and the clinical endpoint,
16 gingivitis, in the presence of saliva and other factors
17 in the mouth which might interfere with the activity of
18 the active ingredient.

19 The in vitro and in vivo tests that we are
20 proposing for the fixed combination of essential oils in
21 a mouthrinse formulation are, respectively, an in vitro
22 kill time determination, also referred to as a kill

1 kinetics or Bahn test, and a short-term clinical trial
2 based on the well known experimental gingivitis model.
3 We have included a representative protocol for each of
4 these tests with our submission to the subcommittee, so
5 I will only mention some aspects of these tests here.

6 The kill time determination is a recognized
7 method by which to assess the antimicrobial
8 effectiveness of oral formulations and has been
9 recommended, for example, as early as 1982 during the
10 development of monographs for OTC oral healthcare drug
11 products.

12 The assay evaluates the extent evaluates the
13 extent to which an antimicrobial mouthrinse formulation
14 kills standard cultures of microorganisms in the
15 presence of serum under defined conditions of time and
16 temperature.

17 Three ATCC strains have been specified for
18 evaluation, namely, Actinomyces viscosus, ATCC No.
19 19246; Candida albicans, ATCC No. 18804; and
20 Streptococcus mutans, ATCC No. 25175. In addition to
21 these, we recommend the inclusion of a Gram-negative
22 organism, Fusobacterium nucleatum, ATCC No. 10953, as

1 well as wild-type organisms obtained from saliva. The
2 latter are included because wild-type organisms have
3 been shown to have an increased resistance to killing
4 compared to stock cultures.

5 The kill kinetics assay will compare the new
6 formulation to the clinically tested formulation
7 containing the identical fixed combination of four
8 essential oils, that is, Listerine antiseptic, and a
9 sterile-water negative control. Testing should be
10 conducted with an exposure time of 30 seconds in the
11 presence of serum as a source of exogenous protein in
12 order to correspond more closely to actual use
13 conditions for the essential oil-containing mouthrinse.
14 Details of this test and its interpretation are
15 contained in the protocol included with our submission.
16 In the interest of time, I will not reiterate them here.

17 With respect to the in vivo test, the
18 necessity for this component in final formulation
19 testing is based on the finding that laboratory results
20 are not necessarily predictive of how a formulation
21 containing the fixed combination of four essential oils
22 will perform in the conditions of the oral cavity.

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1 Clearly, the conditions under which these tests are
2 conducted differ considerably. In the case of kill time
3 determination, the active ingredients interact with
4 planktonic organisms while under actual use conditions
5 it is important that the formulation have the ability to
6 rapidly penetrate into the plaque biofilm and that the
7 active agents not be adversely affected by saliva or
8 other factors.

9 Therefore, the clinical test complements the
10 laboratory test and confirms that
11 antiplaque/antigingivitis activity of the essential oils
12 has been maintained in the new formulation.

13 Insofar as this subcommittee's Category I
14 recommendation for the fixed combination of essential
15 oils was based on both antiplaque and antigingivitis
16 effectiveness, we believe that the in vivo test should
17 evaluate both these parameters.

18 The test we are recommending is a short-term
19 study based on the classic experimental gingivitis
20 model. Studies using protocol designs based on this
21 model have been frequently used to assess the inherent
22 antiplaque and antigingivitis activities of different

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1 mouthrinse formulations, independent of the variable
2 introduced by mechanical plaque control procedures.

3 Some of the studies have been conducted on
4 mouthrinses containing the fixed combination of
5 essential oils and have confirmed the ability of this
6 model to demonstrate plaque/gingivitis effectiveness
7 when compared to a negative control. These include
8 published studies which were included in the 1991
9 submission to this subcommittee.

10 Three groups should be included in this study
11 -- Listerine Antiseptic positive control, the new
12 formulation, and an appropriate negative control. The
13 study should be of at least two weeks duration, and
14 comply with the statistically requirements to
15 demonstrate a formulation to be "at least as good as"
16 another formulation as discussed by Kingman. Again,
17 since the details are included in the protocol we
18 submitted, I will not reiterate them here in the
19 interest of time.

20 In conclusion, Warner-Lambert agrees with this
21 subcommittee concerning the need for final formulation
22 testing and, in response to your request for ingredient-

1 specific test, proposes the following: Final
2 formulation testing for the fixed combination of
3 essential oils should include both an in vitro and an in
4 vivo component to confirm the antimicrobial spectrum and
5 clinical activity of the new formulation respectively as
6 compared to the Listerine Antiseptic standards.

7 Warner-Lambert proposes the kill kinetics
8 determination and a short-term plaque/gingivitis based
9 on the experimental gingivitis model to achieve the
10 goals of final formulation testing in an efficient,
11 cost-effective manner.

12 I'd like to thank you for your attention, and
13 will be pleased, or one of my colleagues will be
14 pleased, to respond to any questions you might have.

15 CHAIRMAN GENCO: Thank you, Dr. Barnett. I'd
16 like to ask a question. If it's necessary to do the
17 short-term experimental gingivitis human study, and
18 that's based upon your observation and the literature
19 which shows no straightforward correlation between in
20 vitro and in vivo, why do you recommend doing in vitro
21 at all?

22 DR. BARNETT: Well, I think the first step --

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1 obviously, it's simpler, in a sense, to do the in vitro
2 test. So, I would think that unless the formulation
3 passed the in vitro test, it would not make sense to go
4 ahead and attempt to test it in vivo because the
5 probability of effectiveness is extremely low.

6 I think the second point is because the in
7 vitro test confirms that you've retained your spectrum
8 of activity -- and it may be, for example, that you
9 would want to include more organisms -- so that, as you
10 know, part of the assessments of these things is what
11 effect these antimicrobial formulations will have on the
12 oral flora with time.

13 I think what the in vitro test does is it
14 gives you some information about the effect of the
15 formulation on very specific organisms that might not be
16 reflected in a relatively short-term plaque/gingivitis
17 model. So I think there are two rationales, two reasons
18 why you would do the in vitro test as well.

19 CHAIRMAN GENCO: Thank you. Bill?

20 DR. BOWEN: Are there any appropriate panel
21 models that you're aware of that could be using these
22 gingivitis studies?

1 DR. BARNETT: I'm not aware of any that would
2 be as effective, quite frankly, Bill, as the human
3 model. You know, it's hard to get -- obviously, this
4 sounds trial -- but it's hard to get the animals to
5 rinse. The plaque biofilms may be a bit different, and
6 I think that it would not be a reasonable surrogate for
7 the human trials.

8 CHAIRMAN GENCO: Just to follow up on that,
9 Bill, isn't there data, though, that shows that, let's
10 say, the beagle dog spontaneous gingivitis resolution
11 model is a reasonable surrogate -- reasonably predictive
12 for the human effects?

13 DR. BARNETT: I can tell you, Bob, again,
14 we're talking about ingredients, and in terms of
15 essential oils I'm not aware, quite frankly, of any
16 animal model that one can substitute. I think you might
17 be quite right with respect to chlorhexidine, for
18 example.

19 CHAIRMAN GENCO: Is it because it hasn't been
20 tested, or because it's been tested and doesn't
21 correlate well with the essential oils?

22 DR. BARNETT: We've really not looked at all

1 the models.

2 CHAIRMAN GENCO: So there is no evidence that
3 would support using the beagle dog or any other animal
4 as predicting the essential oil fixed combination?

5 DR. BARNETT: Well, basically, as I said,
6 there has been a fair bit of experience testing
7 essential oils in human short-term models, but not
8 animal models.

9 CHAIRMAN GENCO: Thank you. Max?

10 DR. LISTGARTEN: If you can do it humans,
11 don't do it in dogs, which I think is probably a good
12 guideline.

13 (Laughter.)

14 The question I had had to do with the Loe and
15 Silness model of experimental gingivitis. One part of
16 the model is you stop brushing your teeth for 21 days
17 and let plaque and gingivitis develop. The second part
18 of the model is after 21 days you have plaque and
19 gingivitis, then you reinstitute therapy and plaque and
20 gingivitis disappear. Do you visualize doing both arms
21 of this study, or just the first arm, or maybe just the
22 second arm?

1 DR. BARNETT: No. The way these are typically
2 done -- and, in fact, I think we've used two-week time
3 periods more frequently than three weeks, Max -- but at
4 the end of the two-week period, all the subjects receive
5 a dental prophylaxis, and then of course they go back to
6 doing whatever oral hygiene procedures they did. So the
7 trial then is effectively ended at that point.

8 DR. LISTGARTEN: So you don't visualize
9 testing for the ability of the combination to improve on
10 existing plaque and gingivitis?

11 DR. BARNETT: No. I think the question is
12 what we are really trying to accomplish here, and the
13 purpose is to demonstrate comparability of formulations.
14 And I think the simplest way to do that is a two-week
15 trial. That's a fundamental question that's being
16 asked.

17 CHAIRMAN GENCO: To follow up on that, is
18 there any evidence that you know of, either with your
19 product or any others, which shows the difference
20 between the effect on buildup of plaque and induction of
21 gingivitis and experimental gingivitis model as compared
22 to reduction of spontaneous gingivitis in humans? Are

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1 there any agents that do one and not the other? I mean,
2 you're asking --

3 DR. BARNETT: Well, I can speak for our agent,
4 and we have tested, as you know, in six-month clinical
5 trials looking at both models, a reduction of existing
6 and inhibition, and it's been shown to be effective in
7 both cases. I really can't speak to the literature on
8 all the other agents.

9 CHAIRMAN GENCO: Further comments, questions?

10 DR. SAXE: Just as sort of a cautionary note
11 again, Mike, and I'm certainly glad to hear that you're
12 enthusiastic about final formulation testing when there
13 would be changes in the product, but switching over to
14 the experimental gingivitis model, first of all, of
15 having human beings volunteer, and granted that one with
16 adequate inducements could bring together a study
17 population not to brush for two weeks but to use an
18 agent in question, is that one knows that there is going
19 to be quite a difference -- certainly, you could
20 document easily, as Dr. Genco pointed out, in the
21 plaque accumulation over that period of time, some
22 people will accumulate large amounts of plaque, some

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1 much lesser amounts, so you already have a variance in
2 that population. And the question then becomes one has
3 to consider how one is going to handle the evaluation
4 doing, again, simple means on bleeding indices and
5 gingival indices I don't think would cut it in this
6 population. One would need a substantial number of
7 subjects in the population because of the variance in
8 their ability to develop plaque, in their variability in
9 developing gingivitis, and then one would want to see
10 how many of these -- who in the group, population group,
11 changes, and by how much. So I think the simple use of
12 indices and means would not be sufficient, I suspect, in
13 a limited population of experimental gingivitis.

14 DR. BARNETT: And my colleagues can correct me
15 if I'm wrong, but it seems to me there are qualifying
16 entry criteria for these studies which specifies a
17 certain minimum of plaque required in order to enter
18 into the study. Again, I think we need to differentiate
19 this from a trial that is specifically looking to
20 demonstrate effectiveness, because that's already been
21 done, as opposed to a method for a method for trying to
22 assess whether a new formulation is in some way

1 comparable in effectiveness to your existing. And I
2 guess the consensus, at least among us, is that the at
3 least as good as structure is a way of getting around
4 this, with getting the answer to this, within the short-
5 term clinical trial.

6 CHAIRMAN GENCO: If we do suggest a human
7 trial, is this the first for any OTC monograph? Dr.
8 Soller, on page 13 in the recommendations, I don't know
9 if this comes from you, your committee, or the FDA, but
10 the statement is that these systems for monitoring do
11 not create barriers to commerce, they define an
12 efficient, predictable means to produce quality products
13 at a reasonable cost.

14 I'd just like to ask Dr. Barnett, first of
15 all, did I state that right, is that from NDMA?

16 DR. BARNETT: Yes.

17 CHAIRMAN GENCO: Okay. It's not from the FDA.
18 The FDA has not made any statement about reasonable cost
19 or barrier to commerce.

20 MR. HUTT: I will deal with some of the past
21 history on that, but clearly FDA wants to reduce
22 barriers, yes, and always has.

1 CHAIRMAN GENCO: Okay. Mike, what about the
2 cost of a 125-patient, two-week experimental gingivitis
3 study, is this in the realm of Stanley's green grocery
4 now trying to market the fixed combination? Is this the
5 kind of thing that's going to be a barrier to commerce?
6 Stanley has quite a few stores.

7 DR. BARNETT: I think from the point of view
8 of the manufacturer, given the size of the market, the
9 cost of doing a two- to three-week experimental
10 gingivitis-type trial would not be prohibitive.

11 CHAIRMAN GENCO: Further comments, questions?
12 Bill?

13 DR. BOWEN: No.

14 MS. KATZ: Actually, I do have one comment.
15 When the question was asked whether or not this would be
16 the first testing proposed for humans, it is not. In
17 the healthcare continuum, in a monograph there is
18 proposed testing for humans.

19 CHAIRMAN GENCO: Thank you.

20 MS. KATZ: Actually, the other one, too.

21 DR. SOLLER: There is not in the final
22 monograph.

1 CHAIRMAN GENCO: I think both answers are
2 useful. There is a proposal, but there's none in the
3 final monograph. Thank you.

4 DR. McEWEN: Dr. Gerry McEwen, I'm with the
5 Cosmetic, Toiletry and Fragrance Association. There are
6 two final monographs, one proposed and one final that
7 have human testing. The tentative final that has human
8 testing is the sunscreen monograph. The final monograph
9 that has human testing is the antiperspirant monograph.

10 CHAIRMAN GENCO: So this is not groundbreaking
11 -- I mean, if we need it, we need it, but --

12 MS. KATZ: That's correct.

13 CHAIRMAN GENCO: -- I just wanted to put it in
14 perspective. Okay. Thank you.

15 DR. BARNETT: You dashed my hopes again, Bob,
16 I thought I was going to be on the forefront of
17 something new.

18 (Laughter.)

19 CHAIRMAN GENCO: Well, this is the first
20 experiment for gingivitis. It was tried for the
21 sunscreen, but it didn't work. Bill?

22 DR. BOWEN: Mike, I have a couple of details

1 particularly on the in vitro testing. I may have missed
2 it, but I can't find any information on what was going
3 to happen to the saliva samples, and if I missed it I
4 apologize, but I can't find it.

5 And the second point, you make a very strong
6 point concerning biofilms, and I'm wondering why the in
7 vitro test is restricted to the planktonic state. Some
8 of these microorganisms that you mention can be readily
9 made into biofilms and make the in vitro test much more
10 realistic.

11 The third point I have is that I know
12 convention has it that serum be included, but in reality
13 it's saliva that we're dealing with, and with due
14 respect to the blood people in the audience, saliva
15 "ain't" serum, and doesn't in any way resemble it, and
16 I think we should start getting away from serum and
17 getting to a more realistic test.

18 The other point I have is that I notice in
19 your clinical study that you have 5 percent anhydrous
20 alcohol as a control, but sterile distilled water as the
21 control in the in vitro study. So, I wonder if you
22 would care to comment.

1 DR. BARNETT: I forgot the first question.
2 With respect to the in vitro and biofilms, I think the -
3 - I mean, we're dealing with a real biofilm, a natural
4 biofilm, in the clinical test. So I'm not sure how
5 important it is, Bill, to also recapitulate that in
6 vitro. I think the more critical aspect of the in vitro
7 testing is to be sure that the spectrum of activity of
8 the formulation, of the new formulation, has been
9 retained.

10 With respect to how the saliva was handled,
11 Dr. Penn may want to comment, but I believe that
12 basically -- and perhaps it's hidden in here -- it's
13 going to be handled in the same way as the -- Pauline,
14 do you want to elaborate on that?

15 DR. PENN: Dr. Pauline Penn, Oral Care, Warner-
16 Lambert Company. Dr. Bowen, with respect to your first
17 question about how the saliva is handled, I believe it
18 is in the protocol, that we recognize that there is
19 variability in saliva and saliva microorganisms. The
20 saliva we propose is a pooled sample of a minimum of six
21 or eight persons. There are exclusion parameters for
22 these people from whom we obtain the saliva. Under no

1 circumstances would the individuals be taking any
2 prescriptions, antibiotics, or such antimicrobials. I
3 hope this clarifies.

4 DR. BOWEN: I wasn't clear what you did after
5 you pooled the saliva.

6 DR. PENN: The pooled saliva is tested the
7 same way in the kill kinetics as all the pure cultures,
8 namely, the salivary pool is added to your test
9 mouthrinse at a fixed time, which is 30 seconds after
10 incubation of the mouthrinse with the saliva microbes,
11 and the sample is taken out and assessed and counted.
12 So the endpoint measure is the same as the endpoint
13 measure for the pure cultures.

14 DR. BARNETT: Bill, I'm sorry, I forgot the
15 third point.

16 DR. BOWEN: The use of the 5 percent anhydrous
17 alcohol as your control in the clinical --

18 DR. BARNETT: Oh, good. I thought that was
19 the fourth, I'm sorry. Well, obviously, in the in vitro
20 test, I'm told by my microbiologic colleagues that it is
21 traditional to use sterile water as a control. You
22 recall from the discussions we've had in the past about

1 what constitutes an appropriate negative control or
2 placebo control in clinical trials, there was the
3 feeling that it ought to at least have some resemblance
4 to what could be an actual product in terms of color and
5 taste and, therefore, that colored, flavored 5 percent
6 anhydrous alcohol control has been used in clinical
7 trials. And it's really so that people don't think --
8 don't know that they are using a negative control, which
9 they would, obviously, if they were rinsing with plain
10 water.

11 CHAIRMAN GENCO: Chris?

12 DR. WU: Well, I have a similar concern as
13 Bill. If I could get back to the saliva samples. Do
14 you know what is the starting bacterial count in the
15 saliva sample, in the pooled saliva sample?

16 DR. BARNETT: I think Dr. Penn can better
17 address that. I can't count that high.

18 (Laughter.)

19 DR. PENN: A routine salivary CFU per meal
20 count for saliva is around 10^9 .

21 DR. WU: Okay. Because it makes a difference
22 depending upon the organism present, and the kill

1 kinetic data would differ. I have some more questions
2 in regard to the protocol. If the serum is used -- I
3 mean, the cells are first treated with serum and then
4 treated with your test solution, what is the initial
5 serum concentration that was used? Is it diluted, or
6 just straight?

7 DR. BARNETT: Dr. Penn might as well stand up
8 here.

9 DR. PENN: Dr. Wu, if you don't mind, I think
10 I'll just stand here.

11 (Laughter.)

12 The way the protocol and assay is done is that
13 an equal part of serum with the microorganisms are
14 added, and then this, in turn, is, as per our protocol,
15 added to the mouthrinse for the kill kinetics assay.

16 DR. WU: Depending on the organism, their
17 susceptibility to the serum will be different, so if you
18 treat them with serum, follow with the test organism,
19 and you follow the same protocol, you would be left with
20 different numbers of survivors, is that correct? So do
21 you have a control just using serum and test organism
22 minus the test solution, your mouthrinse -- do you have

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1 a control for serum only?

2 DR. PENN: I think the answer is quite simple.
3 We are trying to compare comparable activity of two
4 different formulations, let's say, the control
5 antiseptic mouthrinse formulation and presumably an
6 experimental one. So, if we establish reasonable
7 reproducibility in the in vitro test, then we can
8 compare and see what a new or experimental mouthrinse
9 would do.

10 There is no perfect methodology, Dr. Wu. I
11 can critique and so can we all critique how and what
12 ratio one adds, and also what kind of serum one adds,
13 and so on and so forth. We would be here until eternity
14 talking about this research. But we believe under the
15 protocol that we've described and submitted to you, this
16 is within microbiologic reason and a reasonable
17 proposal, which gives us a standardized method to
18 compare different formulations.

19 DR. WU: I have just a few more, just very
20 minor questions. This technical concern, for example,
21 you choose a battery of organism that you are testing,
22 and I would assume that even one that's representative

1 of periodontitis or pyropathogens, or why wasn't P.
2 gingivalis or P. inomenia chosen as opposed to F.
3 nucleatum?

4 DR. BARNETT: The first three I mentioned, we
5 selected because those are organisms which had appeared
6 as recommended in previous or actually a final monograph
7 for oral antiseptics. F. nucleatum was selected as a
8 representative Gram-negative organism. As I mentioned
9 earlier, there's no reason that another Gram-negative
10 couldn't be substituted for that, or that the panel of
11 organisms be expanded to include some periodontal
12 pathogens. And certainly if you look at the range of
13 organisms which are required, for example, by the ADA
14 for their submissions, it is a fairly more extensive
15 panel. So there is nothing to preclude expanding the
16 panel, if that's what is believed should be done.

17 DR. WU: I think there is a mistake in your
18 protocol under No. 7 kill kinetics assay, page 3. Is
19 that one minute exposure but you were testing 30
20 seconds, so that might be a typo?

21 DR. PENN: Dr. Wu, the kill kinetics protocol
22 methodology is meant for 30 second exposure. As you all

1 know, this under label usage for essential oil
2 formulations, and that's what we proposed. If there is
3 suddenly a one minute, I must have been on some other
4 time factor flying back from Europe or something, which
5 is --

6 CHAIRMAN GENCO: So that's a mistake, it
7 should be 30 seconds on page 3.

8 DR. BARNETT: It should be 30 seconds.

9 CHAIRMAN GENCO: I'd like to follow up on
10 those few questions and ask a general question. How
11 specific are these standards usually? These are highly
12 specific. In other words, four organisms, if the
13 company doesn't use these four, does that mean they are
14 in violation of not showing equivalence? I know there
15 is specificity with respect to solubility and pH -- you
16 know, those physical chemical characteristics, I
17 understand that, but these are less -- these are
18 biologic properties. I just wonder how much specificity
19 we should have in selection of strains and that sort of
20 thing.

21 DR. BARNETT: As I mentioned, three of those
22 organisms actually have been very clearly specified in

1 a TFM in a very early 1982 work --

2 CHAIRMAN GENCO: Yes, but this is 1998, and
3 strep mutans has nothing to do with gingivitis. Already
4 it's out of date.

5 DR. BARNETT: Right, but your question is one
6 of specificity, whether it's appropriate, and my only
7 response is that it has been done in the past --

8 CHAIRMAN GENCO: I see.

9 DR. BARNETT: -- whereas the organisms -- you
10 know, people might select different organisms. The
11 specification of certain very specific strains, in fact,
12 there's precedent for that.

13 CHAIRMAN GENCO: Maybe I could hear from the
14 FDA with respect to that question, and then I have
15 another one with respect to the statistics.

16 MS. LUMPKINS: My name is Debbie Lumpkins, I'm
17 with the OTC Drug Division. By way of example, the
18 healthcare antiseptic testing gives a very specific list
19 of organisms. I would point out that this is just a
20 proposal and that the list of organisms can change. But
21 once that becomes finalized, manufacturers will be
22 expected to have data on those specific organisms.

1 CHAIRMAN GENCO: That's my question. So,
2 there is an option here. We could say a list of
3 representative organisms of plaque associated with
4 gingivitis and let the company decide, or be highly
5 specific and say these four. So those are sort of
6 extreme options that we --

7 MS. LUMPKINS: You have the option to make
8 whatever recommendation you see fit.

9 CHAIRMAN GENCO: Thank you. With respect to
10 the statistical analysis, the same sort of question
11 then. You have -- the analysis here is based upon
12 summary statistics means standard deviation, et cetera.
13 And then you come up with a very specific .25 log, and
14 I know what you're doing. It's like the statistically
15 significant -- the bioequivalent is statistically
16 significantly the same, they are not different
17 statistically, but within a 20 percent variation. So
18 your 20 percent analog -- there's a .25 log, and I just
19 wonder where you got that and, you know, how are we
20 going to deal with that.

21 It seems to me, given the variabilities of
22 these microbiologic tests, that seems to be a very, very

1 stringent criteria, especially when you're looking at a
2 3-log difference, that's like a 10 percent. You're
3 restricting the difference to -- if it's more than 10
4 percent, you've got something different.

5 DR. BARNETT: There is a precedent for that,
6 Bob, and I'm going to ask Dr. Penn again to explain
7 where that came from.

8 DR. PENN: I think I'm going to stay up here,
9 Dr. Genco. It is not that tight a stringent
10 requirement. In the official methods of analysis, the
11 AOAC, specifically in the chapter titled Germicidal and
12 the Sanitizing Effect of Disinfecting Agents, there is
13 a specific reference that talked about -- that clearly
14 states that agents must demonstrate comparable
15 germicidal activity. And what is comparable?
16 Comparable, in that particular chapter, refers to
17 differences no more than .2, or we even were generous
18 and made it .25, of a log difference from the standard.

19 CHAIRMAN GENCO: Are these agents that are
20 just very, very active, either they just kill at 10 log,
21 7 log difference?

22 DR. PENN: These are agents that are quite

1 active.

2 CHAIRMAN GENCO: That's my point.

3 DR. PENN: These agents we believe are valid
4 to compare for the following reasons. First, it's
5 topically applied. Secondly, these agents are exposed
6 for a short duration. The same is true for oral rinse
7 conditions, 30 seconds, topically applied, no abrasions.
8 So, therefore, we believe there is validity in asking
9 for such stringent requirements.

10 And, finally, thus, has been publicized and is
11 well known. The standardized essential oil mouthrinse,
12 as we know today, is quite potent and can easily reduce
13 by many logs. So the likelihood of a comparable agent
14 being the same, if it is as effective, it will meet this
15 stringent requirement.

16 I think the objective is to throw out the real
17 dogs of the formulation and to make things easier for
18 all those concerned.

19 CHAIRMAN GENCO: Thank you. Ralph, did you
20 want to comment?

21 DR. D'AGOSTINO: Yes. I don't know how the
22 panel is looking at the protocol, but I wouldn't -- from

1 the statistics, I wouldn't take it as rigorous, must be
2 from now on, but more as guidelines. I think the steps
3 that are suggested and the sort of statistical analysis
4 procedures are reasonable, but I hope we don't end up
5 making a recommendation that this is the only way to do
6 it. I mean, you want some flexibility. I never bought
7 into this at least as likely or as good as and all that,
8 and I think a number of other statisticians -- and
9 certainly there's no reason for us to tell the FDA that
10 they should buy into that vocabulary. I think it's a
11 reasonable number of steps, but I hope we give a
12 blessing of anything as a guidelines, and the same for
13 the questions that you're raising, that those issues
14 have to be faced but the particular numbers aren't
15 necessarily the right numbers and ones that we should
16 really buy into.

17 CHAIRMAN GENCO: So you would opt to language
18 that the formulation was substantially equivalent as
19 assessed by reasonable statistical analysis.

20 DR. D'AGOSTINO: And, you know, for example,
21 look at what's here, but this is -- you know --

22 CHAIRMAN GENCO: For example. Right. Okay.

1 Max, and then Bill.

2 DR. LISTGARTEN: Two comments. I want again,
3 with respect to the statistics, I think it may be much
4 more difficult to show equivalence than it may be to
5 show superiority of one product to another. And I think
6 in terms of size of the study to show equivalents, you
7 may run into a real problem. The numbers may become
8 extravagantly high, that's to prevent a Class II error.

9 The other question I had had to do with the
10 human trial. Is one trial enough?

11 CHAIRMAN GENCO: Do you want to answer that?

12 DR. BARNETT: I don't know. I guess the
13 question --

14 DR. LISTGARTEN: We don't usually buy one
15 trial.

16 DR. BARNETT: Yes, I know. I mean, I would
17 agree with you, but again this is a recommendation for
18 the type of trial. I really think it's up to the panel
19 to decide whether one is enough, two is enough, three is
20 enough. On a personal level, Max, I share the same
21 concerns in interpreting one that you do, but I really
22 think that's a question of what seemed appropriate for

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1 that specific purpose, and I really think it's this
2 subcommittee that needs to make that determination.

3 DR. LISTGARTEN: I guess my big concern is to
4 show equivalence you need a very large study, and then
5 you're going to need someone to -- you're going to need
6 at least two independent studies to make any kind of
7 sense. And I'm sort of worried that this is getting to
8 be a very big enterprise for something that's supposed
9 to be quick.

10 DR. BARNETT: Max, I think, though, that in
11 terms of the recommendation was not a study that showed
12 equivalence because it was recognized that, in fact,
13 that would be a very unwieldy study, and perhaps
14 prohibitive as well. So the proposal then was to --
15 excuse me, Ralph -- but this at least as good as type of
16 structure which is not quite as extensive as the study
17 that would be required to show equivalence certainly in
18 terms of numbers of subjects. That was the intent of
19 proposing that as opposed to a study demonstrating
20 equivalence of two formulations.

21 Again, I think going back to Bill Soller's
22 presentation talking about reasonable expectation, I

1 think we need to keep in mind what we're trying to
2 accomplish with these various performance tests.

3 DR. D'AGOSTINO: They also build in the
4 protocol that they're not really saying equivalence,
5 they're saying within 10 percent, and that's where this
6 at least gets, and it takes you somewhat from the
7 concerns that you have, that it's not going to be A
8 equals B, but A differs from B by no more than 10
9 percent. And the question I'm raising is, do you want
10 it as an interval or do you want it only on one side of
11 the confidence interval. I think the notion of 10
12 percent or something like that makes sense for
13 equivalence or for sort of clinical equivalence.
14 Whether it should be one-sided or two-sided, I think
15 that's something that the manufacturer could put forth
16 and argue or discuss with the FDA, and that's the thing
17 I don't think we need to give a hard and fast blessing
18 on. But I agree with you that equivalence would be very
19 high.

20 One of the things that keeps happening in
21 these type of discussions that always is hard to avoid
22 is that we talk more and more about them, and the more

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1 we talk the more we get back to basically running our
2 original clinicals, and this is somehow rather in
3 between. You have a formulation and you just want to
4 make some changes, and what do you do at that point.
5 And I think the protocol -- I think the protocol -- from
6 a statistics point of view, has a lot of good merit to
7 it, and I think from a clinical, if I hear, it makes a
8 lot of sense also.

9 CHAIRMAN GENCO: Bill, and then Lew, and then
10 Stan.

11 DR. BOWEN: I think it's important that we
12 don't lose sight of the fact that we are looking at
13 formulations that essentially should have the same
14 ingredients as the originally tested product. And,
15 therefore, the stringency of testing should not match or
16 even come close to that of the original clinical trial.

17 I want to get back to the question of the
18 specific organisms and, as Pauline indicated, this is a
19 dilemma that we will discuss ad nauseam. The use of
20 American type culture collection strains is always
21 fraught with difficulty because after these have been
22 subcultured a few times in the laboratory, they no

1 longer resemble, in many respects, the original life of
2 it. And, indeed, there's clear evidence that many of
3 them will change over time. So, undoubtedly, we
4 generate from organisms isolated 15 years ago may not in
5 any way resemble that of what had been collected many
6 years prior to that.

7 I doubt that you have any problem in meeting
8 the 0.25 log difference with the pure cultures. I am a
9 little concerned that you may have loaded against
10 yourself with the saliva because when you are dealing
11 with salivary organisms, as you know, you have a big
12 problem with dispersion, and then your standard
13 deviations and standard errors creep up enormously, so
14 you could have a problem there -- a technical problem.

15 CHAIRMAN GENCO: Thank you. Lew.

16 MR. CANCRO: I think this discussion must be
17 kept in perspective, that it is concerning a single
18 submission of fixed ingredients, and that what the
19 manufacturer is attempting to convey is that you have
20 already determined these ingredients or this fixed
21 combination to be clinically effective. You did that.
22 You've already done that. And the manufacturer is now

1 proposing for this fixed combination, in effect, a
2 profile of tests by which you can be more than assured
3 that nothing has happened to this fixed combination as
4 its formulation may change, or as its manufacturing
5 processes may change.

6 And the answer to the question is, one, is one
7 model clinical trial sufficient, from my perspective,
8 it's more than sufficient because the formulation is
9 already matching a great number of physical tests,
10 microbiological tests, whatever they are going to be,
11 and additionally a clinical model test.

12 So, to go back to the premise, you're not
13 reinventing the wheel here to determine that the
14 ingredients are active all over again and let's get
15 started again, you simply have to use reasonable
16 judgment that the profile of tests recommended by the
17 manufacturer matches the standard.

18 CHAIRMAN GENCO: Stan?

19 DR. SAXE: Yes. Another cautionary note,
20 first of all, let me say that I think it would be great
21 if we could get a small number of human beings in the
22 clinical component and do the testing with the least

1 number and a small number.

2 Let me say that there might indeed be a need
3 for a second batch of 105, and why it might be. I would
4 hope not. I would hope that one simple study would do
5 it. All of the subjects meet, as you pointed out, the
6 certain minimum score on plaque and certain minimum
7 score on gingivitis. In the protocol you listed it was
8 1.95.

9 Several individuals, a number of individuals,
10 may score around that or have a minimum of 1.95. If
11 they are stopped from practicing self-care, they will
12 not all look alike after a week or after two weeks.
13 Some of them have as low a score as, let's say, a 1.95
14 because they are practicing good self-care. If they
15 weren't, their scores when they show up at baseline
16 would be much higher. So some of those who have been
17 doing good in self-care, once they are prohibited from
18 self-care, from brushing, whatever means they are using
19 for oral cleaning, however they would describe it, will
20 take off and may have a lot of gingivitis in a couple of
21 weeks, may have a lot of plaque.

22 Roughly maybe 5 to 10 percent of the

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1 individuals will be like this. If, with 105 in the
2 total population, you've got a group of 35 in the
3 original four essential oil group, and then there's a
4 new formulation, it may well be that when you interfere
5 with the standard with the four essential oils, you
6 really cut down on those high gingivitis scorers. Six
7 of them might end up in that group and one might be in
8 the new formulation group, and it would look as if the
9 new formulation -- because they will weight their
10 population so heavily -- it will look as if that the
11 high scorers, the high gingivitis folk, if they mostly
12 end up in one of the groups, that the second
13 formulation, the second group, will differ and not do as
14 well.

15 I'm saying that if you've only got 70 people
16 and seven of them -- okay -- there's no guarantee in one
17 study that they are all going to fall -- you know, if
18 you've only got a group of 35, that they are going to
19 have three in one group and four in another.

20 DR. BARNETT: I guess what I'm confused, Stan,
21 I'm not sure on what basis -- on what evidence we're
22 suggesting that a small subpopulation is going to be --

1 DR. SAXE: Years ago, when it wasn't difficult
2 to get people to brush, we could do 50 dental students
3 at a time to simply stop brushing for a week. You can't
4 do that for many, many years now, and you could see that
5 in a group of 50, you could get five or six that would
6 just go off the scale in terms of once plaque control
7 was stopped. And it's kind of consistent, or had been
8 consistent in that way. So, I'm just saying with a
9 small population group of 35 individuals in one group
10 and 35 in another and you're drawing these from the same
11 pool of 105 individuals, there's no guarantee with such
12 small numbers that they are all going to fall -- be
13 equally distributed among the three groups. It's a
14 cautionary note. It would be great if they were, but
15 I'm saying if things don't work out in the first trial,
16 it may well be because of the distribution of subjects.

17 DR. BARNETT: You've answered Max's question
18 then.

19 DR. SAXE: That you might need a second one to
20 confirm it.

21 CHAIRMAN GENCO: Let me make a comment --

22 DR. LISTGARTEN: I just wanted to comment on -

1 -

2 CHAIRMAN GENCO: Let me just make a comment
3 about this issue. It seems that the air here of concern
4 is that the new age, that the new formulation test
5 positive in the two-week clinical trial, but doesn't
6 work. So it's on the market, doesn't work. Now how
7 often does that happen? I think what you presented is
8 the opposite, that if it doesn't work in the trial then
9 the company would probably do a second trial anyway. So
10 what we want to protect against is the false-positive
11 which -- for a negative agent.

12 Now, Mike, in your experience, how often would
13 that happen? I mean, you must have tested many
14 formulations. Did you ever get one that didn't work in
15 the two-week gingivitis and worked in the six-month, or
16 worked in the two-week that didn't work in the six-
17 month?

18 DR. BARNETT: None that I can recall in our
19 experience, Bob.

20 CHAIRMAN GENCO: So I think that's the answer.

21 DR. LISTGARTEN: I just wanted to comment on -
22 - I think you misunderstood how these patients are

1 screened for these clinical studies. I think they are
2 asked to stop oral hygiene to see how fast they form
3 plaque and gingivitis, and then they are selected on
4 that basis. These are not selected while they are going
5 on doing their regular oral hygiene, so I think some of
6 your concerns are not --

7 CHAIRMAN GENCO: Sure.

8 DR. LISTGARTEN: Isn't that the way --

9 DR. BARNETT: Yeah, there's a period of time,
10 I'm not sure how long it is, but there is --

11 DR. LISTGARTEN: There's a preclinical trial
12 testing going on during which you select patients who do
13 not brush their teeth, and you only pick those who, in
14 fact, do get gingivitis and do form plaque. So, it's a
15 little bit more homogeneous than what you suggested, so
16 I'm not as concerned about that.

17 CHAIRMAN GENCO: Let me make a suggestion
18 about the rest of the afternoon. It's clear that we're
19 going to have to take each agent separately. We have a
20 discussion of stannous fluoride CPC which is triggered
21 by Dr. Bowen's questions to P&G and P&G's response. We
22 also have another issue with respect to the fixed

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1 combination, and that is if it were used in another
2 form, dosage form like a toothpaste.

3 What I'd like to suggest while all these
4 issues are in mind, that we now go to the questions for
5 the mouthrinse fixed combination. The first question
6 is, is final formulation needed? Second question, are
7 there surrogate tests, et cetera? And I think we can
8 maybe discuss that, unless Warner-Lambert would like to
9 have their presentation on the other dosage form first.

10 MR. HUTT: I think the next presentation is
11 actually related to this and it comes as a unit, really,
12 so I think we prefer to do that.

13 CHAIRMAN GENCO: Okay, fine. Approximately
14 how much time would this take? Peter?

15 MR. HUTT: I would say a total of a half-hour,
16 15 and 15, roughly.

17 CHAIRMAN GENCO: Okay. It's 2:20 -- why don't
18 we do this. Why don't we take a ten-minute break now
19 and then start at 2:30 for that presentation.

20 (Whereupon, a short recess was taken.)

21 CHAIRMAN GENCO: We have two presentations
22 from Warner-Lambert, the first by Peter Hutt, and then

1 Bruce Kohut. Peter.

2 MR. HUTT: Thank you, Mr. Chairman. For the
3 record, I am Peter Hutt. I am appearing today on behalf
4 of Warner-Lambert to discuss one very specific and
5 narrow aspect of the monograph system, and that relates
6 to the handling of dosage forms in the OTC drug
7 monographs in general, and obviously in the plaque and
8 gingivitis monograph in particular.

9 I think it would be useful, Dr. Genco, for me
10 to explain how these three presentations for me to
11 explain how these three presentations for Warner-Lambert
12 fit together. What we have just heard is Michael
13 Barnett describe for one specific dosage form, namely,
14 the mouthrinse dosage form, the likely or recommended
15 method of performance testing to assure that all future
16 formulations using the four essential oils would all be
17 effective.

18 What I am going to discuss is the overall
19 regulatory approach that prior panels and the FDA have
20 always taken in these monographs, not for specific
21 dosage forms but to permit all reasonable dosage forms.
22 In short, what I will recommend to this panel is that

1 there be no limitation on dosage forms, but that any
2 dosage form that is -- and I will give you a quote --
3 "suitable for topical administration to the teeth" ought
4 to be permitted under the monograph subject, of course,
5 to reasonable limitations and restrictions of the type
6 that Michael has already described for the one dosage
7 form, namely, the mouthrinse.

8 And I will be followed by a third presentation
9 by Bruce Kohut, who is going to discuss the scientific
10 and technical issues that one must address when you
11 expand from the one dosage form that has been uniformly
12 tested, the mouthrinse, to include all of these other
13 reasonable dosage forms that typically are permitted
14 under the monograph system. Those considerations would
15 include consideration of dosage level and of additional
16 types of performance testing to assure that the other
17 dosage forms would also be of comparable effectiveness.

18 I will divide my remarks which relate to the
19 regulatory side before Bruce discusses the technical and
20 scientific side, I will divide my remarks into two
21 parts: one, I want to address some of the broader
22 questions that many of you on the subcommittee have

1 raised about, if you will, the philosophy, the way that
2 FDA has in the past gone about this, and then, second,
3 I will deal specifically with precedent in the form of
4 particular tentative final and final monographs that
5 incorporate these general concepts.

6 Let me go back in terms of the historical
7 overview to some of the things that were covered by Bill
8 Soller, but I will instead -- Bill tried to deal broadly
9 with the monograph system, I want to focus specifically
10 on this unique issue of how to handle dosage forms under
11 the monographs.

12 Now, let me repeat a little bit of what Bill
13 said, the dilemma that FDA faced in 1971. That dilemma
14 was a very serious one because, as Bill pointed out, it
15 was impossible to handle 150,000 products using new drug
16 applications, but it was more than just that.

17 There was a prevailing philosophy in FDA that
18 the widest possible variation of over-the-counter drugs
19 should be permitted under the OTC drug monograph system
20 as long as there could be assurance of safety and
21 effectiveness.

22 Now, to be sure, there had to be assurance of

1 safety and effectiveness, but the philosophy was chosen
2 from the first day, and it has prevailed to this day,
3 that restrictions should only be imposed where they are
4 necessary -- and I use that word in the literal sense --
5 necessary to assure safety and effectiveness. In short,
6 there should be no limitations through the monograph
7 system simply for the sake of limitations, they should
8 be there for a very specific safety and effectiveness
9 reason. Otherwise, from the beginning, it was thought
10 that the broadest possible scope should be given to the
11 monographs in order to permit creativity, in order to
12 permit as unrestricted open marketplace in over-the-
13 counter drugs as is consistent with safety and
14 effectiveness.

15 Now, this was handled, of course, by using a
16 monograph rather than an NDA system, and by posing to
17 each panel over the years -- and it's now 27 years of
18 panel meetings, I'm amazed to say -- wherever any issue
19 arose, the issue was always, how can we assure safety
20 and effectiveness of the product with the least
21 necessary restrictions? And in terms of dosage form,
22 the way it was handled was the presumption that all

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1 reasonable available dosage forms should be permitted
2 under the monographs, subject only to the possibility if
3 someone could identify a dosage form that was unsafe for
4 some reason, some specific reason, or would be
5 ineffective for some specific reason, then that of
6 course would not be permitted.

7 Absent some kind of a finding of that -- and
8 we will see this in very specific terms as we go through
9 some of the monographs in just a moment -- absent a
10 finding of lack of safety or lack of effectiveness, the
11 monographs have uniformly permitted all reasonable
12 dosage forms.

13 Now, Dr. Genco, you raised this question as to
14 how you make those kinds of determinations. You raised
15 questions of the FDA representatives, and Ms. Lumpkins
16 gave the answer that has been given for 27 years, it is
17 the judgment of the panel as to whether a restriction is
18 necessary. There is no rigid rule that can govern that
19 scientific expert judgment that the people who sit
20 around this table bring. And that has, I think, been
21 the touchstone from the beginning.

22 Now, let me describe for you in a sense a

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1 broad construct of how every panel has gone about this.
2 There have been three determinations that have been
3 essential for every panel deliberations in looking at
4 individual active ingredients. The first question, the
5 first determination, is whether a specific individual
6 active ingredient is safe and effective in at least one
7 tested dosage form. I am unaware of any active
8 ingredient that has ever been tested in every
9 conceivable dosage form, but the first determination is,
10 is the ingredient inherently safe and effective? Can it
11 be formulated in a way that it will provide to the
12 consuming public the benefit for which it is claimed?
13 That's the first determination.

14 Then one looks as a second determination, is
15 there any reason to limit it to certain categories of
16 dosage forms? The presumption has always been any form
17 of dosage, any kind of carrier, any way of formulating
18 the product ought to be permitted, as I said, unless
19 there is a reason to restrict it. Thus, that second
20 determination is, is there some unique safety or
21 effectiveness reason so that all -- all -- available
22 dosage forms should not be permitted?

1 And then the third determination is along the
2 line that Bill Soller described. In order to make
3 certain that all these other dosage forms will be of
4 comparable effectiveness, what, if any, restrictions
5 should be -- or limitations or requirements -- should be
6 imposed?

7 Now, some of those requirements and
8 restrictions and limitations are easy. In some
9 instances, for example, either a specific concentration
10 or a range of concentration for an active ingredient is
11 specified. As I will illustrate in one moment, though,
12 even that is not uniform. There is at least one
13 monograph that has no range or point limitation for the
14 amount of the active ingredients to be included in the
15 final formulation.

16 A second area is, of course, to set chemical
17 specifications, and that is -- at the beginning, it was
18 often done in the monographs themselves. Some of those
19 kinds of requirements have now, in effect, been shifted
20 to USP.

21 And then the third area is the area of
22 performance testing and, again, Michael Barnett has just

1 finished a lengthy discussion -- and you have asked him
2 many questions -- about the kind of performance testing
3 that would be appropriate for one -- but I emphasize
4 "only one" -- dosage form. One must look at that same
5 issue for all other appropriate dosage forms for the
6 same active ingredient, i.e., the fixed combination of
7 essential oils and also for the other Category I active
8 ingredients that are involved as well.

9 Now, with those general comments, let me turn
10 very specifically to the submission that Warner-Lambert
11 made to Bob Sherman on May 13 of this year. I'm sure
12 you all have it in front of you. I simply want to bring
13 to your attention that Part I of this lists dozens and
14 dozens of OTC drug monographs, and lays out how panels
15 and FDA have dealt with this issue of dosage forms in
16 those specific contexts of individual monographs. And
17 I am going to summarize this. I will do it as quickly
18 as I can, but this is such an important issue in light
19 of the prior discussion with Dr. Barnett that I want to
20 make sure everyone on the panel understands it.

21 The first category of monographs -- and these
22 are final monographs, and it's right on the first page

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1 of Part 1 of this submission -- is monographs where the
2 OTC active ingredients are approved -- and this is a
3 direct quote -- "in a form suitable for oral
4 administration". In short, with no limitation upon the
5 type of dosage form other than that the drug would be
6 taken orally. And you will see on the next page there
7 is a long list also of OTC drugs approved in -- and,
8 again, a quote -- "a form suitable for topical
9 administration".

10 Now, in both of those instances, it is left to
11 the scientific creativity and ingenuity and technical
12 ability of the manufacturers to think up new dosage
13 forms, new ways of serving the consumer, new ways of
14 presenting a safe and effective active ingredient in a
15 dosage form that will perhaps do a better job for the
16 consumer, be more convenient, be more acceptable, be
17 cheaper, or whatever. That has not been a limitation
18 imposed on FDA other than for safety and effectiveness
19 reasons.

20 And let me put your eyes right to what FDA and
21 the panels themselves have said about this. If you look
22 at the second page of Part II, there is a quotation from

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1 a preamble that FDA put in the Federal Register where
2 the following statement is made -- and I will read it in
3 case all of you do not have it in front of you. "The
4 panel did not intend to restrict ingenuity and product
5 design as long as the product accomplishes the claimed
6 effect and met the same final formulation requirements
7 of safety and effectiveness as any other dosage form.
8 Other final monographs are similarly expansive in their
9 permitted range of dosage forms." This quote, if
10 anything, best captures the philosophy both of the
11 panels and of FDA.

12 Now, I could go through dozens of these but,
13 Dr. Genco, I know you are anxious to get on with
14 discussion, and I'm just going to therefore turn to two
15 other quotations from FDA that illustrate how the Agency
16 has handled this in the past.

17 If you look a couple of pages on, you will see
18 a Footnote 26. This was a situation where in the
19 analgesic monograph, FDA was asked by industry, please
20 specify a particular dosage form. And FDA's response
21 was, "No, we won't. We don't need to because we intend
22 to permit any appropriate oral dosage form". That's a

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1 summary of that quote.

2 More recently, just in 1994, this issue arose
3 in the context of topical anti-infective products. The
4 industry asked FDA to specify in the monograph a
5 particular dosage form, namely, antibacterial soap. And
6 once again FDA said, "No, we don't need to do that. That
7 is merely another dosage form of anti-infective,
8 antibacterial, antimicrobial products, and there is no
9 reason to specify the dosage form because our job in
10 FDA, and the panel's job, and the monograph's job, is to
11 set forth the general criteria that will assure safety
12 and effectiveness of these products in any dosage form,
13 all dosage forms".

14 So, in conclusion, what I'd like to suggest is
15 that I again remind you of that three-step process that
16 every panel goes through. The first step, as I
17 mentioned, is to make certain that the active ingredient
18 -- and this includes all the Category I active
19 ingredients, not just the fixed combination of essential
20 oils -- but to make certain the active ingredient in at
21 least one well tested dosage form has been shown to be
22 safe and effective. And for the Category I active

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1 ingredients, I don't think there is any question about
2 that.

3 Then the second determination has to be made,
4 is there a safety reason why that active ingredient
5 could not appear in another dosage form, or an
6 effectiveness reason? And I would suggest that thus far
7 in listening to a discussion of the various Category I
8 active ingredients, I certainly have not heard of a
9 safety or effectiveness reason why that could not be
10 done.

11 Then we get to the heart of the issue and what
12 Bruce Kohut is going to be discussing. Assuming those
13 two determinations, the task ahead is to determine what
14 performance, what specifications, what dosage levels,
15 what other restrictions are necessary in order to assure
16 that all these other dosage forms of the product
17 containing the same active ingredient will have
18 comparable -- to use the word that's been used --
19 comparable degree of effectiveness, so that the
20 consuming public will have available a wide variety of
21 products, the marketplace will be a free and open
22 marketplace consistent with our American tradition, and

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1 yet we make certain, which we must make certain, that
2 the finished dosage form, whatever it is, is safe and
3 effective.

4 Mr. Chairman, I'll be happy to answer
5 questions, or if you would like to defer them until
6 after Dr. Kohut, I'll do it either way you wish.

7 CHAIRMAN GENCO: I think maybe we could
8 entertain questions or comments now. Yes, Bill?

9 DR. BOWEN: You dealt with events on dosage
10 form, but -- if I missed it -- I didn't hear you deal
11 with the issue of higher concentrations in different
12 dosage forms, which is a slightly different question.

13 MR. HUTT: What you are raising, Bill, is the
14 question of a potential range of levels of permitted
15 ingredients in a single type of dosage form. Let me
16 just reiterate, there are two ways of handling that.
17 The panel, in its expert judgment, can either determine
18 that you should set a fixed level or fixed
19 concentration, or you can determine based on the
20 evidence presented to you that a range of permitted
21 concentration is perfectly permissible. That's a matter
22 of scientific determination, and I will tell you, I

1 could show you monographs that go both ways on that.
2 Some panels have determined for a particular ingredient,
3 well, 2mg is the dose. Others have said a concentration
4 between 1 and 2 percent is acceptable, but that isn't a
5 regulatory issue, that is a scientific judgment issue
6 for all of you on the subcommittee.

7 And Dr. Kohut will discuss very specifically
8 that issue in the context of dosage forms other than a
9 mouthrinse for the fixed combination of essential oils.

10 CHAIRMAN GENCO: Peter, I'd like to ask, in
11 the spirit of what's been done before, there's probably
12 ten or twelve possibilities of applying the fixed
13 combination, certainly the oral rinse -- that's where
14 the data is -- toothpaste could be applied in a gel
15 which could be put in a mouthpiece, or a gel applied to
16 the gingiva, could be put in a gum, could be put in a
17 lozenge, could be put on floss, could be put on a
18 toothbrush, could be put on a slow-release pellet
19 attached to the tooth. Are we -- is it usual to deal
20 with all of those individually, or how do we be
21 inclusive of all that we know about and think about
22 today, and there may be ten more that we can't think

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1 about.

2 MR. HUTT: Well, to begin with, the usual way
3 of handling it in the monograph is to use the type of
4 broad language that I've quoted here, a form suitable
5 for oral administration, a form suitable for topical
6 administration, or the one that I gave you right at the
7 beginning which happens to be the one out of the
8 anticaries monograph, in a form suitable for topical
9 administration to the teeth. That's the way it is put
10 in the monograph on anticaries drugs. But the more
11 important question is, do you have to think of all
12 these?

13 Let me add just one -- you may find it
14 humorous -- why couldn't you do it in a spray, you know,
15 a little spritzer? There are lots of different ways
16 that if we sat here for six weeks we would not think up
17 all of them. The point is that if this kind of language
18 is used in the monograph, what your job is is to find a
19 way -- and I believe it can be done -- to permit a broad
20 enough form of product testing and product
21 specifications so that no matter what it is that we're
22 talking about in terms of dosage form, it will be safe

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1 and effective when it's used in the oral cavity. That's
2 the job.

3 CHAIRMAN GENCO: It seems to me that there is
4 a very unique problem, possibly, and that is formulation
5 inactivating, I mean, that's the rule rather than the
6 exception.

7 MR. HUTT: That is correct.

8 CHAIRMAN GENCO: So I think we'll have to be
9 obviously concerned with that. Any of these
10 formulations could easily inactivate.

11 MR. HUTT: And, therefore, without any
12 question in my mind -- and Bruce will deal with this
13 very directly -- you clearly need a performance test,
14 without any question whatever. It would be
15 irresponsible for any manufacturer to put out one of
16 these merely on the basis of chemical specifications
17 because you would have no certainty it had reached the
18 tooth.

19 CHAIRMAN GENCO: I guess we could craft a
20 performance and give as example the one that Warner-
21 Lambert suggested, the two-week gingivitis, but that may
22 not cover all the possibilities for release. In other

1 words, how is this generally done? In other words,
2 there may be a performance that, again, we haven't even
3 thought of, that would be relevant to testing a
4 particular formulation or dosage.

5 MR. HUTT: Well, I have some reason to believe
6 that the gentleman who follows me will have an answer to
7 that question, and will, indeed, propose a form of
8 performance testing that -- at least according to my
9 logic, Bob -- would apply no matter what the dosage form
10 was.

11 CHAIRMAN GENCO: Any other questions of Peter
12 while he is at the podium?

13 (No response.)

14 If not, thank you very much.

15 MR. HUTT: Thank you.

16 CHAIRMAN GENCO: Let's proceed then to Bruce
17 Kohut.

18 DR. KOHUT: Good afternoon. For the record,
19 my name is Bruce Kohut. I am Director of Oral Care
20 Research, in the Worldwide Consumer Healthcare Research
21 and Development Division of the Warner-Lambert Company.
22 I appreciate the opportunity to speak to you this

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1 afternoon on the subject of oral dose forms for Category
2 I antiplaque/antigingivitis ingredients.

3 Mr. Hutt presented the regulatory basis for
4 the delivery of antiplaque/antigingivitis ingredients.
5 I would now like to present a scientific rationale for
6 establishing permissible levels of an active ingredient
7 in different dosage forms and the performance tests
8 required to assure the effectiveness of the final
9 formulation. While my comments focus on an essential
10 oil dentifrice, they are, I believe, in principle,
11 applicable to both other oral dosage forms and other
12 Category I active ingredients.

13 Different dosage forms will most likely
14 require different concentrations of an active
15 ingredient. A dentifrice, for example, would always
16 have a higher concentration of an active ingredient than
17 a mouthrinse in order to deliver comparable levels of
18 the active because a lower volume of dentifrice is used.

19 This table displays a summary from published
20 studies on mouthrinses and dentifrices containing
21 representative active ingredients. It shows the
22 concentration in these dose forms and the ratios of

1 dentifrice to mouthrinse concentrations. Triclosan was
2 shown to be an effective antiplaque/antigingivitis agent
3 in a dentifrice at 10 times the concentration in a
4 mouthrinse, 0.3 percent vs. 0.03 percent, and
5 chlorhexidine in a dentifrice at 8.3 times the
6 concentration in a mouthrinse.

7 The concentration of an active ingredient in
8 any appropriate oral dose form is determined by safety
9 and effectiveness considerations. Safety can be assured
10 by specifying an upper limit. However, when
11 establishing this upper limit for different dosage
12 forms, it is easier to consider the milligram amounts of
13 the active to be delivered per dose rather than the
14 concentration in the final product.

15 For example, this table displays the milligram
16 amounts of the four essential oils as a fixed
17 combination as well as the total amount of the fixed
18 combination in a 30 ml dose of the essential oil
19 mouthrinse. For example, Thymol at 12.8 mg, Eucalyptol
20 at 18.4, Menthol at 8.5, methyl salicylate at 12.0, for
21 a total of 51.7 mg. The same values are presented for
22 a 2 g dose of a dentifrice containing the essential oil

1 fixed combination at 10 times the concentration in a
2 mouthrinse. The total delivered amount of the fixed
3 combination is the same in both cases, 51.7 mg.

4 Since safety has already been established, the
5 upper level for the essential oil fixed combination in
6 any oral dose form should be based on the milligram
7 amounts in a mouthrinse dose. A dentifrice, could
8 therefore be formulated for safety considerations at no
9 greater than 10 times the concentration in the
10 mouthrinse.

11 The lower permissible level, on the other
12 hand, should be dictated by effectiveness as
13 demonstrated by clinical testing. The milligram amounts
14 of the active ingredient delivered may not necessarily
15 have to be identical to those derived from other dosage
16 forms since there are differences in intraoral use
17 conditions. In the case of a dentifrice vs. a
18 mouthrinse, access to the plaque biofilm is much
19 different. In toothbrushing this biofilm is disturbed,
20 while in rinsing the mouthrinse has to penetrate the
21 plaque biofilm. Amounts of an active ingredient less
22 than those delivered in a mouthrinse may be effective in

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1 a dentifrice.

2 As part of our dentifrice dose ranging
3 program, we conducted a short-term three-week plaque and
4 gingivitis study evaluating a dentifrice formulated not
5 at 10 times the mouthrinse concentration as I just
6 discussed under safety consideration, but at 8 times the
7 fixed combination concentration in the mouthrinse. A 2
8 gram dose would therefore deliver 80 percent of the
9 mouthrinse dose. The results of this study were
10 presented at the American Association for Dental
11 Research Annual Session this past March.

12 The abstract shown here was included in our
13 submission to you. The tested dentifrice significantly
14 reduced plaque and gingivitis under the condition of the
15 study. The results of this study suggest that a
16 different dose form delivering approximately 80 percent
17 of the mouthrinse dose can be an effective
18 antiplaque/antigingivitis dose. Thus, the results of
19 this study help support the premise that when formulated
20 in a different dosage form, an identical milligram
21 amount of active ingredient does not have to be
22 delivered in order to be effective. A concentration can

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1 be permitted that delivers less than the milligram among
2 of the active present in the original product form.

3 It is imperative that performance test be
4 required to assure the effectiveness of the final
5 formulation of these different dose forms. Although the
6 preference for monograph performance testing would be
7 short and less extensive tests such tests cannot be
8 reliably used to demonstrate the effectiveness of a
9 Category I active ingredient in a different dose form
10 until both the short-term model and the appropriate
11 reference standard are validated. Where no such model
12 or validated reference standard exist, effectiveness
13 should be demonstrated by performance testing consisting
14 of a six-month clinical trial conducted and evaluated
15 according to the standards utilized by this subcommittee
16 in reviewing Category I ingredients. At such time as a
17 reference standard is established and less extensive
18 performance tests are validated, FDA may amend this
19 requirement either administratively or through the
20 petition process.

21 In conclusion, it is our position that a
22 permissible range of levels for each Category I

1 ingredient should be established for use in any oral
2 dosage form suitable for topical administration to the
3 teeth. The upper level should be based on safety as
4 determined by the delivered milligram dose for the
5 originally accepted dose form. As an example, in the
6 case of the essential oil fixed combination, the
7 permitted level for all dosage forms should result in
8 the delivery of no more than 51.7 mg. For a dentifrice,
9 this would be 10 times the concentration of the
10 mouthrinse.

11 To establish a lower limit, effectiveness
12 should be considered. You have already determined the
13 effectiveness and safety level for the essential oil
14 mouthrinse. For the other oral dose forms which require
15 a higher concentration, such as a dentifrice, a lower
16 limit of at least 8 times the concentration of the
17 mouthrinse is consistent with existing published studies
18 on other actives and our dentifrice data to date. A
19 permissible range for a essential oil dentifrice would
20 therefore be 8 to 10 times that of the mouthrinse.

21 Effectiveness in the essential oil dentifrice
22 or any new dose form must be demonstrated through

1 performance testing. If no validated study design or
2 reference standard has been established, effectiveness
3 through performance testing should consist of a six-
4 month clinical trial satisfying standards utilized by
5 this subcommittee.

6 Warner-Lambert respectfully requests that this
7 subcommittee affirm that Category I
8 antiplaque/antigingivitis ingredients may be formulated
9 in any oral dose form suitable for topical
10 administration to the teeth under the conditions of the
11 specified range of the active ingredient and designated
12 performance testings.

13 I thank you for your attention. I or one of
14 my colleagues will be happy to respond to your
15 questions.

16 CHAIRMAN GENCO: Thank you, Bruce. Any
17 comments, questions? I'd like to ask why you would like
18 to require a six-month clinical trial, let's say, for a
19 dentifrice containing the fixed combination when you
20 already showed the three-week trial showed efficacy,
21 which is not too different than a two-week experimental
22 gingivitis. I guess what I'm getting at is if the two

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1 three-week gingivitis model is reasonable for the oral
2 rinse, and it looks like from your one trial here with
3 the dentifrice, couldn't that be a performance standard
4 for the spritz or the spray, for a gel, for
5 incorporation in floss, whatever?

6 DR. KOHUT: There are two important
7 distinctions. One is that the three-week model is not
8 yet validated. We have not yet shown the validity of
9 that model in relationship to six-month testing. The
10 other aspect of it and the other shorter-term models
11 that we have suggested, there is a clinical standard
12 that's in that model, and so it helps put into
13 perspective what the results are of that short-term
14 model.

15 CHAIRMAN GENCO: Clinical standard, you mean
16 the positive control?

17 DR. KOHUT: Yes.

18 CHAIRMAN GENCO: Further comments, questions?
19 Bill?

20 DR. BOWEN: The problem with the three-week
21 model, of course, is that oral hygiene is suspended
22 anyway, isn't it?

1 CHAIRMAN GENCO: It's like the experimental
2 gingivitis two-week, really.

3 DR. KOHUT: I'm sorry, the three-week model is
4 a brushing model.

5 DR. BOWEN: the question I have for you,
6 Bruce, is, are you concerned at all by the fact it's a
7 different formulation -- for example, a toothpaste and
8 a gel usually result in much more of the product being
9 swallowed than if they are in a mouthrinse form, and we
10 are seeing perhaps in some parts of the world the
11 consequences of this with the fluoride toothpaste.

12 DR. KOHUT: We think that a sufficient safety
13 margin exists with the 51.7 mg that that should not be
14 an issue.

15 CHAIRMAN GENCO: Further comments, questions?

16 (No response.)

17 So to summarize, we're left with this dilemma
18 that's presented to us by Peter and Bruce, one is not to
19 put barriers too high for innovation, and Bruce says,
20 well, we've got to put a very high barrier, that you've
21 got to start from scratch for all these new
22 formulations. What does the panel think of that? I

1 mean, essentially, that's what you're saying.

2 DR. KOHUT: That's correct.

3 MR. HUTT: Could I just add one qualification
4 because if the panel were only to be very limited in the
5 permitted dosage form, the alternative would be a full
6 new drug application, and thus the requirement of a six-
7 month study is substantially less than it would be
8 otherwise, Bob. Do I make myself clear on that?

9 CHAIRMAN GENCO: Yes. But it's still a
10 significant financial barrier.

11 MR. HUTT: Yes, it is, but it's an attempt to
12 find as low a barrier as is reasonable from a scientific
13 standpoint to assure safety and effectiveness and, as
14 Bruce pointed out, shorter-term, less expensive,
15 validated standards could be found, they could be
16 substituted for the six-month.

17 CHAIRMAN GENCO: Two reasons for the three-
18 week brushing study not being validated is, number one,
19 the dentifrice hasn't been tested for six months and
20 compared to the three-week result.

21 MR. HUTT: That's correct.

22 CHAIRMAN GENCO: The second is that the three-

1 week result doesn't have a positive control. That's
2 easily solved, just add a positive control, so that one
3 doesn't count. It's the first one, the validation vs.
4 dentifrice, or whatever formulation, for six months,
5 assuming that's the gold standard.

6 MR. HUTT: That's correct.

7 CHAIRMAN GENCO: Okay.

8 DR. MCGUIRE-RIGGS: I'd like to make a couple
9 of points of clarification. In terms of the monograph,
10 since we could have quite a range of dosage, but back to
11 Bill's point about concentration, we need to be very
12 specific on what we feel is the range of concentration
13 that is both safe and effective, since that is what it
14 kind of all bases itself upon. And, secondly, how --
15 does everybody agree that a dentifrice is 8-10 times the
16 mouthrinse concentration, is that a generally held and
17 acceptable premise?

18 MR. CANCRO: I think that's going to vary on
19 the nature of the active. The issue here is the
20 principle. Ingredients have been shown to be active in
21 both a liquid and a solid form, albeit at this point
22 they are different ingredients. What is being proposed

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1 is that at a safe concentration, the active ingredient
2 can be placed in another form and delivered in exactly
3 the same effective amount via a different way of doing
4 it, with no elevated safety concerns. Now, that takes
5 into account when you are formulating from a liquid to
6 the solid form, the nature of the ingredient making the
7 change. And that will limit your use of various
8 excipient ingredients, depending on what your active is.

9 In this situation, the manufacturer has
10 presented you with a pilot study showing you that in two
11 weeks the ingredients are being delivered. The
12 indications are being upheld. And, further, they are
13 even proclaiming that the validation of that proof of
14 principle test is the six-month trial. But the
15 important consideration is, can you change dosage forms
16 under some guidelines, be it 8 times, 10 times, or in
17 some other cases whatever the ingredients are, 12 times,
18 6 times, et cetera. I think it's the principle, which
19 has already been accepted as an OTC principle, that
20 obviously forms can change. It's a case of delivering
21 it.

22 So, when you look at different ingredients,

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1 they may be restricted in terms of what you can
2 formulate with, but is it possible to do it? I think
3 this manufacturer has shown in this situation it is
4 possible.

5 CHAIRMAN GENCO: Bill?

6 DR. BOWEN: It isn't simply a question of
7 dosage form, it also is a question of concentration
8 because if you take a mouthrinse with .5 percent in it,
9 it may not cause any problems whatsoever either in
10 staining or disclamation. On the other hand, you can
11 then increase it by 10 times and now you are applying a
12 5 percent solution -- admittedly, the total exposure is
13 the same -- and you may end up with much more intensive
14 staining and, indeed, disclamation with the same dosage
15 form because the concentration differs.

16 MR. CANCRO: That's entirely correct, Bill,
17 and with the application of the longer-term clinical,
18 obviously, that's got to be looked for. I mean, local
19 effect, staining, that's all part of the longer-term
20 clinical. Maybe it was part of the shorter-term
21 clinical, I don't know, but they are very valid
22 questions which would presumably be answered in the

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1 pivotal study.

2 CHAIRMAN GENCO: Sheila.

3 DR. McGUIRE-RIGGS: I just worry that there
4 could be a blurring of the line between over-the-counter
5 and prescription at some of these interactions of
6 dosages and concentration. When do you make that leap to
7 it being a prescription formula?

8 MR. HUTT: If I could comment on that, I don't
9 believe there would be a blurring of the line because,
10 as Bruce pointed out, you would set the upper level at
11 the maximum that was tested in the case of the fixed
12 combination of essential oils, that would be 51.7 mg
13 delivered dose, so that there would be a clear
14 delineation in those areas where there is a higher
15 prescription level between the OTC level and any higher
16 prescription level.

17 DR. McGUIRE-RIGGS: I just think we should
18 think through that.

19 MR. HUTT: Yes, I agree with that. And it may
20 be that if that would be something that would be
21 ingredient-specific, one might want to approach some
22 ingredients with types of limitations that you wouldn't

1 use for other ingredients. I believe that Bill Soller
2 made that point, that this something where you look at
3 individual ingredients and decide what limitations are
4 the most appropriate, and I think you are quite properly
5 making that point.

6 CHAIRMAN GENCO: It would seem that for these
7 oral topically applied agents that Bill's point about
8 concentration would have to be considered, so you may
9 come into a whole new set of adverse effects with the
10 higher concentration.

11 The other thing is, with a different
12 formulation you may actually change the absorbability.
13 Many of these agents are safe because they are not
14 absorbed very well systemically. You may put something
15 in a dentifrice, for example, which increases their
16 absorption across the mucous membranes, and now you've
17 got different absorption characteristics. So, I think
18 that has to be looked at also.

19 So the safety issue isn't just straightforward
20 maximum dose as if you took 1.7 mg and swallowed the
21 whole thing once a day, it's concentration and also
22 absorbability because even if you swallowed it, if it

1 wasn't absorbed, it would be excreted in the feces,
2 unless you had something in there that made it
3 absorbable through the mucous membranes.

4 MR. HUTT: Bob, I would only point out -- and
5 I cannot speak for all of the Category I active
6 ingredients -- but when we are dealing with the fixed
7 combination of essential oils, these are food flavors,
8 and they are contained in many of the foods that we eat
9 every day, and that is why I suggested that one might
10 look ingredient-by-ingredient because the concerns you
11 just raised probably would not be relevant to this
12 particular fixed combination.

13 CHAIRMAN GENCO: Okay. Max?

14 DR. LISTCARTEN: These four fixed ingredients,
15 do they have to show up in the same ratio?

16 MR. HUTT: Yes. All of us have assumed that,
17 and I'm sorry if we didn't make that clear, Max --
18 absolutely.

19 CHAIRMAN GENCO: Any further questions about
20 what we've heard from Bruce, Peter or Mike with respect
21 to the Warner-Lambert fixed, and Bill Soller. We've had
22 general principles, unique aspects of the fixed

1 combination.

2 Okay. I wonder if we could have now -- I
3 think P&G presented us with a little different view. If
4 we could have that discussion, then I think we could go
5 to the individual products. Does somebody from P&G want
6 to summarize their presentation or, Bill, do you want to
7 address the questions that you posed? Yes.

8 MR. DOYLE: I'm Matt Doyle. I'm the Associate
9 Director and Senior Researcher for Proctor and Gamble
10 Research and Product Development Worldwide. We have
11 provided you with direct answers to the specific
12 questions that Dr. Bowen had provided us, and didn't
13 want to add much beyond that.

14 What I thought I'd do at the outset, though,
15 would be in a helpful way to reacquaint you or refresh
16 your memory with how we chose to approach the whole
17 issue around performance testing. Since we've done this
18 with you now piecemeal over the better part of the last
19 18 months, you've had composites of data that we've
20 submitted to you, and so I just kind of wanted to bring
21 it together. Clearly, we did that in the submission you
22 have before you.

1 We've taken a very principle-based approach to
2 profile testing. There really are fundamentally two
3 components to profile testing in our minds, and both are
4 absolutely essential. The first involves establishing
5 chemical availability of the active ingredient, and the
6 second involves establishing biological effectiveness.

7 We assess chemical availability using
8 standardized, well controlled analytical measurements on
9 specifically things such as soluble fluoride, soluble
10 stannous -- you heard about these earlier -- and we use
11 DRA to do this for CPC to test biological effectiveness
12 via plaque glycolysis and regrowth. Importantly, this
13 is an in vivo method which evaluates an active
14 ingredient under natural salivary dilution, plaque
15 uptake, retention, and clearance conditions in the oral
16 cavity. So this is a rugged, rough road test of what's
17 going on in vivo.

18 It involves asking a small base size of
19 subjects to abstain from oral hygiene overnight. So
20 we're not asking these individuals for extensive lengths
21 or periods of time without oral hygiene. This is
22 possible due to the lower variances associated with the

1 fact that we're making kinetic measurements, not point
2 observations. So there's naturally some statistical
3 power in that type of an approach.

4 We have provided data in our submission
5 showing how specific common excipients and changes
6 therein in product formulations affect both chemical
7 availability and biological effectiveness. We have
8 correlated these observations with clinical
9 effectiveness. Said differently, we and others have
10 tested both effective and ineffective formulas
11 clinically.

12 Net-net, in our experience, this combination
13 of performance testing adequately discriminates product
14 effectiveness. That's all I wanted to say right now.
15 Myself and my colleagues would be more than happy to
16 address any questions you have.

17 CHAIRMAN GENCO: I think what you have
18 presented is a very different approach for the in vivo,
19 anyway, that is, we're hearing about a two-week
20 experimental gingivitis which gets to the issue of
21 gingivitis, apparently validated against a six-month
22 gingivitis effect. The question to you is, is your

1 plaque glycolysis and regrowth, in your mind,
2 sufficiently validated against a six-month gingivitis
3 effect?

4 MR. DOYLE: Yes, we believe it is. It has
5 adequately discriminated, in our hands for the better
6 part of a decade, effective and noneffective clinical
7 formulations.

8 CHAIRMAN GENCO: Is there anything unique to
9 your agents which would argue to use that, the plaque
10 glycolysis and regrowth, versus, let's say, a two-week
11 gingivitis as the performance standard?

12 MR. DOYLE: Yes. We are not trying to place
13 one above or in context of the other. Clearly, we
14 haven't tested our active ingredients under an
15 "experimental" gingivitis approach or model, series of
16 models, so I can't provide you with data there. All I
17 can address is clearly what we have done with our active
18 ingredients in a PGRM context.

19 CHAIRMAN GENCO: But you did mention that
20 maybe a gingivitis model might be appropriate in your
21 presentation?

22 MR. DOYLE: In the submissions?

1 CHAIRMAN GENCO: In your submissions.

2 MR. DOYLE: That would be clearly one place we
3 would encourage people to look at or think about, though
4 we cannot stand here before you and say that that would
5 be adequate for our active ingredients. We do not have
6 data to support that.

7 CHAIRMAN GENCO: Is there anything about your
8 active ingredients that would make you think it wouldn't
9 be adequate, that it would be misleading to do a two-
10 week gingivitis trial as a performance standard to
11 predict a six-month gingivitis effect?

12 MR. DOYLE: Not proforma, though we are not
13 clearly aware of what the statistical requirements for
14 that kind of -- and you've discussed that among
15 yourselves quite articulately, I believe. I think
16 several of you are hitting at the heart of a very
17 important matter there in terms of sizing, adequate
18 sizing to break, and whether you're trying to get at
19 significance vs. equivalence.

20 CHAIRMAN GENCO: I guess I'm asking another
21 question. Is there something intrinsically different
22 either about stannous fluoride or about CPC that would

1 give you misleading results if you did a two-week
2 clinical experiment on gingivitis that would not be
3 predictive of six-month gingivitis that you are --

4 MR. DOYLE: I can't rule that out at this
5 point. I do not have data that say that would not be
6 the case.

7 CHAIRMAN GENCO: Any theoretical --

8 MR. DOYLE: Just from a mechanistic
9 standpoint, I'd bring you back that these things work by
10 different mechanisms, and that may influence their
11 overall performance in an EG kind of model.

12 CHAIRMAN GENCO: You've done some experimental
13 gingivitis experiments, that these agents work on
14 experimental gingivitis.

15 MR. DOYLE: We have not carried out
16 experimental gingivitis kind of testing with these
17 specific formulas.

18 CHAIRMAN GENCO: Your short-term spontaneous
19 gingivitis then? I remember some short-term studies,
20 30-day studies. I guess I'm getting at can we be fooled
21 if that was a performance standard for these agents,
22 too, that is, a two-week gingivitis, would we be misled?

1 MR. WHITE: Donald White, Proctor and Gamble.
2 There's obviously different types of EG models. There
3 have been published studies on experimental gingivitis
4 for stabilized stannous fluoride formulations which have
5 shown efficacy, and there have been published studies,
6 as I understand it, in the literature for materials like
7 CPC which, again, have shown efficacy. I guess I
8 retranslate the question -- there's a difference between
9 can an EG show efficacy for these ingredients, and I
10 think it can because that's been published.

11 That's a separate question from, does that
12 mean it's a good profile test because a good profile
13 test, there's more to it than just can it show an effect
14 related to the biological effect? Is it reproducible?
15 Is there statistical requirements for the testing
16 straightforward? What kind of test do you need to carry
17 out in order to establish efficacy? And so there's more
18 to, I guess, defining what a good profile test is than
19 the fact that it can show efficacy in one biological
20 model, let's say, versus another.

21 So, yes, they've shown efficacy. If we
22 applied them as profile test for our products? No,

1 because we've been successful at applying the test that
2 you see. See, this is sometimes a difficult point for
3 you folks perhaps on the panel because how these tests
4 evolve? These tests are not picked a priori. These
5 tests usually evolve during the development of the
6 product and the ingredient in the formulation. And so,
7 consequently, as you are going into clinical tests, you
8 try to run screening assays to show whether or not your
9 formula is going to have activity, picking the right
10 dosage, and so on and so forth. And then as you have
11 success in your clinical trials, those types of profile
12 studies end up becoming the assays that you use to
13 qualify variations in the formulation.

14 So, when you come to us and say, have you
15 tested this in different types of assays? Well, of
16 course, we haven't gone to certain types of assays if
17 we've been successful with the ones that have evolved in
18 the development of the product and the proof of clinical
19 efficacy for the active ingredient.

20 CHAIRMAN GENCO: Okay. Thank you. You've
21 answered my question. Max.

22 DR. LISTGARTEN: I think you've made the point

1 very clearly that the mechanism of action is going to
2 determine eventually what kind of a quick assay one is
3 going to use, and if you're dealing with fluorides I can
4 see where a type of assay that looks like glycolysis
5 makes a great deal of sense, but it doesn't necessarily
6 -- it's not necessarily useful for essential oils, for
7 example. So, I think any attempt at trying to find a
8 standard way of assaying different products is doomed to
9 failure. I think you more or less have to develop quick
10 assays which a particular manufacturer uses for a
11 particular product because it works in a certain way and
12 it may not be applicable to anything else. So we're
13 going to be stuck with a whole range of different ways
14 of assaying different types of products. Now, how we go
15 about putting this in a monograph, I'm not sure, but
16 it's going to be very difficult to have "a" standard
17 assay for a whole bunch of products.

18 CHAIRMAN GENCO: Bill?

19 DR. BOWEN: As you know, I had several
20 comments on your original submission, and I have to
21 admit a considerable number of them you have answered,
22 but I'd be remiss to leave you with the impression that

1 I was totally satisfied.

2 (Laughter.)

3 MR. WHITE: That's not surprising.

4 DR. BOWEN: The first concern I still have is
5 that we, on the panel, as I indicated, went to great
6 lengths to point out that a plaque claim is a clinical
7 claim and, therefore, you need to show some effect on
8 gingivitis. And, in fact, I'm still a little concerned
9 that you're not proposing to deal with gingivitis, and
10 you have partially allayed my fears, but not totally,
11 and I'd like to hear a little more elaboration on that.

12 The second problem that I have that I don't
13 think you answered completely, and that is in the plaque
14 glycolysis regrowth model -- and, conceptually, I like
15 it because you are showing some activity that I would
16 really like to see, that I can relate to -- but I look
17 at the data and I see that you can't distinguish between
18 -- statistically, that is -- between CPC at a
19 concentration of 0.018 percent, 0.019, 0.027, and 0.038,
20 which is the concentration that you propose to use in
21 your formulation. So, therefore, somebody could have
22 something that's lower than that and you're not going to

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1 be able to distinguish it. So correct me if I'm wrong.

2 MR. WHITE: I'll let Matt answer part of the
3 question about the PGRM, however, if they were below
4 .038 in a DRA assay, they would de facto fail the
5 profile. They would have already failed the profile. We
6 have a lot of experience with this with caries. There
7 are sort of a hierarchy of tests, and the first test
8 shows is it chemically there. Then you run, in the
9 case of CPC, a DRA assay because you say, okay, can it
10 bind to an anionic substrate? And then if the answer is
11 yes, it binds to an anionic substrate, at least
12 equivalent to the lowest available dose that clinically
13 worked, then you go to the next test which is does it
14 show confirmatory biological activity in plaque? And if
15 the answer to that test is yes, I'm not so worried that
16 it statistically split from .025 percent CPC because
17 that would have failed the prior test anyway.

18 DR. BOWEN: How specific are the filters? Do
19 you -- there isn't any description on the filters. Are
20 these standardized filters that can't be changed or have
21 a high reproducibility?

22 MR. DOYLE: We have been working with them for

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1 the better part of ten years now and have not seen
2 variances associated with assay performance conditions.
3 We run check samples inter- and intra-assay and have not
4 seen that. So I can only answer your questions to that
5 degree.

6 Within the context of our quality control
7 program, we've not seen anything that would affect an
8 outcome.

9 DR. BOWEN: And you were going to answer the
10 problem I have with the no gingivitis study.

11 MR. WHITE: I was going to try to answer it.
12 Well, the key here becomes -- when we think about
13 profile tests at least for caries, Bill, you think about
14 four things. Can a profile -- you're sort of trying to
15 decide here whether you need to run -- is an EG going to
16 give you something better than what you're getting with,
17 let's say, a PGRM? So you're asking which test would be
18 more preferable, and there are a number of factors that
19 could go into choosing whether a test is enough, I
20 guess, to use a word.

21 The first thing, a test has to show activity
22 for clinical formulas; the second, that it has to

1 clearly distinguish those from the placebo controls that
2 you had in your control clinical trial; the third is
3 that you have -- now it starts to get trickier -- you
4 have to have some activity by a mechanism of action
5 which is reasonably associated, it seems to us, with
6 clinical activity. An example in caries would be
7 fluoride uptake. There may not be a linear correlation,
8 but there's some correlation between uptake and
9 activity. And then, lastly, it's helpful to know how
10 control formulations vary as a function of the
11 statistics of the model -- that is, again, back to our
12 point, is a model usable as a profile, if there is so
13 much variation in a type of test that it makes it
14 difficult to compare to control formulas, then even
15 though it might be biologically good, it might be a
16 lousy assay to compare formulas in.

17 Now, in a lot of cases, the mechanism of
18 action isn't completely known, and so your surrogate has
19 to measure enough of it that you can be confident that
20 you still have activity. And one of the things we like
21 to use is, can it predict when a formulation should
22 fail? In the case of CPC, we know that because we have

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1 clinical formulas where when you add a surfactant to the
2 activated, there's actually clinical evidence that they
3 are, in fact, less effective and, sure enough, we see
4 less activity in the PGRM test.

5 In the case of stannous fluoride, we have data
6 where we can actually deactivate the 10 fluoride portion
7 of the formulation through increasing the pH, okay, and
8 you precipitate out 10 fluoride. Still have people
9 brush with the product in a normal PGRM assay and you'll
10 see no activity for the formula. And I have that data
11 with me here today if you want to see it, but that's an
12 example of the kind of test to show, okay, if the
13 formula is deactivated in a known way and that is
14 predicted by the assay, then you have more confidence
15 that the assay is predictive of what you would
16 reasonably see in the clinic. And those are the kind of
17 thought processes we go through in "validating" the
18 model because you can't prove a negative. You don't
19 know -- you're not completely confident that some
20 excipient would never have some effect. I mean, you
21 just simply don't know, but you have to come up with a
22 series of tests that are reasonably predictive, and it's

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1 extremely important to be able to predict when it would
2 fail, when by chemical means or physical means you've
3 changed a formula and you can, in fact, prove that it
4 would fail in the assay and PGRM meets those criteria.

5 Now, what Matt said about EG is true. We do
6 not have as much experience with EG, either
7 statistically or experimentally with these things, so I
8 can't really tell you. They were not used as part of
9 the formulation development plan. These tests were used
10 to place our clinical studies. So the clinical studies
11 were placed on the basis of what we saw in the PGRM
12 tests, and all we can really put forth to you is that we
13 spent \$.5-\$1 million on each of these tests, and that
14 was typically based upon what we had in these assays.
15 So, if they fail, I guess I'm in trouble.

16 DR. BOWEN: I'm a little concerned about the
17 20-percent leeway that you're allowing. If you look at
18 pH values around -- which, by the way, I'm not too happy
19 with either because I don't think you get them low
20 enough, but that's another day's discussion -- but if
21 you've got 20 percent, say, of 5.5, now you're getting
22 into an arena where they're probably not being

1 effective. Now, knock 20 percent off 5.5, and I think
2 you're down to 4.95 -- am I right?

3 MR. WHITE: Yeah, but don't forget the pH's
4 that you're measuring are in a buffer after the in vivo
5 treated plaque has undergone a kinetic analysis. So it
6 isn't the same as an in vivo pH of 4.5. They are not --
7 in a relative sense, they are similar, Bill, but in an
8 absolute sense they are not. A PRGM pH of 5 isn't the
9 same as a plaque fluid pH of 5 in situ. It's just not
10 because the plaque sample which has been treated in
11 vivo, the saliva has had a chance to clear out the
12 active and so on and so forth. That plaque specimen is
13 assayed, it's put into a buffer, and then it undergoes
14 a kinetic analysis after it's standardized. That's a
15 very difficult assay to pass because you're
16 antimicrobial's been diluted. It's already been diluted
17 out of the oral cavity, and now you've further diluted
18 it into a sample buffer. So things have to be fairly
19 active in order to maintain their accuracy.

20 DR. BOWEN: Twenty percent is a heck of a lot
21 of acid. I mean, you could easily have tipped from no-
22 effect to effect with a 20-percent variation.

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1 MR. WHITE: The 20 percent, I think, is chosen
2 on statistical grounds. I hear what you're saying.
3 It's chosen on statistical grounds rather than on
4 absolute grounds. But we wouldn't just be measuring pH,
5 we'd also be measuring the clearance curve of activity,
6 which is based upon pH, but it's the entire curve of
7 activity as a function of time.

8 DR. BOWEN: Okay.

9 CHAIRMAN GENCO: Max?

10 DR. LISTGARTEN: As I listen to this, it
11 sounds to me that most of these assays deal with caries,
12 or am I --

13 MR. WHITE: No, these were developed
14 specifically -- the general metabolic activity of
15 overnight-grown plaques was easier assayed by glycolytic
16 assessments, and we felt that stannous fluoride was
17 generic enough in its activity, and that CPC was generic
18 enough in its broad spectrum activity, that that
19 activity could be used as a marker only. So we're not
20 making the connection -- we're not making a connection
21 that, okay, that's exactly what the mechanism of action
22 for gingivitis prevention is, we're saying a marker that

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1 you have affected enough bacteria in situ to inhibit
2 plaque sufficiently that it would have a clinical effect
3 is, in fact, that assay.

4 DR. LISTGARTEN: So what you're saying is if
5 the bacteria are dead in a large mass of organisms, you
6 won't get gingivitis?

7 MR. WHITE: Or if they are metabolically
8 inhibited, yes, and the correlations come from the
9 clinical formulas working vs. the controls, and the fact
10 that when you deactivate it in a way where you know you
11 would deactivate clinical efficacy, you see no efficacy
12 in the assay, yes.

13 DR. LISTGARTEN: And your reference standard
14 was what?

15 MR. WHITE: The clinical formula that you ran
16 your six-month.

17 DR. LISTGARTEN: Did you have a clinical
18 reference like gingivitis assay?

19 MR. WHITE: Yeah. Of course, that's
20 established in the six-month clinical trials that you
21 run, yes.

22 DR. LISTGARTEN: Okay. So it correlates with

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1 gingivitis.

2 MR. WHITE: Yes. What you wish you had but
3 you never do is a set of formulas that you purposefully
4 ruin and then run clinical studies on because Proctor
5 and Gamble won't let me run the trials, they are
6 expensive and they are not going to work. But that
7 would be perfect. All you have is that data by
8 accident, so accidentally make a formula with surfactant
9 in it, and then you see that it only prevents plaque and
10 doesn't prevent gingivitis, and then you say, oh, my
11 goodness, I can't formulate CPC with the surfactant in
12 it because it's not going to be effective. You learn
13 those kind of things by accident, but no one will ever
14 fund a clinical study a priori where you deactivate it
15 and then try to run a so-called validation trial to show
16 that your assay predicts a negative clinical result
17 because no one wants to generate a negative clinical
18 result. Do you see what I mean? You just never have
19 that data. You only have that data after the fact.

20 CHAIRMAN GENCO: Lew?

21 MR. CANCRO: If we go back to the broadest
22 principles that Dr. Soller introduced this morning --

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1 availability, activity, concentration -- you're looking
2 at three Category I ingredients that really function
3 very differently. The essential oils must be delivered
4 to penetrate the biomass and the manufacturer has
5 proposed ways to do that, coupled with a profile testing
6 -- physical, et cetera.

7 In this situation, the centers of activity of
8 these two molecules are well understood. If the
9 stannous ion is oxidized, if the pH is wrong, if the
10 reserve stannous ion isn't there, then the outcome of
11 loss of activity is very predictable. Stannous goes to
12 static, it doesn't work. With cetopenidirium (phonetic)
13 chloride, you're looking at the positive charge on the
14 molecule which traditionally has been associated with
15 its activity and, again, the manufacturer for each of
16 those ingredients has provided both physical, chemical
17 profile tests, tests which concern the centers of
18 chemical activity of the molecules, and additionally are
19 providing you with a biological test.

20 So, I think from the perspective of reasonable
21 assurance, they've fulfilled those obligations of being
22 able to modify these formulations and predict the

1 outcome.

2 CHAIRMAN GENCO: I think the question wasn't
3 with the in vitro assays, but with the in vivo assay,
4 and the essence of the problem is that we're asked to
5 take a surrogate plaque reduction or regrowth reduction
6 that glycolysis is really, I think, several steps from
7 reality may have more to do with caries, but the plaque
8 regrowth is what we're asked to look at as a surrogate
9 for six-month gingivitis effect, and that is contrasted
10 with a two-week experimental gingivitis which is a
11 surrogate for six-month gingivitis effect. I think
12 that's the essence, in my mind, of the dilemma.

13 MR. WHITE: Although you're implying that you
14 would be more predictive in an EG. You may or you may
15 not.

16 CHAIRMAN GENCO: But we've seen a lot of
17 agents that have antiplaque effect but no antigingivitis
18 effect.

19 MR. WHITE: Right, but those agents -- we're
20 talking about an agent that's already been tested in a
21 clinical gingivitis study of six months duration, and
22 proven efficacy, and we're using that as a generic

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1 control for metabolic activity on plaque. Again, these
2 things are being used as markers, just like fluoride
3 uptake. People have suggested in situ studies of
4 fluoride uptake as a possible substitute for animal
5 caries studies. There it's the same type of thing, they
6 are saying that the in vivo activity of fluoride and
7 being taken up into a tooth is a sufficient in vivo
8 marker of activity that it can substitute for an animal
9 caries. And I know people have entertained that notion.
10 Now, there are people that disagree that that's
11 applicable, but I'm just saying it's a similar type of
12 thing.

13 CHAIRMAN GENCO: Well, it's certainly not
14 simple.

15 Why don't we proceed. I have a suggestion --
16 unless there are more questions of P&G people. I have
17 a suggestion. Let's take the fixed combination and
18 answer the questions that FDA has posed to us, and then
19 we'll go through the CPC and then stannous fluoride, and
20 see if we can come to some resolution of performance
21 standards, if necessary. Is that a reasonable way to
22 proceed? We'll go back to the fixed combination. Okay.

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1 The first question, is final formulation
2 testing needed to assure the effectiveness of OTC
3 antiplaque/antigingivitis product as a mouthrinse? This
4 is really what we're talking about right now, is the
5 mouthrinse.

6 Now, if somebody else wants to make a
7 mouthrinse with the same four agents, what is -- is some
8 final formula testing necessary to assure the
9 effectiveness of that new formulation? Anybody disagree
10 that it is necessary?

11 (No response.)

12 So the answer would be yes. Okay.

13 Are there any surrogate tests that could be
14 used in lieu of the six-month gold standard clinical
15 trial, to demonstrate antiplaque/antigingivitis
16 effectiveness of the final formulated products? Now, we
17 have been presented with in vitro and in vivo. Any
18 comments here? Are there surrogate tests?

19 DR. LISTGARTEN: Well, Warner-Lambert seems to
20 favor having both in vitro as well as an in vivo study,
21 and I don't see any reason to go with anything different
22 than what the company proposes. They seem to propose a

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1 reasonable set of criteria which include both in vivo
2 and a clinical trial.

3 CHAIRMAN GENCO: Anybody disagree with that?
4 Pretty much as outlined, but maybe not in detail. You
5 might want to revise those, less specificity as we had
6 discussion?

7 DR. LISTGARTEN: But essentially with the same
8 proposed portions.

9 CHAIRMAN GENCO: Proposal but maybe revising
10 the statistics, revising the organisms, et cetera, that
11 sort of thing.

12 DR. LISTGARTEN: What do you mean by revising
13 the statistics?

14 CHAIRMAN GENCO: Well, they require the .25
15 log reduction.

16 DR. LISTGARTEN: I'll defer to Ralph.

17 DR. D'AGOSTINO: I think yes to your question,
18 revise in the sense that this is an example of it. I
19 think that the company, whatever company it be, has to
20 produce evidence that, in fact, they have a validated
21 procedure. And then they have to justify what they mean
22 by equivalency. They have to justify what they mean by

1 all the different steps in the trial, but I think the
2 protocol is a nice example for them to point to and for
3 our deliberation.

4 CHAIRMAN GENCO: So it would be a wording
5 revision, appropriate statistical analysis, for example,
6 rather than prescriptive, this absolutely must be the
7 way you do it. And, similarly, for the in vitro,
8 appropriate organisms representative of the flora in
9 gingivitis, for example. Okay. So those are two
10 revisions that we could look at the detailed protocols
11 that were given and make such revisions. Okay. Bill?

12 DR. BOWEN: I'd like to see some specification
13 on how much leeway there is from the proven product.
14 I'm not comfortable in leaving that open. I don't have
15 an amount in mind, but I think it should be specified,
16 but I don't think necessarily to tell them how the
17 statistics are to be done or anything else. But I'm not
18 comfortable leaving it open.

19 CHAIRMAN GENCO: I have a suggestion. Do you
20 want to take a crack at the wording of that? Maybe you
21 and Ralph could do that -- that is, in the in vivo
22 experiment on gingivitis, to look at the statistics

1 paragraph and revise that so that you're happy with it,
2 and maybe we could look at that again. And with respect
3 to the bacteria, Max, do you want to take a crack at
4 that in the in vitro?

5 DR. D'AGOSTINO: What's the problem, the 10
6 percent?

7 DR. BOWEN: Well, they have proposed 10
8 percent, and personally I find that acceptable.

9 DR. D'AGOSTINO: But they propose 10 percent
10 in such a way that the new formulation could be 10
11 percent worse than the old formulation, and they would
12 say that the new formulation is all right. I mean, the
13 statistics right now allows them to say equivalence, if
14 they are 10 percent worse than the old formulation.

15 DR. BOWEN: Do you feel it should not be
16 allowed to be 10 percent worse?

17 DR. D'AGOSTINO: No, I'm just thinking that
18 for us to pick the 10 percent or for us to pick the
19 direction is something that is a discussion with the FDA
20 that would be better left with the FDA. We think that
21 there's a range -- we don't want to get trapped into the
22 thing that Max was raising, that we don't want to force

1 them into equivalence where then they would have to run
2 monster sized tests, but at the same time I don't think
3 that we necessarily have to say 10 percent is the magic
4 number. I think that that's a discussion item that they
5 could have with the FDA and make a justification for as
6 opposed to us saying that 10 percent is the magic
7 number.

8 CHAIRMAN GENCO: Would it be appropriate to do
9 that and then maybe report back tomorrow on something --
10 maybe at breakfast you could discuss, or this evening,
11 Bill and Ralph? Anybody else want to get involved in
12 the statistical redrafting? Max, would maybe you and
13 Gene look at the organism, I think that was the other
14 point of contention, in the in vitro. Is that list of
15 organisms -- are we happy with that, or should we be a
16 little more general?

17 DR. LISTGARTEN: I would like to be more
18 general. I think I would like to leave it up --

19 CHAIRMAN GENCO: Maybe you could draft some
20 appropriate wording, and I think Ralph's suggestion of
21 for example -- I mean, you may use the list, but use it
22 as a for example. Okay.

1 Was there anything else that anybody -- any
2 other problem with the two protocols that were
3 presented? If you were taking direction from Warner-
4 Lambert but with some modification of the two protocols,
5 the in vitro and the in vivo, for their product?

6 MR. CANCRO: Only to reinforce the point for
7 example, because there are many modifications of these
8 tests, as you well know.

9 CHAIRMAN GENCO: Okay. Now, Chris?

10 DR. WU: I have a question about an initial
11 inoculum concentration. I did talk to Pauline and it
12 was not in the protocol. I think it should be specified
13 that the initial test bacterial concentration used like
14 OD1 or whatever should be more than 10₈ cells per ml.
15 The quantity of cells were not specified, but she said
16 it was not in the protocol. It should be.

17 DR. PENN: Dr. Wu, in the protocol, there is
18 a generic statement that says inoculum should be
19 adjusted to the nearest whole number. We would be -- we
20 would proposed, and we are in entire agreement, I think
21 the industry would favor this as well, to set the
22 inoculum of all of the organisms at a 1 percent

1 transmission. I think that would be a reasonable
2 number.

3 CHAIRMAN GENCO: Is this what you are
4 suggesting? Do you want to then make that revision and
5 bring it back to us tomorrow morning? Okay.

6 So three revisions so far. One on the types
7 of organisms or the species, another on the inoculum for
8 the in vitro, and the statistics for the in vivo.

9 Lew, did you have other areas where you would
10 want to make it more general and use that phraseology?

11 MR. CANCRO: No, but taking Ralph's point, how
12 much of a difference is going to be acceptable -- you
13 know, that becomes an interesting question. It's
14 unlikely that in a study you're going to get two numbers
15 that are identical. That's going to be a pretty rare
16 phenomenon. But I would kind of remind you that under
17 good manufacturing practices, these formulations can
18 vary up to 10 percent. I mean, not by design, but by --

19 CHAIRMAN GENCO: It's allowable, and has no
20 biologic consequence.

21 MR. CANCRO: Exactly. So that if you take
22 that where you're actually starting with a difference

1 which could be up to 10 percent and then clearly the
2 magnitude of the clinical effect must certainly have
3 some resemblance to that -- I mean, I don't know what it
4 would be, but --

5 CHAIRMAN GENCO: Well, I think Ralph and Bill
6 can craft some words that would accommodate that.

7 Okay. With respect to the other -- the fourth
8 question, any general recommendations on final
9 formulation, do we take that to mean that other dosages
10 -- I mean, where are we going to deal with the issue of
11 dosages and dosage forms? Can we deal with that here?
12 What did you have in mind here for No. 4?

13 MR. CANCRO: That should be done now.

14 CHAIRMAN GENCO: Okay. So let's take No. 4 to
15 mean general recommendations on alternate dosages and
16 dosage forms, the discussion we had in midafternoon.
17 Now, the proposal from Warner-Lambert -- and we're
18 talking about their product, the fixed combination --
19 was that a six-month clinical trial be carried out, and
20 we had extensive discussion that both safety and
21 efficacy should be looked at in a six-month trial. I
22 brought up the point, isn't a three-week gingivitis

1 trial sufficient, and I think we had that discussion.
2 What are your feelings? The six-month trial for a
3 dentifrice, for a gum, for a floss, what have you, with
4 gingivitis as the outcome and safety, adverse effects?

5 DR. BOWEN: I would support that.

6 CHAIRMAN GENCO: Single, or two?

7 DR. BOWEN: Single test.

8 DR. McGUIRE-RIGGS: One six-month.

9 CHAIRMAN GENCO: Any objection to that?

10 (No response.)

11 Okay. Bob, is it appropriate to take a vote
12 at this point, or if we have a consensus --

13 MS. KATZ: At this point, if you have
14 consensus, you really don't need to take a vote, but
15 we'd also like to engage in other -- if there's anything
16 else that would come up, or other issues related, this
17 is the time to do it now.

18 CHAIRMAN GENCO: Okay. So we don't know with
19 the efficacy/safety issue of new dosage formulations,
20 what about the dosage issue? So the efficacy/safety is
21 a six-month trial, adverse effects and efficacy,
22 gingivitis.

1 Now, what about the dosage? Remember the
2 issue there was the total dose, if totally swallowed,
3 was 51.7 mg. Is that the maximum dosage regardless of
4 concentration, regardless of absorption, et cetera?
5 Bill, do you want to make some suggestions here?

6 DR. BOWEN: I don't know about the potential
7 toxicity of the essential oils. Peter makes the point
8 that these agents are used extensively in food products
9 as flavoring and so on, and that gets me -- rather than
10 assuage my fears, makes me more concerned because now
11 I'm getting worried about the total body burden. And
12 given that we know there are larger volumes of
13 toothpaste swallowed than there are, say, of
14 mouthrinses, I'm getting concerned about when do we get
15 into toxicity? Are these products so totally free of
16 toxicity that we don't have to be concerned? And,
17 frankly, I don't know the answer to the question.

18 My gut feeling -- no pun intended -- tells me
19 that we probably could go with the maximum dose on
20 exposure of 51, or maybe allow 10 percent or 15 percent
21 more, but don't ask me to justify the rationale for that
22 comment because I don't have any.

1 CHAIRMAN GENCO: Just to clarify, that's a
2 single day -- single dose, single day, single
3 administration.

4 DR. BOWEN: Well, it have to be. I assume it
5 would be used twice, toothpaste would be used twice a
6 day.

7 CHAIRMAN GENCO: Then it would be half that.
8 The single dose we're talking about for the rinse is
9 51.7 mg a day, single rinse or two rinses, what is the
10 dosage?

11 MR. HUTT: Twice a day, and just to clarify,
12 Bill, the company was not suggesting anything in
13 addition to the 51.7. GMP means it might go, on
14 occasion, over the 51.7, but that would be a point upper
15 limit, you know, plus-or-minus GMP.

16 Now, the lower limit that the company has
17 recommended is the 80 percent figure.

18 CHAIRMAN GENCO: Okay. So the suggestion is
19 the two times per day use, if you have a concentration
20 in dentifrice or other formulation not to exceed 110
21 percent of the 51.7 mg per day.

22 MR. VINCENT: Jack Vincent, from Warner-

1 Lambert. The 51.7 mg is per dose of the mouthrinse. So
2 it would be 51.7 mg delivered twice a day. And so it
3 would be the same for the mouthrinse, the calculation.

4 CHAIRMAN **GENCO**: Or any other formulation. In
5 other words --

6 MR. VINCENT: That's correct.

7 CHAIRMAN **GENCO**: -- it's a total -- and if it
8 was a chewing gum, we might have to say something like
9 103.4 -- 100 mg a day, something like that, total.

10 MR. VINCENT: Correct. But I just wanted to
11 make clear that it is 51.7 mg per rinse dose, so it
12 would be delivered twice daily.

13 CHAIRMAN **GENCO**: What would be the most
14 effective way of expressing this, daily dose then of 100
15 mg, because if it's a gum or a floss, it might be
16 multiple times per day.

17 DR. BOWEN : But is the term "dose" really
18 correct? If you have it in a chewing gum, the chances
19 are you're going to swallow the whole lot. With a
20 mouthrinse, you probably won't swallow more than maybe
21 1 or 2 percent, and with toothpaste you can probably see
22 some people that will swallow as much as 10 or 15

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1 percent. And I'm not sure dose is the correct
2 terminology. To me, it implies a systemic intake, and
3 we're not really talking about a systemic intake here.

4 Now, having said all that, I can't come up
5 with the right term either.

6 CHAIRMAN GENCO: I'd like to suggest that we
7 consider that over the next couple of hours, just as you
8 are considering some of your issues, and that we return
9 tomorrow morning with a proposal for you. I think the
10 important issue is the concept, Bill, that if we could
11 agree on the concept of this upper end and the range,
12 then we can work this evening and see if we can arrive
13 at a more detailed approach to this. Bill

14 DR. SOLLER: I was just reacting, Bob, to
15 something that you said about adding that 10 percent
16 and, generally, while there may be ranges in monographs
17 that would be the effective range for the product, that
18 percentage is usually reflected in the USP monograph
19 from a technical manufacturing spec, so I would leave
20 that out of your consideration.

21 CHAIRMAN GENCO: So that's the range that you
22 would expect chemically in these preparations.

1 DR. SOLLER: Well, you are allowed to have
2 some range, for example, 95 through 105 for aspirin, but
3 it's a 325 mg dose, for example. You could say the same
4 argument for 1 percent hydrocortisone, and it's to
5 account for stability, shelf-life, et cetera.

6 CHAIRMAN GENCO: So we'll talk about a dose
7 which is in the range of twice 51.7, adjusted for
8 ingestion, so we'll get a reading on that tomorrow
9 morning. Lew?

10 MR. CANCRO: Bob, I think, at least from my
11 perspective, the dose is what is applied at any one
12 time. The exposure level, the maximum daily exposure
13 level, is really the 102 or whatever that adds up to.
14 So that's the figure that --

15 CHAIRMAN GENCO: So that's what we want
16 tomorrow, some guidance on the maximum daily exposure.

17 MR. HUTT: We will provide that.

18 CHAIRMAN GENCO: Okay. Any other general
19 recommendations with respect to this fixed combination
20 product?

21 (No response.)

22 Okay, fine. Let's proceed now to CPC. Let's

1 go through the four questions. First, is the final
2 formulation testing needed to assure effectiveness of an
3 OTC antigingivitis product? We're talking about a
4 mouthrinse like the existing CPC that's been tested.
5 Someone wants to duplicate it. Is there final
6 formulation testing necessary? Anybody believe it is not
7 necessary?

8 (No response.)

9 So it is necessary.

10 Secondly, are there surrogate tests now that
11 can be used in lieu of the full-blown standard six-
12 month, gold standard, antiplaque/antigingivitis for
13 testing effectiveness of the final formulated product?
14 Again, we are presented with an in vitro and an in
15 situ/in vivo test. Do we believe these are adequate
16 surrogates for the six-month antigingivitis, or is there
17 another surrogate? Somebody want to get the discussion
18 going? Let's take the in vitro, the DRA, first.

19 DR. BOWEN: The DRA certainly show the
20 availability and, as Matt and Don pointed out, the DRA
21 on its own provides part of the information that's
22 needed, and then that in combination with the plaque

1 glycolysis and regrowth I think were based on the data
2 that they have provided supporting information that they
3 have an effective formulation.

4 I think it's important to point out that one
5 or the other, on its own, isn't sufficient.

6 CHAIRMAN GENCO: So you think that both of
7 them in combination represent a good surrogate battery
8 for CPC?

9 DR. BOWEN: And, again, in combination with
10 antimicrobial testing as they've outlined. Again, I have
11 some problems with some of the details, but basically
12 the approach is okay.

13 CHAIRMAN GENCO: So antimicrobial and DRA in
14 vitro and the plaque glycolysis/regrowth in vivo, in
15 tandem, in combination. Okay. That's the proposal.
16 Lew?

17 MR. CANCRO: I think that adequately defines
18 the chemical basis of activity and availability. I
19 would agree with Bill.

20 CHAIRMAN GENCO: Max? Anybody object to that?

21 (No response.)

22 Any revisions to what they propose, what P&G

1 has proposed on any of those tests?

2 DR. BOWEN: Well, again, originally there was
3 no defined specification of type of subjects and the
4 conditions weren't clearly enunciated and in the
5 response they were, so I feel comfortable now with the
6 selection of patients and the exclusion and inclusion
7 criteria.

8 CHAIRMAN GENCO: What about the antimicrobial
9 test, would you suggest any revisions?

10 DR. BOWEN: Well, the revisions that I
11 suggested are not likely to be accepted because I like
12 to have -- include saliva in a lot of these tests, and
13 saliva is difficult to handle so people don't like to
14 use it. But the tests at the moment, I think most
15 people in industry recognize their shortcomings because
16 they are not biofilms, and whether there's an adequate
17 in vitro biofilm to test some of these products is
18 debatable, but certainly it's not well established. So
19 I would think we have to go along with what's available,
20 and hopefully these monographs are not set in stone.

21 CHAIRMAN GENCO: So the rationale is that is
22 the formulation inactivating your testing for biologic

1 activity, relevance to the clinical situation is another
2 issue.

3 DR. BOWEN: Right.

4 CHAIRMAN GENCO: Okay. So we've answered No.
5 3 also. Is everybody comfortable with that? The
6 battery of three -- antimicrobial, DRA which is
7 absorption release, and then PRSG which is the plaque
8 regrowth and glycolysis -- pretty much as recommended by
9 Proctor and Gamble.

10 (No response.)

11 Okay. What about No. 4, the issue of new
12 formulations, the dentifrice, the chewing gum, the
13 floss, what have you, is that same battery adequate, or
14 is something else needed? Now, I know that P&G didn't
15 address that, but can we be instructed by what we've
16 discussed with respect to Listerine? Is this going to
17 require a six-month clinical trial, a single trial,
18 double trial, safety and efficacy assessment?

19 DR. BOWEN: I would be very concerned about
20 toothpaste having 10 times the amount of CPC in it that
21 a mouthwash does. I suspect, based on what I read on
22 the toxicity, that the likelihood of disclamation is

1 very high. I don't know how P&G feels about it.

2 CHAIRMAN GENCO: Do you want to make a
3 comment?

4 MR. DOYLE: I just think within the context of
5 whatever this other formulation is, that there are going
6 to be questions, natural questions that come out in
7 terms of safety and it would be prudent for people to
8 test those. So our position would be we would likely
9 accept some sort of clinical test. I don't know whether
10 it would be six months in duration, but clearly that
11 would be a prudent approach.

12 CHAIRMAN GENCO: And in that test, Bill's
13 point is that if the principle of 8 to 10 times higher
14 concentration was used in a dentifrice, that you'd be
15 happy with that, looking in the six-month clinical trial
16 for adverse effects as a measure of Bill's concern?

17 MR. DOYLE: Yes. I don't think a six-month
18 trial is necessary, but I think some sort of clinical
19 test is certainly a prudent approach to the whole thing.
20 Just because you've got 10 times the concentration of
21 drug there, if that's not bioavailable and it's all tied
22 up by surfactants in, let's say, a CPC dentifrice, then

1 you're going to have a mitigated safety concern as well.
2 You're just not going to see the same level of
3 disclamation in a dentifrice even though you've got 10
4 times as much. That said, I still think it's a smart
5 thing to do to test this thing on in vivo clinically
6 this new dosage form, whatever it would be, whether
7 chewing gum, sprays -- you know, your imagination can
8 run wild here.

9 CHAIRMAN GENCO: In terms of the final
10 submission to the FDA or final test of this new
11 formulation or new type of delivery, the six-month
12 clinical trial may not be unreasonable. I mean, in the
13 development in the company you may do various things up
14 to that -- shorter trials, et cetera.

15 MR. DOYLE: Yes, I agree with that.

16 CHAIRMAN GENCO: But that's not what we're
17 dealing with, we're dealing with the final issue of is
18 this effective, and can a claim for antigingivitis
19 effect of this dentifrice be made, and safety?

20 MR. DOYLE: That's correct.

21 CHAIRMAN GENCO: Okay.

22 DR. McGUIRE-RIGGS: Do we want to put some

1 interval point in that six-month clinical trial in
2 addition to just the six-month endpoint, to catch some
3 of these adverse reactions?

4 CHAIRMAN GENCO: I think that it's already
5 built in. We're talking about the traditional trial as
6 a three-month --

7 MR. CANCRO: I think Bill Bowen has raised the
8 appropriate issues -- the higher concentration, does it
9 disclamate the cells of the mouth, is it irritating, et
10 cetera. So the manufacturer has the burden not only of
11 showing the effectiveness of the new dosage form in some
12 manner satisfactory to you, but also in demonstrating
13 that these other concerns can be dismissed.

14 CHAIRMAN GENCO: So the adverse effects would
15 be looked at continuously monitored through the trial,
16 this is what you're thinking, and it might happen in the
17 first week or two.

18 DR. McGUIRE-RIGGS: But do we need to formally
19 state that question.

20 CHAIRMAN GENCO: I think we could. We could
21 certainly suggest that the six-month clinical trial have
22 adverse effects continuously monitored, or frequently

1 monitored.

2 Now, what about the dosage? Are we agreed
3 that the six-month clinical trial for the new
4 formulation, new application is reasonable? Any
5 objection to that?

6 (No response.)

7 All right. What about the dosage? Bill, do
8 you want to make some suggestion that five-fold dose be
9 tolerated, or the maximum drug exposure, daily exposure,
10 be something less than the multiple or the exact
11 multiple of the two times per day CPC mouthrinse?

12 DR. BOWEN: I would make that suggestion, and
13 that --

14 CHAIRMAN GENCO: Comparable to?

15 DR. BOWEN: I'm trying to do the math here.

16 CHAIRMAN GENCO: Yeah, it's 0.38, isn't it,
17 percent?

18 DR. BOWEN: Yes.

19 CHAIRMAN GENCO: So it's the dose comparable
20 to .038 percent used twice a day exposure in 20 ml. So
21 the maximum daily exposure be equal to but not exceed 2
22 times .038 percent in 20 ml. I'm sure someone from P&G

1 has that figure, but we could --

2 DR. SAVITT: Just a point of clarification.
3 Wouldn't this sort of issue be covered in the safety
4 specifications, or shouldn't it be covered in the safety
5 specifications as they are laid out?

6 CHAIRMAN GENCO: Yes, but we are talking about
7 a new formulation. We're not talking about -- we're
8 talking about dentifrice or released in a mouthguard or
9 something else.

10 DR. SAVITT: In laying out safety
11 specifications for any product, whether it be CPC or any
12 of the things we've looked at, there's a maximum that
13 seems permissible -- for instance, with hydrogen
14 peroxide, while a 1.5 percent or 3 percent may be
15 perfectly okay, you don't want them going up to 30
16 percent simply because they want --

17 CHAIRMAN GENCO: You're talking about the
18 concentration now.

19 DR. SAVITT: The concentration, that's
20 correct.

21 CHAIRMAN GENCO: So we have two issues. One
22 is the daily maximum exposure, total amount, and the

1 other is the maximum concentration.

2 DR. SAVITT: Should these figures be
3 incorporated into the safety section of the particular
4 product in the monograph.

5 CHAIRMAN GENCO: Yes. We have some data maybe
6 on the maximum daily exposure, but we don't have data on
7 concentration as we do with hydrogen peroxide, I don't
8 think.

9 MS. KATZ: That was the point that I was going
10 to make, and I was going to wait until the end of the
11 discussion to come back a little bit. Un terms of
12 listening to some of the discussion about dosage forms
13 and safety for doses and I'm getting a little concerned
14 because we're kind of going a little bit too far afield,
15 kind of extrapolating into things that don't exist. And
16 it's basically -- the way we've dealt with it in the
17 past with other monographs is sort of to use a very
18 general term, like to say traditional dosage form, and
19 that will cover those dosage forms that are considered
20 traditional. It also kind of puts a -- curtails us from
21 creating things that don't exist like, for example,
22 aerosols or other kinds of spray containers which may

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1 have other regulatory problems, and so therefore that's
2 not an area we want to tread on; from going into areas
3 of devices which have different regulatory standards and
4 create a combination for a drug and device; that I think
5 maybe just to bring it back in terms of thinking of
6 things that we don't want to necessarily limit it to a
7 gel particularly, or a lotion, but to say that a
8 traditional dosage form might be acceptable, might be
9 the better way to kind of approach the discussion.

10 Also in terms of when we're thinking of dosage
11 limits both for concentrations and for the allowable
12 daily doses, what in the past was done is we've gone
13 back to the manufacturers to ask them to provide a good
14 deal of that data to us, and then to see if that seems
15 reasonable to the committee itself because part of the
16 concern that I also have is that I don't want us here to
17 be extrapolating to doses beyond what is a safe and
18 reasonable limit because some of the products that we
19 may be talking about may have a narrow therapeutic
20 window and we don't want to go beyond that.

21 So these are things that should sort of play
22 into the discussion and, again, when we're asking some

1 of these questions, we're asking for the general advice
2 so that we can use the advice in terms of trying to
3 write what our recommendations would be that we may not
4 necessarily say expect hard and fast numbers.

5 CHAIRMAN GENCO: Okay. With this series of
6 products, though, one of the very first traditional ways
7 of applying it is in a dentifrice, unless you're
8 recommending we just stick with mouthrinses and maybe
9 gels as a variant of a mouthrinse.

10 MS. KATZ: No, no, no, I was just using that
11 as an example so that if you want to talk about
12 dentifrice in general, that's fine, but I guess where I
13 was concerned where I hear things about nontraditional
14 types of problems, and I don't want us to start treading
15 that water because in the past when nontraditional forms
16 have come in, they usually do come in under a NDA as
17 opposed to coming through the monograph.

18 CHAIRMAN GENCO: So our discussion really is
19 mouthrinse and dentifrices, and where we're dealing with
20 alternate formulation is really the dentifrice.

21 DR. McGUIRE-RIGGS: But where do gels that are
22 in mouthguards fall in that category?

1 MS. KATZ: That's correct. A gel could be --
2 if you feel that a gel would be a traditional form, that
3 would be something that we would entertain as well
4 because we are familiar with gels for other types of
5 products so that it could be considered traditional.

6 CHAIRMAN GENCO: Okay. So --

7 MS. KATZ: If, in fact, you believe that it is
8 traditional for these particular products for that use.

9 CHAIRMAN GENCO: Not for antigingivitis, but
10 they've been used for caries.

11 MS. KATZ: Right.

12 MR. CANCRO: In a sense, you're trying to
13 confine this creative session to liquids and semi-
14 solids.

15 MS. KATZ: Exactly, things that we
16 traditionally know about and use, and that it would seem
17 that this would be appropriate, but I don't necessarily
18 mean to curtail the discussion by saying that this has
19 to be a mouthwash only for this particular product, if
20 one feels that it may be extrapolatable to a semi-solid.

21 CHAIRMAN GENCO: So, from what I've heard
22 then, both for the fixed product Listerine and for the

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1 CPC is that the general principles of different
2 formulations for liquids and semi-solid gels would be
3 that a maximum daily exposure be comparable to the
4 maximum daily exposure of the mouthrinse. That's what
5 we're coming to.

6 MS. KATZ: Basically, but again there may be
7 also -- and this the manufacturer would probably need to
8 tell us, too -- if in changing the dosage form, that it
9 changes what the availability would be of the particular
10 product because in some cases it does change, and that
11 that would need to be taken into account in the
12 monograph itself.

13 CHAIRMAN GENCO: Okay. And how about the
14 concentration issue?

15 MS. KATZ: That would be the same thing
16 because in some cases concentration --

17 CHAIRMAN GENCO: We look for advice from the -
18 - okay, so we won't get into that. But the issues have
19 been brought up. Okay. Good.

20 Are there any other general recommendations
21 for the CPC?

22 (No response.)

1 Okay. Let's discuss the stannous fluoride
2 now. Nuance here, Bill Soller and P&G folks have
3 pointed out that it may also be anticaries. Need we
4 deal with that, or is that obvious? Do we just deal
5 with the antigingivitis? Okay.

6 No. 1, do we need testing for the stannous
7 fluoride if somebody comes up with a new preparation?

8 DR. BOWEN: Yes.

9 CHAIRMAN GENCO: Are there surrogate tests for
10 the stannous fluoride containing antigingivitis
11 preparation? Now, we've been presented with a DRA and
12 the PRSG. Is that adequate -- and in vitro
13 antimicrobial, or isn't that relevant here?

14 DR. BOWEN: The plaque glycolysis and regrowth
15 model has been described and it's clear that it's an
16 excellent method, the glycolysis part is certainly
17 excellent for looking at the retention and activity of
18 the stannous fluoride, and there's no doubt whatsoever
19 that the inhibition of glycolysis is due to the presence
20 of the stannous ion.

21 I'm a little less certain and I'd like to hear
22 some more elaboration on the effect of the stannous

1 fluoride on the plaque regrowth because from what I read
2 the stannous fluoride doesn't affect the deposition of
3 bacteria during early plaque formation, and one could
4 make the case that the stannous fluoride effect against
5 gingivitis is not due to a bacteriocidal or
6 antiadherence effect, but perhaps due to a fairly good
7 astringent effect thereby reducing some inflammation and
8 perhaps stopping bleeding.

9 CHAIRMAN GENCO: Somebody want to address
10 that? We're talking about the PGRS as the surrogate,
11 not the DRA, and its interpretation. Do you want to
12 address that?

13 MR. WHITE: Donald White, Proctor and Gamble.
14 We routinely see the inhibition of plaque growth in a
15 variety of assays, Bill -- in vivo assays, four-day
16 nonbrushing models, so on and so forth. The issue comes
17 to the fact, how is it that you can measure plaque
18 regrowth in MPGM and say that it's important as a
19 surrogate for clinical efficacy when you run clinical
20 trials and you don't end up with a numerical reduction
21 in plaque mass.

22 Over the years in our analysis of that, we

1 believe that data supports the fact that -- I think the
2 reason we don't see reduction in the plaque mass is more
3 related to artifacts of the stannous, not that it's not
4 inhibiting plaque growth, mind you, but you end up with
5 thicker films on the teeth, and that's part of the
6 reason in those formulations you, in some formulations,
7 you see some modicum of tooth stain, and in some
8 individuals you see some tooth stain.

9 So, I think that's more of an artifact. That
10 doesn't bother us as much, I guess, fundamentally in
11 using the regrowth screen because I think -- isn't that
12 where you're coming from? You're saying if it doesn't
13 provide a numerical reduction in plaque in your
14 clinical, then why are you measuring plaque regrowth in
15 a PGRM? Well, it provides reductions in plaque regrowth
16 and bacterial growth in most of our assays, it's just
17 that once you get out six months there's quite a bit of
18 tin in the film around the margin, and I think that ends
19 up being graded as plaque, to tell you the truth. And
20 we have some data to support that.

21 So that's the reason why we're fairly
22 confident -- and we really do believe we should use the

1 regrowth and the glycolysis together because we --
2 although we haven't seen formulations that differ in
3 their actions, we would be sensitive to the fact that we
4 haven't prepared one -- you know, if we modified a
5 formula, we'd still want to see effect for both. If we
6 didn't have the PGRM regrowth, we would want to go to
7 some other plaque -- a wire model or something like
8 that, but in lieu of that, we use plaque regrowth in the
9 PGRM.

10 DR. BOWEN: I think the glycolysis data is
11 much more convincing than the plaque regrowth part of
12 the model. Would you agree?

13 MR. WHITE: Convincing in terms of as a
14 marker?

15 DR. BOWEN: Yes.

16 MR. WHITE: Well, if I knew exactly the
17 mechanism of action, I guess I'd agree. But I'm
18 measuring activity on plaque using a combination of
19 assays, so I'm choosing regrowth in combination with
20 glycolysis. For the improved anticaries activity
21 relative to the old stannous fluoride, I agree 100
22 percent that glycolysis is definitely more predictive

1 there.

2 Incidentally, we're already running an
3 additional in vivo assay because we run a rat caries.
4 So the formula is being run in two in vivo assays. To
5 qualify for the anticaries monograph, it's being run in
6 an anticaries assay, and the improved version of
7 stabilized stannous fluoride is usually more effective -
8 - is typically more effective than the original stannous
9 fluoride toothpaste because the stannous fluoride is
10 more available. So that's the first in vivo assay.

11 And then the second in vivo assay which we
12 applied to the plaque/gingivitis activity is, in fact,
13 the regrowth and glycolysis portion in PGRM.

14 CHAIRMAN GENCO: Are you satisfied?

15 DR. BOWEN: Yes.

16 CHAIRMAN GENCO: So what we're being asked, is
17 there a surrogate test for the antigingivitis effect in
18 the six-month clinical trial for stannous fluoride, and
19 the answer is yes, from what I hear in the PGRM and
20 particularly the glycolysis inhibition component. Is
21 everybody comfortable with that?

22 What you're saying then is that you're going

1 to look at glycolysis in vivo as a surrogate for
2 antigingivitis effect. Is everybody happy with that?

3 (No response.)

4 Okay. So somebody makes a new stannous
5 fluoride preparation, they're going to have to do this
6 PGRM, if FDA takes our advice, knowing that it doesn't
7 inhibit plaque, there's no gingivitis endpoint here, and
8 it's just glycolysis, but it's in vivo. Lew.

9 MR. CANCRO: And additionally, of course, the
10 stannous ion, the company is going to do stannous ion.

11 CHAIRMAN GENCO: That's part of the -- from
12 the USP.

13 DR. BOWEN: And the in vitro test on the
14 effect of microorganisms.

15 CHAIRMAN GENCO: Okay. Also the in vivo
16 antimicrobial effect or antiglycolysis effect.

17 DR. BOWEN: In vitro antibacterial.

18 CHAIRMAN GENCO: Okay. So two tests, the in
19 vitro antibacterial and the PGRM. Is everybody
20 comfortable with that?

21 (No response.)

22 Okay. Now, stannous fluoride in a different

1 formulation, anything different from what we've
2 discussed for the others -- the six-month clinical trial
3 both for safety and efficacy. Anything else?

4 (No response.)

5 How about maximum dose? Bill?

6 DR. BOWEN: It's already in a paste.

7 CHAIRMAN GENCO: Right. I'm thinking if they
8 put it in some other formulation, a gel or what have
9 you. That's what we're being asked to consider.

10 What about the maximum daily exposure, same
11 principle, comparable to what is already given in the
12 proven product. And the concentration, we'll take
13 advice from the company, the FDA will take advice from
14 the company relative to concentration if they change it
15 to make it higher or whatever.

16 Any other general concerns on the stannous
17 fluoride?

18 (No response.)

19 Okay. I think we've finished the agenda as
20 set out for this afternoon. Is there anything else that
21 we should discuss with respect to these issues of
22 formulation?

1 MS. KATZ: The only specific issue is a
2 logistic issue. Tomorrow's session is set aside for
3 labeling and has been announced that way in the Federal
4 Register. The third day, the way it was set aside was
5 that there was extra time for whatever issues might be
6 carried over. And it may be best to come back to
7 address some of these issues on Friday morning, after we
8 finish our regularly scheduled agenda, since it's a
9 lighter day, rather than trying to push it in tomorrow.

10 CHAIRMAN GENCO: Okay. So what's hanging,
11 what's left over then is the revision of the Listerine
12 in vitro and in vivo studies, but the dosage which we
13 also discussed, the company does not have to come back
14 because they'll be responsive to the FDA's request for
15 dosage direction.

16 MS. KATZ: Or if they want to, they can come
17 back to give further discussion, if they want some input
18 as well from the panel.

19 CHAIRMAN GENCO: And that will happen first
20 thing Friday morning.

21 MS. KATZ: On Friday, right. I guess Rhonda
22 would know this better again, since Friday was announced

1 for the specific time for the open public hearing. We
2 could do it, I would imagine, after that.

3 CHAIRMAN GENCO: Sometime Friday morning.
4 Okay. Is that clear?

5 MR. CANCRO: What is the status on the vote of
6 appropriate combinations, will that occur on Friday?

7 DR. SHERMAN: Yes.

8 MR. CANCRO: Okay.

9 CHAIRMAN GENCO: Okay. Any other issues to be
10 discussed? Any announcements?

11 (No response.)

12 I wonder if I could ask the panel just to stay
13 for a few minutes, and thank you all, it was a very
14 productive day, and we'll see you tomorrow morning.

15 (Whereupon, at 4:30 p.m., the meeting of the
16 Dental Plaque Subcommittee was adjourned, to reconvene
17 Thursday, May 28, 1998, at 8:30 a.m.)

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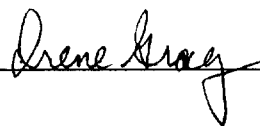
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Date: MAY 27, 1998

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